

HELP! SUPPORT! DONATE!

by Chantel Scott

"There are those who give with joy, and that joy is their reward." - Khalil Gibran. Giving reaps social, physical, mental, and spiritual benefits!

Research has identified a link between making a donation to charity and increased activity in the area of the brain that registers pleasure concluding that giving makes you happy. Not only does it make us happy, it makes the collector and the one on the receiving end feel the same.

There's never going to be a perfect time to give—but there are always people out there in need of help. The impact is immediate when you are donating physical basic needs and even when board members decide where monetary donations are needed most.

A chain reaction occurs when your passion for charity work inspires others around you to do the same. Coming together strengthens the bond with your family and friends through a shared goal and raising more money than could otherwise be possible through individual donations.

Giving isn't always about money. Small items make big impacts to certain individuals that need it.

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Dental and hygiene are two of the biggest areas that people without homes struggle with. Most non-profit organizations don't receive enough funds or grants to support this hugely growing population. It's support from you that will get them through the week.

Thankfully there are ways to make the most of every donation. Some organizations that take donations:

- **Thrive Layette Program** accepts sleepers, diaper shirts, receiving blankets, newborn diapers, and other items needed when going home from the hospital. 204-772-9091
- **Thrive Community Support Circle** accepts new and gently used clothing and accessories that they sell at low cost with the proceeds going directly into Thrive programs. 204-783-9281
- **S.I.G.N. Foundation** accepts food donations like cheese slices, rice, onion vegetables, oil, halal meats. info@thesignfoundation.org
- **Hands of Hope** accepts furniture and household items. 204-261-8607

Investigate what other organizations are in your area and what types of donations or help they need.
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COMMUNITY COMMITTEE MEETING ONLINE

KEEP YOUR EYE ON SOCIAL MEDIA FOR NEXT DATE!
FOR MORE INFORMATION VISIT OUR WEBSITE AT
WWW.SPENCENEIGHBOURHOOD.ORG
OR EMAIL THE COMMITTEE CONTACT PERSON
LISTED ON PAGE 4

Youth Crew All Season Yard Care Services



Are you a senior living in Spence who needs their yard raked and leaves bagged or your lawn mowed?

Call Youth Crew. This program offers casual, hands on, paid work for youth ages 11-16 years. Friendly, eager, local youth trained and ready to go!



No charge for seniors.

Contact Leslie
at 204 801 6740
to arrange
your work order.

Receive up to

\$14,000

toward the purchase
of a home in Spence!



Conditions apply
Eligible income:
\$35,000-\$75,592

The Spence Neighbourhood Homebuyer Assistance Program (SNHAP) puts the rising cost of homeownership within reach of qualifying families who may be able to afford the monthly costs associated with owning a home, but who may have difficulty saving for a down payment.



spenceneighbourhood.org/announcements/snhap
for details!

RENTAL SAFETY COORDINATOR



Eviction Support
Tenant-Landlord Mediation
RTB Support
Hydro Arrears
Bedbug Support
...And more!

Vanessa Wiedeman

204-998-5993

Vanessa Spencehousing

rentalsafety@spenceneighbourhood.org



Want to advertise in our newsletter?
Go to spenceneighbourhood.org/get-involved/newsletter
for more information.

Thank you to all of this Year's Community Gardeners!

On Friday, September 3rd from 5-7pm
In the Ashley Lynn Hudson Memorial
Community Garden
At 607 Langside St.

We will celebrate the season with our
Annual Garden Wrap Up Party.

There will be dinner, music, and a chance to chat with your fellow gardeners and share with us what you'd like to see in the gardens next year. We'll be wearing masks when we're not eating and respecting social distancing.

DONATIONS NEEDED THANK YOU!

WE24 - Jackets, Socks, Shoes/Boots, Toothbrushes, Tooth Paste, Deodorant, Soap, Razors, Bottled Water, Back Packs, Granola Bars, Individual Snack Items, Mitts and Hats

All donations can be dropped off at 430 Langside (MERC) or contact Chantel at donations@spenceneighbourhood.org



**Mail Pick Up &
Snack/Hygiene Door Service**
430 Langside (MERC)
Monday - Friday
10 am - 3 pm

Spence Neighbourhood Association (SNA):

Website: www.spenceneighbourhood.org

615 Ellice Avenue (Head Office):

Community Connecting, Environment & Open Spaces, Finance, Homeless Outreach, & Housing.

430 Langside Street (Magnus Eliason Recreation Centre - MERC): Building Belonging, Children, Newcomer Youth Outreach, West End 24 Hour Safe Space, & Youth Drop-In.

365 McGee Street (West End Commons):

Youth Employment Hub, First Jobs 4 Youth, & Youth Crew
231 Isabel Street (Central Neighbourhoods):
Gang Action Interagency Network (GAIN)

350 Spence Street (Axworthy Health & RecPlex):
Community Sports Program

Email: liaison@spenceneighbourhood.org

Help! Support! Donate! (Continued)

Basic needs like hygiene, dental, feminine hygiene, new underwear, socks, snacks and water can all be dropped off at any outreach program you have in the area:

WE24 - <https://spenceneighbourhood.org/program/we24/>

Central Neighbourhood - <https://cnwpg.org/door-service/>

West Central Women's Centre -
<https://wcwrc.ca/hygiene-items-needed/>

Interview with a Long-time Philanthropist

I have one amazing donor that many organizations may know but will remain anonymous (we will call her Daisy.) Daisy talked about her history of getting involved with nonprofit organizations, her motivation and where she is now.

Daisy started out volunteering as a teenager with youth recreations which led to non-profit work. Initially she wanted to be recognized by adults for her work. As she got older her motivation changed. She began to feel good and experienced a sense of belonging. "Relevant" is how she described it.

When asked what attracted her to SNA she shared that it was through word of mouth by a similar organization and her compassion for youth and people in need. That's where she knows her efforts will be put into good use. Daisy has been involved in: food security, raising awareness, volunteering for Harvest, donating money to friends who are fundraising and as a MAS group monitor. Mutual Aid Society (MAS) is a facebook group that connects people who are seeking assistance and who are offering assistance. Daisy added "when Covid first started I stayed at home saving money. While other people went starving, extra leisure money went to helping those who needed the help."

Her motives to stay involved are: the right thing to do, sense of justice and fairness, avoid loneliness and ongoing learning. When asked which contribution she is most proud of, she answered with confidence, "identifying the gap and finding a way to fill them, connect them to emergency help."



What is Needed

Hot drinks
(hot chocolate, coffee, tea)
Granola bars
Fruit bars
Bottled water
Individual tasty treats
Socks
Sunscreen
Brand new underwear
Soap
Lip balm
Shampoo and Conditioner
Face, body and hand lotion
Pads/Tampons
Dental Care
Toothbrushes
Toothpaste



Accepting Donations
Weekdays
615 Ellice Avenue
8 am - 4 pm

Questions?

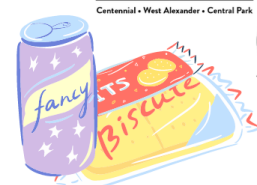
Email:

donations@spenceneighbourhood.org
or contact us on FB.

Arrangments can be made
for pick up, drop offs and
if after regular hours.

Supports:

CENTRAL
NEIGHBOURHOODS
Centennial • West Alexander • Central Park



SALSA RECIPE CALLOUT



Send us your favourite salsa recipe, and you could win! SNA is cooking up a new community based business, and we want your help.

Working with SNA's Youth Crew, we will develop a salsa product to be sold locally and beyond. When possible we'll use ingredients grown in the Spence neighbourhood.

You can help us make it delicious. Send your tastiest tried and true recipes to:

socialenterprise@spenceneighbourhood.org

or drop off at the MERC or 615 Ellice by September 15, 2021. Don't forget to include your contact information, because the best recipes, as judged by our tasting panel, will win gift certificates to local businesses.



Website and Social Media

Website: www.spenceneighbourhood.org

Facebook: [SpenceNeighbourhoodAssociation](https://www.facebook.com/SpenceNeighbourhoodAssociation)

Twitter: [SNAcommunity](https://twitter.com/SNAcommunity)

Instagram: [SNAcommunity](https://www.instagram.com/SNAcommunity)



CHILDREN & YOUTH PROGRAMS

Building Belonging

Our School Year 2021-2022 program for ages 6-12 will start on September 13 and run Monday to Friday 3:30-5:30pm, with a daily meal, structured activities and pickup from John M King and Sister Mac schools and walk home available. Programming will be primarily outside, follow social distancing guidelines and spaces may be limited. During any program closures families in the Spence Neighbourhood can register to receive weekly activity packages delivered until we are able to reopen. Registration forms are available at the M.E.R.C (430 Langside St.) or on the Spence Neighbourhood Association website. Contact us at buildingbelonging@spenceneighbourhood.org

Newcomer Youth/Youth Drop In Program

Our Newcomer Youth/Youth Drop In Program delivers cultural recipe packages every Friday. If you are a youth between 12-17 years old and want to get a package you can contact newcomer@spenceneighbourhood.org or through Facebook: @spencemerc. We are here to support you!

Community Sports Program

We would like to say a huge "Thank You" to South Side Basketball Academy and Manitoba African Cup of Nations for a great summer session! Thank you to all that came out, it was really nice connecting with everyone. Registrations for Soccer and Basketball in the fall are now available at 430 Langside or via email, simply contact sport@spenceneighbourhood.org. We look forward to seeing you soon. Cheers!!!

Youth Employment Hub

The First Jobs 4 Youth program is providing remote services. Applications are closed. The Coordinator can be reached at aaron@spenceneighbourhood.org Youth Crew is open and is performing essential services at the WestEnd Commons. Contact Leslie at firstjobs@spenceneighbourhood.org or call 204-801-6740 for all other inquiries.

WE24 Overnight Safe Space

Monday - Sunday
11:00 pm - 7:00 am
430 Langside - MERC
Cell #: 204-333-9681



MORE WAYS TO ENGAGE WITH YOUR COMMUNITY

Holistic Housing

SNA Homebuyer Assistance Program
For more information:
www.spenceneighbourhood.org/snhap
All other programs are working remotely. See advertisements for contact information for Homelessness Mentor and Rental Safety Coordinator.
housing@spenceneighbourhood.org
204-783-5000 Ext. 105

Environment and Open Spaces

Repairs & Maintenance to Garden Spaces - No Workshops due to restrictions. Annual Garden Wrap Up Party is September 3 at 5 pm - 7 pm. Please leave messages at: 204-783-5000 ext. 102 or greenimage@spenceneighbourhood.org

HOMELESSNESS OUTREACH MENTOR



Are you currently experiencing homelessness or couch surfing?

Jasmine

 **204-999-4485**

 **Jasmine Spencehousing**

 **row@spenceneighbourhood.org**

****Please call, Facebook message or email to make an appointment**



WE24 would like to send out a huge thank you to the whole team at Nine Circles for joining us in the space these past few months with Meeting the Moment Health Clinic. We care about our community's well-being, including people's health. So having that Nurse Practitioner, a Social Worker, a Cultural Support Worker and offering harm reduction supplies was a life saving moment for some. Our folks were able to chat with health professionals, ask questions, get advice, and get connected to community services and resources. We're going to miss having you in the space. Y'all are welcome back anytime!



**COMMUNITY COMMITTEE MEETING - KEEP YOUR EYE ON SOCIAL MEDIA FOR NEXT DATE- ONLINE
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Holistic Housing

615 Ellice
Contact: Housing Coordinator at
204-783-5000 ext.105
housing@spenceneighbourhood.org

Community Connecting

615 Ellice
Contact: Community Connector at
204-783-5000 ext.106 or
safety@spenceneighbourhood.org

Community Economic Development

365 McGee
Contact: Youth Employment Hub
Coordinator at 204-801-6740 or
firstjobs@spenceneighbourhood.org

Youth & Families

430 Langside
Contact: Youth Programs Manager at
mungala@spenceneighbourhood.org

Environment and Open Spaces

615 Ellice
Contact: EOS Coordinator at
204-783-5000 ext. 102 or
greenimage@spenceneighbourhood.org

