

THE MINI ISSUE



Youth on the Block

An SNA Jane's Walk in the Spence neighbourhood to identify youth hubs of the present and the past

May 5, 2017

Meet at: 430 Langside (MERC) at 1 pm

Info at 615 Ellice or 204-783-5000 ext. 106

SNA Spence Neighbourhood Association
 Dress for the weather, wear comfortable shoes, bring water
jane's walk
 Jane's Walk is a global movement of free, citizen-led walking tours inspired by urbanist Jane Jacobs.
 @janeswalk @spencecommunity #spencecommunity

Please join us on the next

COMMUNITY WALKABOUT

Walk the neighbourhood, learn to identify safety concerns and how to address them, and make our community safer!

Area 1
(Agnes to Maryland between Notre Dame and Sargent)

Monday May 8
3:00-5:00 pm
Meet at 615 Ellice Ave.

\$5 Tim Hortons Gift Card honorarium provided to participants

SNA Spence Neighbourhood Association
 Sign up and info: call 204-783-5000 ext 106
 Community Connecting Coord.

TRANSGENDER AWARENESS

A LEARNING OPPORTUNITY

TO HONOUR INTERNATIONAL DAY AGAINST HOMOPHOBIA, BIPHOBIA AND TRANSPHOBIA

MAY 17, 5-7 PM
2ND FLOOR AT 430 LANGSIDE ST (MERC)

SNA Spence Neighbourhood Association
 Free | Open to all
 Info at: 204-783-5000



SNA KITCHEN CIRCLE PRESENTS:

BURRITOS!

MEET KAILEY AND LEARN A NEW HEALTHY RECIPE

May 24, 5-7 pm
615 Ellice

SNA Spence Neighbourhood Association
 Free, Limited Spots
 Registration required:
 204-783-5000 ext 106

Priority is given to residents of the Spence neighbourhood

ART

is for everyone

JOIN US FOR A FUN ART ACTIVITY WITH GERRY BERARD
 OPEN TO ALL AGES
 NO EXPERIENCE NECESSARY!

MONDAY, MAY 29
5-7 PM
AT 615 ELlice
FREE | REGISTRATION REQUIRED

INFO AND REGISTRATION:
 204-783-5000 EXT 106 (MAREIKE)
 PLEASE NOTE: PRIORITY IS GIVEN TO MEMBERS OF THE SPENCE NEIGHBOURHOOD

SNA Spence Neighbourhood Association

JUNE 9TH & 10TH

MERCHANT VILLAGE

ELlice STREET FESTIVAL

FRIDAY, JUNE 9TH 5-7 PM
 KICK OFF!
 TWO STEPS TO THE MUSIC OF GUNTON BLASE WITH SPECIAL GUEST DANCE INSTRUCTOR JUSTIN LACROIX
 DOORS 7:15/SHOW 8PM
 FREE ADMISSION

SATURDAY JUNE 10TH 12-4 PM
 THE RAINBOW HORIZONS OF JEFF SAND SKYSCRAPER
 KAKAGI SHEENA
 JD AND THE SUNSHINE BAND

SPRING HAS SPRUNG WITH BUILDING BELONGING!

Although April 22nd annual West End Spring Clean-Up was snowed-out, our program youth, volunteers, coordinators, and our friends and families are ready to help beautify our neighbourhood and share a free meal with each other. 2017 West End Spring Clean-up: Saturday May 6, 2017 from 1-4PM at the MERC (430 Langside St). BB would like to thank Skateboarding Club leader Huy Nguyen and all the volunteers who shared their time to support our youth and the club. The Skateboarding Club finished in April but we will continue to bring youth out to local skate parks to practice their skills. Now that the weather is getting a bit warmer, we plan on spending more time outside. When it is sunny and warm out, Art City will be outside crafting with us and we'll start our Kids Garden programming soon! On May 19, The United Way will be bringing students down to the MERC for a Youth United Day of Caring that will help us get the garden beds ready to start planting. We'd like to give special thanks to Red Threads of Peace, Red River Community College, Frontier College, United Way of Winnipeg, Assiniboine Park Conservancy, Idris Knapp, Costco, Dawn Lavand, First Book Canada, Huy Nguyen, and Duchess Ijeremen for their generous contributions to BB this past month.

BB is a free after school program for Spence kids aged 6-12. For more information, please connect with Makaria Labun or Allison Besel at 204-783-5000 Ext: 112.

BAKE YOURSELF A PIE WITH YOUTH PROGRAM!

Youth really enjoyed making pies from scratch last month and they want to share with you their Tenderflake pie shell recipe!

Ingredients:

5 1/2 cups of all-purpose flour
2 tsp salt
1 lb Tenderflake® lard 464 g
1 tbsp vinegar
1 egg lightly beaten
Ice Water

Instructions:

Whisk together flour and salt. Cut in Tenderflake with a pastry blender or 2 knives until the lard is pea sized with the flour. combine the vinegar and egg in a 1 cup measuring cup. Add the ice water to make 1 cup. Gradually stir liquid into Tenderflake mixture, adding only enough liquid to make the dough cling together. Gently gather the dough into a ball and divide into 6 equal portions. Wrap the portions and refrigerate for 15-30 minutes (if you are using right away) or freeze for future use. When you are ready to use and the dough has chilled for at least another 15 minutes, roll out each portion on lightly floured surface. If the dough is sticking, chill again for another hour or two. The dough must be cold to be flaky! Transfer the prepared dough to pie plate. Trim and pinch ("flute") the edge of the crust or bake according to your pie recipe. Yields three (3) 9-inch double crust pies or six (6) pie shells.

FUTSAL REGISTRATION IS UNDERWAY!

Futsal is a modified form of soccer and it's not too late to register! We will accept registration forms until the end of May. Youth ages 8-14 are welcome to participate in our summer long futsal program. Boys play on Tuesdays and girls play on Wednesdays. Equipment, uniforms, transportation and coaching will be provided FREE OF CHARGE! Registration forms will be available at MERC (430 Langside Street) and at the U of W RecPlex (350 Spence Street). For more information email Meghan at sport2@Spenceneighbourhood.org or you can call her at 783-5000 ext. 114. You can also find us on Facebook for more information at SNA Sport.

DANCE, ACROBATICS AND MUSIC IN ONE

Capoeira Angola is a Brazilian martial art that combines elements of dance, acrobatics and music. Music is integral to capoeira as it sets the tempo and style of game that is to be played. Come join us on Thursdays at 6PM in the MERC multipurpose room (2nd floor) for the opportunity to participate in Capoeira Angola workshops free of charge! These workshops begin the first week of April and go until mid-May! All are welcome, we encourage parents to participate with their children! For further questions, please contact Meghan at sport2@spenceneighbourhood.org or you can call her at 783-5000 ext. 114.

MERC'S FLAG FOOTBALL SEASON IS ABOUT TO START!

Many players from our basketball teams have joined the team. If you or anyone you may know is interested in joining flag football, please reach out to Meghan, Kieran or Mubo for more information. It's looking like practices will be held at the U of W RecPlex on Monday's and games will take place at various locations on Thursday evenings!

FIT TIP

Now that the sun is warming up and you're probably spending much more time being active outside, don't forget to drink lots of water, wear sunblock and a hat to protect yourself from heat stroke! Enjoy outdoor activities with your friends and family. Activities like hop scotch, skip rope, an extra-long walk, soccer and basketball are fun and easy to set up with little equipment. Stay fit and have fun!

WELCOME TO SNA BEN & NATALIE!



Hello Spence Neighbourhood! My name is Ben, and I'm the new Housing Coordinator here at SNA! I'm looking forward to working with the community to ensure housing in the Spence neighbourhood is safe, healthy, affordable, and accessible to all! I have a background in Urban and Inner City Studies, and worked at the UofW for several years. I also ran the UofW Food Bank for a time, and have spent many hours volunteering with Sunshine House. If you want to discuss housing in the neighbourhood, or are interested in joining the

SNA Housing Committee, please call or email me any time, or stop by our 615 Ellice office during our open hours. Connect with Ben at [204-783-5000](tel:204-783-5000) Ext. 105 and/or housing@spenceneighbourhood.org.



Hello Spence Neighbourhood friends! My name is Natalie James and I am delighted to be the new Environment and Open Spaces Coordinator. I have a degree in Agriculture and Environmental Science from McGill University and four years of experience working on food

issues with Food Matters Manitoba and the Harvest Moon Society. As a resident of the neighbourhood, I know that the gardens are more than just places to grow food, they are where we cultivate friendships and a strong sense of community. I'm excited for the weather to warm up and to start hosting fun garden workshops and events. Please contact me with any questions, suggestions or concerns you have about community gardens and food skills, waste, active transportation, or any other environmental issues, at greenimage@spenceneighbourhood.org or 204-783-5000 ext. 102.



OUR WEST CENTRAL TIMES, FARE THEE WELL

In early April, DMSMCA and SNA had to make a difficult decision: we can no longer financially sustain our beloved Our West Central

Times (OWCT) community newspaper. After much discussion and deliberation, we agreed to retire it.

OWCT began six years ago as a two part-pilot project sponsored by Daniel McIntyre / St. Matthews Community Association (DMSMCA) and Spence Neighbourhood Association (SNA). DMSMCA and SNA, two long-standing neighbourhood renewal organizations, envisioned a community newspaper that focused on community interest stories written by those who lived, worked, volunteered, or loved the West End. The community-led newsletter was regularly delivered to people's mailboxes to ensure an effective and accessible way we connected the neighbourhood. Like its predecessor, West Central Streets, which ran from 1996 to 2011, OWCT gave West Enders a voice. It was an outlet, and a space to learn about and celebrate each other, our histories, interests, activities, "Unsung Heros" of the West End, events taking place near-by, and the programs and organizations serving our neighbourhood. Many individuals and organizations contributed articles and artwork to OWCT while a few became contributing editors on OWCT's volunteer Editorial Committee.



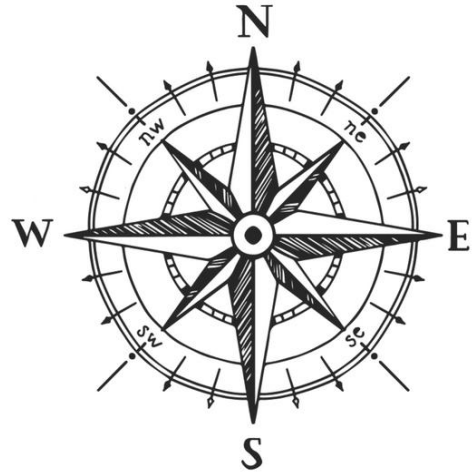
www.pridewinnipeg.com
30TH ANNIVERSARY
MAY 26 - JUNE 4
2017

We would like to express our deepest gratitude and appreciation to all those who contributed to OWCT, those who delivered our paper through all kinds of weather, and to all of you who picked up and read our paper. Thank you.

With much respect,

Rune Breckon (SNA) and Daniel Thau-Eleff (DMSMCA)

FIRST JOBS 4 YOUTH



FIRST JOBS 4 YOUTH (FJ4Y) IS A PART-TIME PAID SUMMER/FALL WORK EXPERIENCE AND EMPLOYMENT TRAINING PROGRAM FOR LOCAL YOUTH AGES 16-18 WHO HAVE LITTLE OR NO WORK EXPERIENCE.

REGISTRATION IS NOW OPEN FOR OUR 2017 YEAR!
 INFO: 204 783 5000 EXT.115 | WWW.SPENCENEIGHBOURHOOD.ORG

Robert FALCON OUELLETTE

Otapapistamakew / Member of Parliament / Député
 WINNIPEG CENTRE - Heart of Canada

Constituency Office
594 Ellice Ave.
(204) 984-1675

Robert.Falcon@parl.gc.ca | @OrRobbie0 | f RFalconOuellette

Cindy Gilroy
City Councillor for Daniel McIntyre
 Let's work together

510 Main Street cgilroy@winnipeg.ca
 (204) 986-5951 www.cindygilroy.com

Working for Wolseley

Rob Altemeyer
 MLA for Wolseley

204-775-8575
RobAltemeyer.ca

MAY 2017

Spence Neighbourhood Association (SNA)
 204-783-5000 | www.spenceneighbourhood.org
 @SpenceNeighbourhoodAssociation | @SNAcommunity

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday			
BB: Building Belonging (6-12 years old) - 430 Langside CCC: Community Connecting Committee - 615 Ellice CEDC: Community Economic Development Committee - 365 McGee EOSC: Environment and Open Space Committee - 615 Ellice FP: City of Winnipeg Free Play (6-12 years old) - 430 Langside GN: YP Girls' Night - RecPlex MPR - 350 Spence Street HC: Housing Committee - 615 Ellice KC: Kitchen Circle - 615 Ellice OP: Our Place Safe Space (Sex Workers & Sexually Exploited folks) - 823 Ellice		SNA CLOSED FP: 3:30-6PM YDI: 6:30-9PM		BB: 3:30-6PM YP: 6:30-9PM		BB: 3:30-6PM YP: 6:30-9PM - No drive home CCC: 6PM		BB: 3:30-6PM YP: 6:30-9PM - No drive home		BB: 3:30-6PM YP: 6:30-9PM - No drive home OP: 4PM GN: 6:30-8PM WE24: 11PM-7AM SNA Jane's Walk: 1-2PM Meet @ 430 Langside		BB: 3:30-6PM YP: 6:30-9PM OP: 4PM GN: 6:30-8PM WE24: 11PM-7AM SNA Jane's Walk: 1-2PM Meet @ 430 Langside		BB: 3:30-6PM YP: 6:30-9PM OP: 4PM GN: 6:30-8PM WE24: 11PM-7AM SNA Jane's Walk: 1-2PM Meet @ 430 Langside	
FP: 10AM-4PM YDI: 4-9:30PM WE24: 11PM-7AM		BB: No Program FP: 3:30-6PM YP: 6:30-9PM Area 1 Walkabout: 3-5PM Meet @ 615 Ellice		BB: 3:30-6PM YP: 6:30-9PM CEDC: 5:30PM @ 365 McGee		BB: 3:30-6PM YP: 6:30-9PM - No drive home homeY&FC: 7PM		BB: 3:30-6PM YP: 6:30-9PM - No drive home WSFP: 5PM EOSC: 6PM		BB: 3:30-6PM YP: 6:30-9PM - No drive home OP: 4PM GN: 6:30-8PM WE24: 11PM-7AM		BB: 3:30-6PM YP: 6:30-9PM - No drive home OP: 4PM GN: 6:30-8PM WE24: 11PM-7AM		BB: 3:30-6PM YP: 6:30-9PM - No drive home OP: 4PM GN: 6:30-8PM WE24: 11PM-7AM	
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SNA
 Spence Neighbourhood Association
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