



SPENCE NEIGHBOURHOOD ASSOCIATION NEWSLETTER

MARCH 2019

CREATING SPACE & OPPORTUNITY FOR COMMUNITY PROJECTS

Every year, Spence Neighbourhood Association receives a grant from the provincial government in the form of Community Incentives to distribute to groups throughout the community. These groups are sometimes a collective of neighbours and residences that live on the same block or apartment building, other organizations within the Spence neighbourhood, or a small group of people that just have a great idea. However these groups form, they all have a plan to create community and bring people together. This last year, SNA's Community Incentives program helped to fund 27 projects, from musical events to BBQs and block parties, and from math, soccer, and radio camps to summer outings.

These projects are generally one-off events, a way to bring neighbours together, create community, and have fun. Sometimes, though, the projects address a need that's more than just bringing people together; they create a space and resource that is lacking in the community and needs to be filled. And, sometimes, these projects are successful enough, and needed enough, that they're able to find their funding outside of the Community Incentives program to keep running. These are two programs that started as one-time projects funded through our Community Incentives Program:

Our Place Safe Space is a once-a-week "come as you are" drop-in for those who identify as sex workers, experiential folk, and those with experiences of sexual exploitation and human trafficking. The drop-in provides participants with a hot meal, harm reduction supplies, free resources, hygiene products, community, and (also importantly) fun. Until Our Place Safe Space started in March 2016, there was no organization in the West End providing a space specifically for people working in the sex trade. The need for such a space was readily apparent and as the initial grant ended, Our Place Safe Space found other funding sources to continue to be open.

Our Place Safe Space is open Fridays, from 5PM - 11PM. For more information, contact Laurel at 204-774-7005 ext 104 or safety@dmsmca.ca or Bobbi at 204-774-7005 ext 106 or bobbi@spenceneighbourhood.org

The Social Circus Program started in October 2018 as a three week circus training intensive for youth experiencing homelessness. While providing a healthy snack, the Social Circus also teaches teamwork, allows a space for creativity, boosts self-esteem (after you learn how to walk on stilts, you're going to feel great!), and creates a community and sense of belonging among the participants. Following the three week intensive and performance at SNA's Halloween Cabaret, the Social Circus Program received a grant from Cirque du Soleil to continue as a drop-in program, running on Fridays from 3:30PM - 5:30PM at the University of Winnipeg RecPlex. For more information about the Social Circus Drop-In, contact Lydia at socialcircus@spenceneighbourhood.org

If you have an idea for a project that brings people together and creates community, our Community Incentives Program generally starts accepting applications around June. For more information about the Program, contact our Community Liaison at liaison@spenceneighbourhood.org or 204-783-5000 ext 109.

TRANS + NON-BINARY + TWO-SPIRIT SWIM NIGHT

MARCH 9, 2019 | 8-10 PM
SHERBROOK POOL
381 SHERBROOK ST.



FREE | ALL-AGES | SNACKS | DJs
ACCESSIBLE VENUE & POOL
GENDER-FREE CHANGE ROOMS

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COMMITTEE MEETINGS THIS MONTH

- HOLISTIC HOUSING: MAR.5
- COMMUNITY CONNECTING: MAR. 7
- CED: MAR. 12
- YOUTH & FAMILIES: MAR. 13

- EOS: MAR. 14
- TENENTS': MAR.19
- SNA BOARD: MAR. 26

LEARNING GARDENING BLOOMING THIS SPRING

The University of Winnipeg is partnering with SNA to create a Learning Garden at 373 Langside St. In the next 3-5 years, this property will be a site to pilot sustainable gardening practices and offer educational events, research projects, classes and workshops, and celebrations for the Spence and University Community.

Consultation has been ongoing through various events over the past year. This spring 2019 we will begin construction and landscaping of the site to be completed by May. Once finished, there will be seating, pathways, signage, and a beautiful garden planted in the ground. The garden will provide a place to relax, learn, grow plants and food - as well as interact with birds, pollinators and other creatures. The community will be planting the garden together.

If you want to get involved, contact: infolearninggarden@gmail.com
Thanks very much

WE24 SAFE SPACE UPDATE

Environment Canada has reported that Winnipeg has had 71 days with a wind chill below -30 since December 1, 2018. The wind chill value has gone below -40 for 29 of those days. And we've even had a day where the wind chill dipped to -51.

For WE24 this translates to a number of folks accessing the space in order to seek shelter from the harsh winters. For the month of January, WE24 outreach team took to the street in hope to keep many of homeless youth in a warm caring environment. For the Month of January, we were open 31 days and had 983 access the space. We provided hundreds of warm clothing community members access the space, We provided 92 safe rides and did 17 days of community outreach.

We're thankful for all our participants, staff and volunteers. With special thanks to our top volunteers: Austin Grozella (Jr.Staff) for support WE24 the past 2 months and is a asset to space.

WE24 is still in need of warm clothes particular mitts, toques, gloves, socks, jackets, and hoodies.

Sean Sousa- WE24 Program Manager
204-783-5000 Ext: 110
Sean@spenceneighbourhood.org



RENTAL TIPS

Don't have a reliable way for friends, families, or services to contact you?
The Rental Safety Program can connect you with a reliable and convenient voicemail box so that people can connect with you.

Come by 615 Ellice Ave. Tuesday, Wednesday, or Thursday between 10AM-12:30PM and 1:30PM to 4PM or connect with the Rental Safety Coordinator at 204-783-5000 Ext 107 or rentalsafety@spenceneighbourhood.org for more information and to set up a voicemail box.

SNA'S YOUTH CREW CAN HELP SENIORS LIVING IN SPENCE NEIGHBOURHOOD WITH SNOW REMOVAL GIVE US A CALL AT 204-783-5000 EXT. 116

Spence Neighbourhood Association (SNA):
615 Ellice Avenue (Head Office):
Community Connecting, Environment & Open Spaces, Finance, Homeless Outreach, Housing, & Rental Safety.
430 Langside Street (Magnus Eliason Recreation Centre - MERC): Building Belonging, Children, Newcomer Youth Outreach, West End 24 Hour Safe Space, & Youth Drop-In.
365 McGee Street (West End Commons):
First Jobs 4 Youth, Wahkohtowin Strengthening Families Program, Homework Club, & Youth Crew.
231 Isabel Street (Central Neighbourhoods):
Gang Action Interagency Network (GAIN)
350 Spence Street (Axworthy Health & RecPlex):
Community Sports Program
Phone: 204-783-5000 | **Email:** liaison@spenceneighbourhood.org |
Website: www.spenceneighbourhood.org

SNA'S MARCH '19 PROGRAM/EVENT LISTING

CHILDREN & YOUTH PROGRAMS

Building Belonging

Monday-Friday | 3:30-5:30PM | 430 Langside
March 25-29 (Spring Break) | 12-4PM |
Structured programming for kids ages 6-12 with lunch and snacks provided and pick up from home and drive home available within the Spence neighbourhood. Spring Break will consist of outings. Registration forms available at MERC. Contact: SNA Building Belonging Coordinators at 204-783-5000 ext.112.

Art City Outreach

Mondays | 4-6PM | 430 Langside
Express yourself with facilitators and guest artists at art making workshops for ages 6-12. Contact: SNA Building Belonging Coordinators at 204-783-5000 ext.112.

Youth Program

Monday-Friday | 6:30-9:30PM | 430 Langside
Programming and outings for youth grades 7-12 with a meal provided and drive home available within the Spence neighbourhood, or bus tickets provided. Registration forms available at MERC. Contact: Newcomer Youth and Outreach Worker 204-783-5000 ext.113 or newcomer@spenceneighbourhood.org

Social Circus Drop-In

Fridays | 3:30-5:30PM | 350 Spence
Drop-in circus programming for youth ages 16-29. Learn circus skills in a safe and supportive space. Contact socialcircus@spenceneighbourhood.org

WE24 Overnight Safe Space

Sunday - Saturday | 11PM-7AM | 430 Langside
An overnight space for youth ages 13-26 to rest and relax and access food, resources, and basic needs in a supportive, kind, and warm environment. Contact: WE24 Manager 204-783-5000 ext.110 or sean@spenceneighbourhood.org

COMMITTEE MEETINGS

Holistic Housing Committee Meeting

March 5 | 5:30PM | 615 Ellice
Contact: Housing Coordinator at 204-783-5000 ext.105 or housing@spenceneighbourhood.org

Community Connecting Committee Meeting

March 7 | 5:30PM | 615 Ellice
Contact: Community Connector at 204-783-5000 ext.106 or safety@spenceneighbourhood.org

CED Committee Meeting

March 12 | 5:30PM | 365 McGee
Contact: Youth Employment Hub Coordinator at 204-783-5000 ext.115 or firstjobs@spenceneighbourhood.org.

Youth & Families Committee Meeting

March 13 | 7-8:30PM | 430 Langside
Contact: Youth & Families Director at 204-783-5000 ext. 111 or kristen@spenceneighbourhood.org

Environment & Open Spaces Committee Meeting

March 14 | 6PM | 615 Ellice
Contact: Environment and Open Spaces Coordinator at 204-783-5000 ext.102 or greenimage@spenceneighbourhood.org

Tenants' Committee Meeting

March 19 | 5:30PM | 615 Ellice
Contact Rental Safety at 204-783-5000 ext.105 or rentalsafety@spenceneighbourhood.org

SNA Board Meeting

March 26 | 5:30PM | 430 Langside
Contact: SNA's Executive Director at 204-783-5000 ext.103 or jamil@spenceneighbourhood.org

55+ PROGRAMS & EVENTS

55+ Social Club

March 11, 25 | 1-3PM | 625 Portage
Spence Neighbourhood and West-End adults 55+, elders, and seniors, please join us for a free coffee (or tea) and participate in light conversations and stress-free activities. 2nd and 4th Monday of the month. Support workers welcome. Accessible venue. Gender inclusive washrooms. We do not meet on national and provincial holidays. Contact: Community Connector at 204-783-5000 ext. 106 or safety@spenceneighbourhood.org.

MORE WAYS TO ENGAGE WITH YOUR COMMUNITY

Art with Gerry

Date TBA | 5-7PM | 615 Ellice
Led by local artist Gerry Berard, AWG aims to create an accessible and inclusive space for community members of all ages and skill/experience levels to engage in free, recreational and skill-building art and craft activities. Registration required. Contact: Community Connector at 204-783-5000 ext. 106 or safety@spenceneighbourhood.org

Community Walking Tour: An Information Session with Choi!

March 13, 2019 | 10AM-12PM | 615 Ellice
Participants will learn Jane's Walk, Choi's experience hosting walking tours, and hot tips for folks wanting to lead one

"Hoping for Spring" Block Party

March 2 | Spence St. between Sargent and Ellice | 5-7:30PM
For more info, contact sunger@shaw.ca

Kitchen Circle

March 25 | 5-7PM | 615 Ellice.
Cook and eat a healthy, affordable recipe together. It fills up fast! All ages welcome. No experience necessary. Registration required for this free program. Contact: Environment and Open Spaces Coordinator at 204-783-5000 ext.102 or greenimage@spenceneighbourhood.org.

Our Place Safe Space

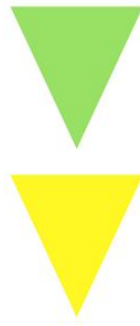
Fridays | 5-11PM
OPSS is a "comes as you are" safer space for those who identify as sex workers, experiential folks, victims/survivors of sexual exploitation and victims/survivors of human trafficking (all ages, genders, and Nations), operating as a drop-in. Harm reduction services and fun free dinner provided. Contact: OPSS Outreach at 204-774-7005 ext.106 or bobbi@spenceneighbourhood.org

Trans + Non-Binary + Two-Spirit Swim Night

March 9 | 8-10PM | 381 Sherbrook
Free | Family-friendly | All ages | Accessible venue & pool | DJs | Gender-free washrooms and change rooms | Snacks. This event aims to create an affirming, inclusive, and safer space for folks who experience, navigate, and manage various aggressions, oppressions, and violences in their daily lives and don't want to deal with them while swimming. Contact: SNA's Community Connector at 204-783-5000 ext.106 or safety@spenceneighbourhood.org

Wahkohtowin Strengthening Families Program:

Thursdays | 5-8PM | 365 McGee
WSFP is a free strength-based skill-building program that works with youth ages 11-17 along with their families/support circles to increase communication, decrease conflict, connect with culture, and increase bonding. Childminding, dinner, and transportation are provided. Contact: 204-783-5000 ext. 125 or kai@spenceneighbourhood.org



Children & Youth Programming

Building Belonging
Mondays-Fridays
3:30PM-5:30PM

March 25 - 29

Spring Break Outings:
12PM - 4PM

Drop-In Only:
March 15, 12PM-6PM

Art City Outreach:
Mondays 4PM-6PM

Youth Program
Mondays-Fridays
6:30PM-9:30PM

West End 24 Hour Safe Space
Every Night
(including holidays)
11PM-7AM

Social Circus Drop-In
Fridays
3:30PM-5:30PM

visit MERC (430 Langside) for specific children & youth program calendars

Event & Program Locations



SPENCE NEIGHBOURHOOD ASSOCIATION (SNA) MARCH 2019

| 204-783-5000 | liaison@spenceneighbourhood.org | www.spenceneighbourhood.org |
| Facebook @spenceneighbourhoodassociation | Twitter @snacommunity | Instagram @snacommunity |

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
31	Programming, hours, and locations may be subject to change without much notice. SNA is closed evenings, weekends, May Day, and national and provincial holidays.					
3	4 55+ Social Club 1-3PM	5 Holistic Housing Committee: 5:30PM	6	7 Community Connecting Comm. 5:30-7PM Wahkohtowin 5-8PM	8 Our Place Safe Space: 5-11PM	9 Trans + Non-Binary + Two-Spirit Swim Night: 8-10PM
10	11 55+ Social Club 1-3PM	12 CED Committee: 5:30PM	13 Community Walking Tours 10AM-12PM Youth & Families Committee: 7-8:30PM	14 Wahkohtowin 5-8PM EOS Committee: 6PM	15 Our Place Safe Space:5-11PM.	16
17	18	19 Tenants' Committee 4PM	20	21 Wahkohtowin 5-8PM	22 Our Place Safe Space: 5-11PM	23
24	25 55+ Social Club 1-3PM Kitchen Circle 5PM	26 Building Belonging outing: Fort Whyte 10AM-4:30PM SNA Board Meeting 5:30PM	26	28 Wahkohtowin 5-8PM	29	30

@430 Langside

Building Belonging (6-12 years old)
SNA Board Meeting
West End 24 Hour Safe Space for Youth (13-26 years old)

Youth Program (Grade 7-12)
Youth & Families Committee

@381 Sherbrook

Trans + Non-Binary + Two-Spirit
Swim Swim Night

@615 Ellice

Art with Gerry (Date TBA)
Community Connecting Committee
EOS Committee
Holistic Housing Committee
Kitchen Circle
Tenants' Committee

@350 Spence

Social Circus Drop-In

@365 McGe

CED Committee
Wahkohtowin Strengthening Families Program

@Spence St. between Sargent and Ellice

"Hoping for Spring" Block Party