

SNA BY THE NUMBERS

Kits for kids 6-11

April - 32

May - 100

Total kits = 132

Kits for Youth 12-18

March - 1

April - 84

May - 155

Total kits = 240

Kits for 55+

April - 65

May - 150

Total kits = 215

TOTAL = 587

We are so proud of the gifts we have been able to share with the community during this difficult time and wanted to share this with you!

Great work SNA Teams and a huge thank you to all those who donated to make this possible!!

Meals (Youth & Family)

March - 114

April - 579

May - 773

Total Meals = 1466

Meals (WE24) - At Hotel

March - 189

April - 611

May - 547

Total Meals = 1347

Food Boxes

March - 20

April - 57

May - 73

Total Food Boxes = 150

Meals (WE24) - At MERC

March - 305

April - 802

May - 1025

Total Meals = 2132

TOTAL = 5095

Housing Resources = 22

Bikes Distributed = 37

Sports Equipment
Distributed = 108

Youth at Hotel = 24
Youth Housed from Hotel = 13

Playlists Made = 3
Playlist Followers = 25

Seed Starting Kits
Distributed = 28

Online
workshops = 8
Viewed by:
3430+

Cultural online
videos = 2
Viewed by:
800+

Youth Employment
Services Provided = 54
"Work from Home"
Program Participants = 4
Certificate Courses offered = 6
Online Resources = 3
Online Recipes = 10

Online Activity
&
Coloring Booklets
= 13

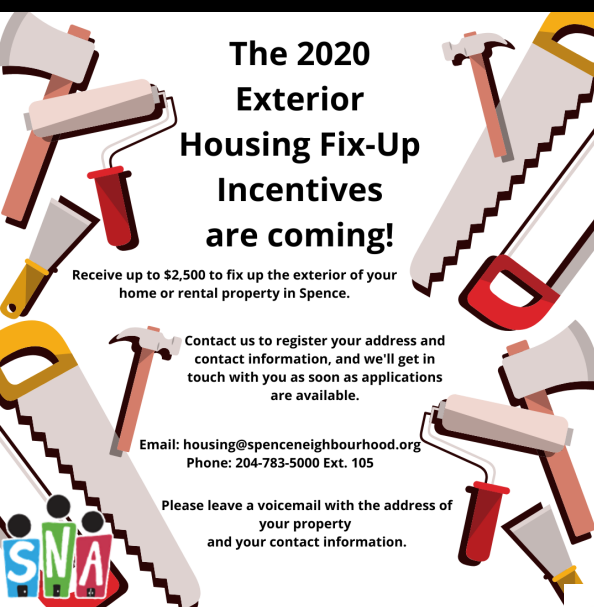
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**COMMITTEE MEETINGS -
POSTPONED UNTIL FURTHER NOTICE**

WORKSHOP/EVENTS/PROGRAMS



The 2020 Exterior Housing Fix-Up Incentives are coming!

Receive up to \$2,500 to fix up the exterior of your home or rental property in Spence.

Contact us to register your address and contact information, and we'll get in touch with you as soon as applications are available.

Email: housing@spenceneighbourhood.org
Phone: 204-783-5000 Ext. 105

Please leave a voicemail with the address of your property and your contact information.

WINNIPEG, MANITOBA

BIPOC

MENTAL HEALTH WORKER LIST

WINNIPEG RESOURCE FOR BLACK, INDIGENOUS, AND PERSONS OF COLOUR IDENTIFYING COUNSELLORS, THERAPISTS, AND MENTAL HEALTH WORKERS

July 2020

WANT TO BE ADDED?

CONTACT CHANCE DUPUIS
EMAIL: CHANCE@SPENCENEIGHBOURHOOD.ORG
CALL/TEXT: (204) 451-2455

*List updated the 1st of every month

"Join our neighbourhood scavenger hunt to win prizes, meet friends, and learn about activism in the Spence community

WITH BNB STUDIOS+ COMMUNITY ORGANIZATIONS

GET ACTIV(E)ISM

Spence Scavenger Hunt

SAT JUNE 20

1:00 - 4:00PM

START @ 615 ELLICE

EXPLORE THE NEIGHBOURHOOD
MEET LOCAL ACTIVISTS
WIN PRIZES AND GIFTCARDS



TD Park People Grants

A FEW SPOTS LEFT!
LAST DELIVERY: JULY 24

FREE BI-WEEKLY
ACTIVITY AND HEALTH KITS
THROUGH OUR DOORSTEP
NO-CONTACT DELIVERY!

55+ Well-Being Kits

CRAFT KITS, HYGIENE ITEMS, WELL-BEING
ACTIVITIES, BOOKS, HEALTH AND COVID-19
RESOURCES, AND MORE!

FOR 55+ RESIDENTS OF SPENCE AND CENTRAL WINNIPEG
Contact Chance for eligibility and registrations:
Ph: (204) 451-2455
E-mail: chance@spenceneighbourhood.org



MAKING MAGIC

A GUIDE TO CREATIVE
EATING WITH
EVERYDAY
INGREDIENTS

WITH CHEF TOM
IN PARTNERSHIP WITH
SPENCE NEIGHBOURHOOD
ASSOCIATION & CENTRAL
NEIGHBOURHOODS WINNIPEG

<https://cnwpg.org/making-magic-may>

Project Safe Audience presents:

Harm Reduction 101

Learn about harm reduction practices, de-mystify substances, and supporting friends, family and loved ones with substance use.

Join us on Facebook Live on
July 2, 2020

Time: 6pm-8pm CST

Tune into our Facebook page at
www.facebook.com/cnwpg



DONATIONS NEEDED THANK YOU!

Mail Pick Up
430 Langside (MERC)
Monday - Friday
4 - 6 pm

SNA Sports - Sports Equipment (New or Gently Used)
WE24 - Household Items, Meal Train
BB, Newcomer/Youth - Crafts & Activities for Children & Youth
All donations can be dropped off at 430 Langside (MERC)

365 McGee Street (West End Commons):

First Jobs 4 Youth, Wahkohtowin Strengthening Families Program, & Youth Crew.

231 Isabel Street (Central Neighbourhoods):

Gang Action Interagency Network (GAIN)

350 Spence Street (Axworthy Health & RecPlex):

Community Sports Program

Phone: 204-783-5000 | Email: liaison@spenceneighbourhood.org |

Website: www.spenceneighbourhood.org

Spence Neighbourhood Association (SNA):

615 Ellice Avenue (Head Office):

Community Connecting, Environment & Open Spaces, Finance, Homeless Outreach, & Housing.

430 Langside Street (Magnus Eliason Recreation Centre - MERC):

Building Belonging, Children, Newcomer Youth Outreach, West End 24 Hour Safe Space, & Youth Drop-In.

365 McGee Street (West End Commons):

First Jobs 4 Youth, Wahkohtowin Strengthening Families Program, Homework Club, & Youth Crew.

PROGRAMS

CHILDREN & YOUTH PROGRAMS

Building Belonging

Watch online for our re-opening date for modified structured programming with a meal for kids ages 6-12 that brings us outdoors and encourages social distancing! Our Summer Program in July and August will run Monday to Friday 12 - 4 pm, with safe walk available 11 - 12 am and 4 - 5 pm. Summer Program registration forms are available at the M.E.R.C (430 Langside St.) or online. Contact us at buildingbelonging@spenceneighbourhood.org
Families in the Spence neighbourhood can register to receive weekly activity packages delivered until programming starts up again. Packages include an art activity, colouring supplies and donated books, games and sports equipment.

Newcomer/Youth Program

Our youth drop in program will keep delivering anti-boredom packages every Friday while we work hard on planning a fun and safe summer for all. Youth packages normally contain the materials to develop an art/crafts activity, sports equipment, as well as some exercises for self reflection and well being. We also have prizes every week, so if you are a youth between 12-17 years old and want to get a package you can contact Carolina at newcomer@spenceneighbourhood.org or through our facebook: Spence Merc. We are here to support you!

Community Sports Program

Sport just had our first successful virtual Zumba class instructed by one of our lovely SNA staff. We are looking to explore more virtual classes as well as no contact sports such as golf, tennis, badminton etc. Preparations are still in the works. We are exploring our partnership with Sport Mb to gain instructors for the no contact sports. Also, we continue to give away sport equipment. Physical Activity Videos - Mondays or Fridays

Posted on Youtube & Facebook

Daily Facebook Posts on Active Living

Equipment Giveaways

Monday - Friday

10:30 am - 1 pm

4:30 pm - 6 pm

430 Langside - MERC

Community Door Service

Monday - Friday

10:30 am - 1 pm

Bagged snack and hygiene supplies

430 Langside - MERC

First Jobs for Youth

This summer's program will look different from other years. We will be doing interviews by phone or video conference in mid to late June and hiring 10 youth for the summer. In July the program will be using the newly developed "Work from Home" model. With the possibility of some onsite work, in August if it can be done safely in small groups at that time. We are also planning on running a fall session with 10 older youth.

Spence Neighbourhood Association offices are closed on national and provincial holidays.

MORE WAYS TO ENGAGE WITH YOUR COMMUNITY

WE24 Overnight Safe Space

Celebrated 4th Year Anniversary June 16, 2020

Monday - Sunday

10:00 pm - 11:30 pm

Bagged-to-Go Meals

Limited Washroom Accessibility

430 Langside - MERC



Wahkohtowin Strengthening Families Program

Wahkohtowin is in its 12th session of the program with 4 families currently registered. We have plans to spend the summer months exploring topics such as communication, LUV-listening, and problem solving. In addition to the curriculum, the program works from a holistic perspective where families will be encouraged to connect with mentors weekly for 1-on-1 mentorship opportunities, support accessing resources, and weekly meal/grocery drop offs. We are also pleased to announce that we recently partnered with Ogichidaa Arts Woven Masters who will be coordinating the Sakihwe festival, which is a free online indigenous cultural program. The festival consists of a series of cultural workshops hosted by various members within the community, which families have been invited to tune in and participate in throughout the month of June. The program will conclude with an online graduation ceremony where families' hard work and commitment to the program will be acknowledged and celebrated." As we head into the fall, we will begin recruiting for Session 13. Please feel free to contact our site manager Seth at (204) 471-0940 if you have any questions, are interested in registering for the next session, or if you would like to refer a family.

During door service hours community members in the Spence Neighbourhood can make their way to 430 Langside St for resources such as snacks or a lunch and hygiene products.

10:30 am - 2 pm - Snacks and other resources are handed out.

2 pm - 6 pm - Lunch is available (usually a sandwich, juice box, granola bar, fruit)

4 pm - 6 pm - Mail pick up

Also accepting donations such as toys, sport equipment, hygiene.

RENTAL SAFETY COORDINATOR

Eviction Support
Tenant-Landlord Mediation
RTB Support
Hydro Arrears
Bedbug Support
...And more!



Cheryl



Cheryl Spencehousing



rentalsafety@spenceneighbourhood.org

Spence
Neighbourhood
Association



COMMITTEE MEETINGS

Holistic Housing Committee

Postponed | 5:30 - 7PM | 615 Ellice

Contact: Housing Coordinator at

204-783-5000 ext.105

housing@spenceneighbourhood.org

Community Connecting Committee

Postponed | 5:30 - 7PM | 615 Ellice

Contact: Community Connector at

204-783-5000 ext.106 or

safety@spenceneighbourhood.org

CED Committee

Postponed | 5:30 - 7:30PM | 365 McGee

Contact: Youth Employment Hub

Coordinator at 204-783-5000 ext.115 or

firstjobs@spenceneighbourhood.org

Youth & Families Committee

Postponed | 7 - 8:30PM | 430 Langside

Contact: Youth Programs Manager at

204-783-5000 ext. 111 or

mungala@spenceneighbourhood.org

Environment and Open Spaces Committee

Postponed | 6 - 7PM | 615 Ellice

Contact: EOS Coordinator at

204-783-5000 ext. 102 or

greenimage@spenceneighbourhood.org

**Spence
Neighbourhood
Association**

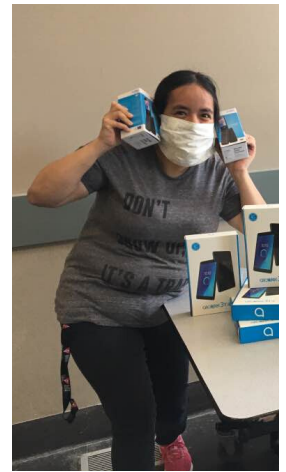




Julie Hiebert & Mungala
Donation of outdoor supplies from
Wii Chiiwakanak Centre



Wrench donates bikes for community



Ana and donation
from Telus



Jennifer Chan donated
Bikes and cleats to give
away!



Parisa letting everyone know
when Door Service is at the MERC



Leslie delivering masks!



Community Clean Up



Some of the crew from WE24 and,
of course, Bean!



55+ Packages ready to go!!



Carolina with a bunch
of Anti-boredom Packages