

FUSTAL (SOCCER) COACHES NEEDED

Interested in Volunteering for our youth sports programming? We're still in need of volunteers, particularly coaches for Futsal.

We are lucky to have had far more children register for Futsal program than we had anticipated! Due to the increase in participants, we are looking for volunteers for the program in all roles, especially coaches. Spence Neighbourhood Association's Futsal Program provides barrier free soccer programming to youth ages 8-14 in the West End Area.

This program is divided into two parts. During the first seven weeks of the program, we will teach the participants basic soccer skills to improve the participants' abilities, so they develop the tools to play the game. During the last seven weeks we focus more on playing organized games among the participants.

The program is free and runs from May to August at the University of Winnipeg Axworthy Health & Recplex located at 350 Spence Street. Boys train on Tuesdays from 5:30-7PM from May 14 - August 20. Girls train on Thursdays from 5:30-7PM from May 16 - August 22.

During the program, we provide participants with soccer equipment, including cleats and complete uniforms. As long as our resources allow it, we offer transportation to and from training. At SNA we provide a safe, inclusive, and positive environment for participants to develop both as athletes and as individuals. We work hard, with those values in mind, to ensure our participants have all the necessary support grow.

For more information about the program or to obtain a registration form, please contact Ezequiel at sport@spenceneighbourhood.org or at 204-988-7635.



**WE'RE COLLECTING
RECIPES TO CREATE
A COMMUNITY
COOKBOOK!**

To submit a recipe, & for more info, contact Olivia at 204-783-5000 ext. 102 or greenimage@spenceneighbourhood.org

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COMMITTEE MEETINGS THIS MONTH

HOLISTIC HOUSING: JUNE 4
COMMUNITY CONNECTING: JUNE 6
CED: JUNE 11
YOUTH & FAMILIES: JUNE 12

EOS: JUNE 18
TENENTS': JUNE 18
CARETAKER: JUNE 25
SNA BOARD: JUNE 25

STAFF FEATURE

BUILDING BELONGING JOHNATHAN

Introducing Johnathan, our new Building Belonging Co-Coordinator! Johnathan is a musical human who enjoys playing guitar, bass, and percussion. His passion for music drove him towards a love of dance. He comes from Voices Manitoba's Youth in Care Network and was elected to the Board of Directors for Youth in Care Canada. This man of many talents is excited about his new position with the Spence Neighbourhood Association. He is particularly looking forward to working with children and youth. In his own words "they teach you something new every day". He is eager to build relationships and get to know the members of our community.



FIRST JOBS 4 YOUTH: SUMMER SESSION

Are you a youth 16-18 looking for a summer job? Then come and meet the SNA Staff who are hiring at our First Jobs 4 Youth JOB FAIR. Monday, June 5, 2019 7:00-8:00 pm at the Magnus Eliason Recreation Centre Multi-Purpose Room.

Contact: 204-783-5000 Ext. 116 or
aaron@spenceneighbourhood.org

REMINDER: WE24 HOURS HAVE CHANGED

As of April 1, WE24 will no longer be open weekdays. But! You can contact us through Facebook or 204-333-9681 for any questions or support or just to say hi!

WE24 will be open:

11:00pm-7:00am

June 1, 7, 8, 14, 15, 21, 22, 28, 29, 30

430 Langside St.

Contact us through Facebook or 204-333-9681 for any questions/support or just to say hi!

WE24 Hours

Friday/Saturday: 11pm-7am

Nights before school holidays: 11pm-7am



RENTAL TIP

Did you know that homeowners and landlords can receive financial assistance to rehabilitate, repair, and make adaptations to homes and buildings? If you are a renter, ask your landlord to apply!

For more information, contact:

Rental Housing Improvement Program:

housingprograms@gov.mb.ca

Minimum Home Repair program: 311@winnipeg.ca

Manitoba Hydro: www.hydro.mb.ca,

Rent Assist: www.gov.mb.ca/fs/eia/rent_assist.html

Winnipeg Rental Network: winnipegrentnet.ca

Spence Neighbourhood Association,

housing@spenceneighbourhood.org

You can contact Vanessa at the Rental Safety program to help assist you with resources and applications: 204-783-5000-ext

107 or rentalsafety@spenceneighbourhood.org

Spence Neighbourhood Association (SNA):

615 Ellice Avenue (Head Office):

Community Connecting, Environment & Open Spaces, Finance, Homeless Outreach, Housing, & Rental Safety.

430 Langside Street (Magnus Eliason Recreation Centre - MERC):

Building Belonging, Children, Newcomer Youth Outreach, West End 24 Hour Safe Space, & Youth Drop-In.

365 McGee Street (West End Commons):

First Jobs 4 Youth, Wahkohtowin Strengthening Families Program, Homework Club, & Youth Crew.

365 McGee Street (West End Commons):

First Jobs 4 Youth, Wahkohtowin Strengthening Families Program, Homework Club, & Youth Crew. 231 Isabel Street (Central Neighbourhoods):

Gang Action Interagency Network (GAIN)

350 Spence Street (Axworthy Health & RecPlex):

Community Sports Program

Phone: 204-783-5000 | Email: liaison@spenceneighbourhood.org |

Website: www.spenceneighbourhood.org

SNA'S JUNE '19 PROGRAM/EVENT LISTING

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CHILDREN & YOUTH PROGRAMS

Building Belonging (BB)

Monday-Friday | 3:30-5:30PM | 430 Langside
Structured programming for kids ages 6-12 with lunch and snacks provided. Pick up and drive home available within the Spence neighbourhood. Registration forms available at MERC.
Contact: BB Coordinators at 204-783-5000 ext.112.

Art City Outreach

Mondays | 4-6PM | 430 Langside
Express yourself with facilitators and guest artists at art making workshops for ages 6-12. Contact: BB Coordinators at 204-783-5000

SNA Building Belonging Summer Program

Monday-Friday | 12-4:30PM | July 8 - August 23 | 430 Langside
Summer Registration forms available at MERC
Contact: Allison or Johnathan, BB Coordinators, 204-783-5000

Kids Gardening Program

Tuesdays | 4:30-5:30PM | 430 Langside
An opportunity for children age 6-12 to learn about gardens, from bugs to berries! Kids will plant seeds & eat food they've grown at the end of the season. Contact: EOS Coordinator at 204-783-5000 ext.102 or greenimage@spenceneighbourhood.org.

Youth Program

Monday-Friday | 6:30-9:30PM | 430 Langside
Programming & outings for youth grades 7-12. Meal provided and drive home available within the Spence neighbourhood, or bus tickets provided. Registration forms available at MERC.
Contact: Newcomer Youth and Outreach Worker 204-783-5000 ext.113 or newcomer@spenceneighbourhood.org

Social Circus Intensive & Drop-In

Drop-In: Fridays | 3:30-5:30PM | 350 Spence
Drop-in circus programming for youth ages 16-29. Learn circus skills in a safe and supportive space. Contact socialcircus@spenceneighbourhood.org

WE24 Overnight Safe Space

Fridays, Saturdays, Holidays | 11PM-7AM | 430 Langside
An overnight space for youth ages 13-26 to rest and relax and access food, resources, and basic needs in a supportive, kind, and warm environment. Contact: WE24 Manager 204-783-5000 ext.110 or david@spenceneighbourhood.org

First Jobs 4 Youth Summer Job Fair

June 5 | 7-8PM | 430 Langside
Open to youth age 16-18. Come and meet the SNA Staff who are hiring.

55+ PROGRAMS & EVENTS

55+ Social Club

June 10, 24 | 1-3PM | 625 Portage
Spence Neighbourhood and West-End adults 55+, elders, and seniors, join us for a free coffee (or tea), light conversations, and stress-free activities. Support workers welcome. Accessible venue. Gender inclusive washrooms.
Contact: Community Connector at 204-783-5000 ext. 106 or safety@spenceneighbourhood.org.

COMMITTEE MEETINGS

Holistic Housing Committee Meeting

June 4 | 5:30PM | 615 Ellice
Contact: Housing Coordinator at 204-783-5000 ext.105 or housing@spenceneighbourhood.org

Community Connecting Committee Meeting

June 6 | 5:30PM | 615 Ellice
Contact: Community Connector at 204-783-5000 ext.106 or safety@spenceneighbourhood.org

CED Committee Meeting

June 11 | 5:30PM | 365 McGee
Contact: Youth Employment Hub Coordinator at 204-783-5000 ext.115 or firstjobs@spenceneighbourhood.org.

Youth & Families Committee Meeting

June 12 | 7-8:30PM | 430 Langside
Contact: Youth & Families Director at 204-783-5000 ext. 111 or kristen@spenceneighbourhood.org

COMMITTEE MEETINGS CON'T

Environment and Open Spaces (EOS) Committee Meeting

June 18 | 5:30PM | 615 Ellice
Contact: EOS Coordinator at 204-783-5000 ext.102 or greenimage@spenceneighbourhood.org.

Tenants' Committee Meeting

June 18 | 5:30PM | 615 Ellice
Contact Rental Safety Coordinator at 204-783-5000 ext.105 or rentalsafety@spenceneighbourhood.org

Caretakers'/ Landlords' Committee Meeting

June 25 | 4PM | 615 Ellice
Contact Rental Safety Coordinator at 204-783-5000 ext.105 or rentalsafety@spenceneighbourhood.org

MORE WAYS TO ENGAGE WITH YOUR COMMUNITY

SNA Board Meeting

June 25 | 5:30PM | 430 Langside
Contact: SNA's Executive Director at 204-783-5000 ext.103 or jamil@spenceneighbourhood.org

Kitchen Circle

June 25 | 5-7PM | 615 Ellice.
Cook and eat a healthy, affordable recipe together at this free all ages program. No experience necessary. Registration required. Contact: 204-783-5000 ext.102 or greenimage@spenceneighbourhood.org.

Move Me

Wednesdays | 3-4PM | 615 Ellice.
Need to move? Come check out listings, get support, and learn about your rights as a tenant. Contact: Vanessa at 204-783-5000 ext. 107

Our Place Safe Space

Fridays | 5-11PM
OPSS is a "comes as you are" drop-in safer space for those who identify as sex workers, experiential folks, victims/survivors of sexual exploitation and/or human trafficking (all ages, genders, and Nations). Harm reduction services and fun free dinner provided.
Contact: OPSS Outreach at 204-774-7005 ext.104 or safety@dmsmca.ca

Winnipeg Pride Rally & Parade

June 2 | 10 AM | 450 Broadway
SNA staff and the board of directors be in the Winnipeg Pride Parade this year! All are welcome to join us; watch for the SNA banner and jump in
Contact: 204-783-5000 ext.106 or safety@spenceneighbourhood.org

Ellice Street Festival

June 7 | 8-10PM | 586 Ellice | June 8 | 12-4PM | Ellice; Sherbrook to Langside
Live music; kid's play area; Drag Queen Bingo; and, story time with the Wpg Public Library; merchants; resource tables; BBQ; and more!
Contact: 204-783-6918, community@wecc.ca

Self Care and Stress Management

June 12 | 130-330PM | 586 Ellice | Registration required
Participants will learn about mindfulness, self-compassion, the risks & red flags for vicarious trauma (trauma exposure response), & protective factors and strategies. Contact: 204-783-5000 ext.106 or safety@spenceneighbourhood.org

Sākihiwē Festival

June 15 | 11AM-6PM | 586 Ellice
June 16 | 11AM-6PM | 430 Langside
Come out for a free day of live music, kids activities, and BBQ!

Rent Smart Basics

TBA | 615 Ellice Ave
Do you face barriers to renting? Build knowledge, life skills, and confidence to finding rental housing. To register or for more information contact Vanessa 204-783-5000 ext 107

Wahkohtowin Strengthening Families Program

Thursdays | 5-8PM | 365 McGee
WSFP is a 14 week, skills based program that decreases conflict & increases positive communication, focusing on the areas of bonding, boundaries & monitoring. Registration is required! Free program, meal, transport and childminding. Families must have at least one youth between the ages of 11-17. Contact: 204-783-5000 ext. 125 or kai@spenceneighbourhood.org



Children & Youth Programming

Building Belonging
Mondays-Fridays
3:30PM-5:30PM

No Program
June 11

Art City Outreach:
Mondays 4PM-6PM

Youth Program
Mondays-Fridays
6:30PM-9:30PM

West End 24 Hour Safe Space
May 3, 4, 5, 10, 11, 17, 18,
19, 24, 25, 31
11PM-7AM

Social Circus
Drop-In:
Fridays
3:30PM-5:30PM

Kids Gardening
Tuesdays 4:30-5:30PM

Event & Program Locations

@430 Langside
Building Belonging (6-12 years old)
First Jobs For Youth Job Fair
Kids Gardening
SNA Board Meeting
West End 24 Hour Safe Space for Youth (13-26 years old)
Youth Program (Grade 7-12)
Youth & Families Committee

@450 Broadway
Pride Rally & Parade
@350 Spence
Social Circus Drop-In

@615 Ellice
Community Connecting Committee
EOS Committee
Holistic Housing Committee
Kitchen Circle
Tenants' Committee
Caretakers'/ Landlords' Committee

@365 McGee
CED Committee
Wahkohtowin Strengthening Families Program

@Ellice Ave.; Sherbrook to Langside
Ellice Street Festival
Sākihiwē Festival
Wahkohtowin Strengthening Families Program
Self Care and Stress Management

@Central Park & 430 Langside
Sākihiwē Festival
@586 Ellice Ave
Self Care and Stress Management

@625 Portage
55+ Social Club

SPENCE NEIGHBOURHOOD ASSOCIATION (SNA) JUNE 2019

| 204-783-5000 | liaison@spenceneighbourhood.org | www.spenceneighbourhood.org |
| Facebook @spenceneighbourhoodassociation | Twitter @snacommunity | Instagram @snacommunity |

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		<i>Programming, hours, and locations may be subject to change without much notice. SNA is closed evenings, weekends, May Day, and national and provincial holidays.</i>				1
2 SNA @ Pride Parade	3	4 Holistic Housing Committee: 5:30PM	5 Move Me 3-4PM First Jobs 4 Youth Job Fair 7-8PM	6 Community Connecting Com. 5:30-7PM Wahkohtowin 5-8PM EOS Com. 6PM	7 Ellice Street Fest 8PM Our Place Safe Space: 5-11PM	8 Ellice Street Fest 12PM
9	10 55+ Social Club 1-3PM	11 CED Committee: 5:30PM	12 Self Care & Stress Management 1:30-3:30PM Move Me 3-4PM Youth & Families Com.: 7-8:30PM	13 Wahkohtowin 5-8PM	14 Our Place Safe Space: 5-11PM	15 Sākihiwē Festival 11AM-6PM
16 Sākihiwē Festival 11AM-6PM	17	18 EOS Committee: 6PM Tenants' Committee 5:30PM	19 Move Me 3-4PM	20 Wahkohtowin 5-8PM	21 Indigenous Peoples Day: SNA Offices-closed Youth programs at the MERC are on Our Place Safe Space: 5-11PM	22
23	24 55+ Social Club 1-3PM	25 Caretakers Committee 4PM SNA Board Meeting 5:30PM Kitchen Circle 5-7PM	26 Move Me 3-4PM	27 Wahkohtowin 5-8PM	28 Our Place Safe Space: 5-11PM	29