

## SPENCE NEIGHBOURHOOD ASSOCIATION NEWSLETTER

IUNE 2017



















Top Row (left to right): Wahkotowin Beading Workshop participants, WE24 participants (photo: R. Beardy), Futsal. Middle (left to right): WestEnd Spring Clean Up, a Youth Crew catering events, Art City + Building Belonging. Bottom (left to right): Plants with EOS, Wahkotowin Beading Workshop participants, Sunshine House Drag Queens delivering Neechee Tacos to SNA staff, Lavonne participating in United Way Youth Day of Caring (Photo: Sean Ledwich).

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## WHAT DOES HOMELESSNESS MEAN & WHY ARE PEOPLE HOMELESS?

Homelessness is the absence of a place to live. Homelessness may mean people are not paying rent for a place of their own. It may mean that a person or family is couch surfing or staying in a place not normally used as a living or sleeping space. Homelessness may mean that a person or family is staying in a shelter, motel, car, or poorquality housing. It may also mean that a person or family is living in all, none, some, or more of these situations for a short or long period of time.

Why are people homeless? Homelessness is not a choice and anyone can become homeless; in fact, the line between being homeless and not being homeless is fluid. Homelessness is the result of a number of factors adding up, rather than one cause or incident. Factors reflect a complex meshing of:

- Structural factors (such as the lack of adequate income, access to affordable housing and health supports, experiences of discrimination, shifts in economy and politics, etc.)
- 2. Systems failures (such as the difficult transitions from child welfare, inadequate discharge planning for people leaving hospitals, corrections and mental health and addictions facilities and a lack of support for immigrants and refugees, etc.)
- 3. Individual circumstances [traumatic event(s), crisis, violence, living with mental health challenges and/or illnesses, living with addictions, living with chronic physical health challenges and/or illnesses, poverty, etc.).

Terry, our friendly Spence Neighbourhood Homeless Outreach Mentor can help if you are homeless and in need of a place to live. Terry can also help you to get a source of income (such as EIA, disability, pension, etc.) to start. If this is something you would like help with, please contact Terry at 204-783-5000 ext. 108, row@spenceneighbouthood.org, or visit 615 Ellice Ave.

For more and general information on homelessness, please visit: http://homelesshub.ca/

## WE24 IS SEEKING VOLUNTEERS & DONATIONS!

The West End 24 hour Safe Space (WE24) is an overnight safe space for youth in the heart of Winnipeg's West End. WE24 is seeking donations and volunteers to help prepare food, create hygiene kits, wash clothing and blankets, and share their professional skills. WE24 is in need of hygiene and grooming products (such as shampoo, conditioner, lotion, toothbrushes, toothpaste, soap, deodorants, laundry detergent, etc.), new (or gently used) clean clothing, and financial donations. For more information, or to arrange a donation drop-off, please call 204-783-5000 ext 110. Thank you!

WE24 is open June 2, 3, 9, 10, 16, 17, 23, 24, and 30th. WE24 is open everyday of July and August! June 17 is our 1 year anniversary. Event details to be announced!

JUNE, JULY, & AUGUST 2017

#### **SNA COMMITTEE MEETINGS**

Information: 204-783-5000 Ext 109 | www.spenceneighbourhood.org

Community Connecting Committee Meeting: June 7, July 5, & August 2, 2017 | 6-7:30PM SNA Head Office & Adult Programming | 615 Ellice Avenue

Community Economic Development Committee Meeting: June 13, 2017, No July & August Meetings | 5:30PM West End Commons - MPR | 365 McGee Street

Environment & Open Spaces Committee Meeting: June 8, July 13, & August 10, 2017 | 6PM SNA Head Office & Adult Programming | 615 Ellice Avenue

Housing Committee Meeting: June 6, July 4, & August 1, 2017 | 6PM SNA Head Office & Adult Programming | 615 Ellice Avenue

Tenants Committee Meeting:
June 19, No July Meeting, & August 21, 2017 | 6PM
Magnus Eliason Recreation Centre (MERC) - MPR | 430 Langside Street



Youth & Families Committee Meeting:
June 14, July 12, & August 9, 2017 | 7-8:30PM
Magnus Eliason Recreation Centre (MERC) - MPR | 430 Langside Street

#### **Spence Neighbourhood Association (SNA):**

615 Ellice Avenue: Head Office, Community Connecting, Environment & Open Spaces, Finance, Homeless Outreach, Housing, & Rental Safety.

430 Langside Street (Magnus Eliason Recreation Centre - MERC): Building Belonging, Children & Youth Sport, Newcomer Youth Outreach, West End 24 Hour Safe Space, & Youth Drop-In.

365 McGee Street (West End Commons): First Jobs 4 Youth, Wahkohtowin Strengthening Families Program, & Youth Crew.

583 Ellice Avenue (John Howard Society): Gang Action Interagency Network (GAIN)

350 Spence Street (Axworthy Health & RecPlex): Community Sports Program

Phone: 204-783-5000 | Email: liaison@spenceneighbourhood.org | Website: www.spenceneighbourhood.org Facebook: @SpenceNeighbourhoodAssociation | Twitter: @SNAcommunity | Instagram: @SNAcommunity

#### YOUTH PROGRAMMING IS GOING BIG THIS SUMMER!

We'd like to send big love and gratitude to Rachel! Rachel shared many gifts with us during her time at Spence. Not only was she a super skilled cook and baker, Rachel was a skilled listener and communicator. We wish Rachel, and her big heart, all the best in her pursuit of bigger and brighter endeavours. Rachel resigned from her role with SNA's Youth Program mid May 2017.

In June, we will continue Newcomer Youth / Youth Drop-In programming and Girls Night as usual. We are super excited to be offering youth outings to Cirque du Soleil, Winnipeg Pride Parade & Festival, Ellice Street Festival, National Aboriginal Day Celebrations, and Canadian Multiculturalism Day Celebrations. Also! In June, we are starting a monthly Youth Advisory Committee Meeting to reflect on program activities in the past and plan for the future! Our first meeting is on June 22. Please join us!

SNA's Newcomer Youth / Youth Drop-In Program is gearing up for the summer! In July and August, we are planning on a variety of fun activities. Fun includes, but is not limited to: weekly basketball tournaments (with prizes), park adventures, laser tag, beach days, waterslides, go-carting, the zoo, and attending the Canada Summer Games!

We welcome and invite Spence Neighbourhood youth (12-18 years old) to register for our FREE Newcomer Youth / Youth Drop-In Program. Program takes place at Magnus Eliason Recreation Centre (MERC) located at 430 Langside Street. A full and healthy meal is served nightly. We provide a safe ride home or bus tickets at the end of every program night.

Interested in joining us? Have questions? Please contact Katie, SNA Newcomer Youth Outreach Coordinator, at 204-783-5000 ext 113 or newcomer@spenceneighbourhood.org.

If you registered with Youth Program in the fall (2016), you do not need to fill out another registration form until the end of August 2017. New participants will need to complete and return Newcomer Youth / Youth Drop-In Program Registration Forms to take part in program and for all outings. It is essential that we have updated contact info for our youth participants, their families, and caregivers as we prioritize communication and safety.

#### WAHKOHTOWIN IS IN ITS 3RD SESSION!

Since last September, we have gathered as families in the community to dive into family bonding workshops, practise skills together, and engage in fun and meaningful outings and cultural events. The program is designed for families who want to improve communication, decrease conflict, connect with culture and strengthen family bonds. Many families who have graduated from Wahkohtowin SFP have expressed that having the opportunity to learn as a family and engage with culture together has created meaningful bonding opportunities and great memories. Each session of program is fourteen weeks long and involves weekly dinners, sharing circles, and workshops for the whole family. Every session, the families enrolled have access to an Elder in the community and are asked what they would like to do as a cultural event together. This is an important value in the program, and it has been fantastic to see what each group designs for a cultural event. Participants of the winter session (2016-2017) decided to have an evening of medicine pouch making and teachings about sacred medicines. The event was hosted at Neechi Commons and families enjoyed their amazing bannock pizza and wild rice pudding while learning about medicines and creating pouches from start to finish.

Families, with youth ages 11-17, who would like to participate in Wahkohtowin, are encouraged to get in touch with the program by calling 204-798-1661, or reading a bit more on our website www.spenceneighbourhood.org/wahkohtowinstrengthening-families-.



## 2017 Exterior Fix Up Incentives

HOMEOWNERS AND RENTALS

#### Homeowner Incentives

- ✓ Curb appeal incentive \$800 (plus a 5% owner contribution)
- ✓ Small Incentive- \$1,000 (with owner contribution of \$200, for a project minimum of \$1,200)
- ✓ Medium Incentive- \$1,500 (with owner contribution of \$300, for a project minimum of \$1,800)
- ✓ Big Project Incentive-income based - \$2,500 (with owner contribution of \$2,500, for a project minimum of \$5,000)



#### Rental Property Owners

Matching Standard Incentive \$1500 (owner matches \$1500, for a project minimum of \$3,000)

✓ Big Project Incentive

\$2500 (owner matches \$2500, for a project minimum of \$5,000)

#### Important dates

Fix Up Incentives Workshop

#### **Rental Property Owners**

Thursday, June 1st 5:30 pm 615 Ellice Ave.

#### Homeowners

Thursday, June 1st 6:30 pm 615 Ellice Ave

Application due (Tuesday, June 20th 4 pm)

with all required documents

Applications online:

www.spenceneighbourhood.org
and 615 Ellice Avenue

#### STAYING GREEN THIS SUMMER WITH EOS

#### West End Clean Up

Descending on the neighbourhood like hungry vultures, over 120 volunteers scoured the streets for trash during our annual West End Spring Clean Up on May 6th. In a matter of hours, these dedicated community members cleared 30 city blocks of litter, filling an enormous dumpster. So full in fact, that we had to remove some of the garbage bags before the truck could take the dumpster away. THANK YOU FOR BEAUTIFYING OUR NEIGHBOURHOOD! The event would not have been a success without the support of our sponsors and donors: ChangeWealth, Johnson Waste Management, West End Biz, Cindy Gilrov, Take Pride Winnipeg, Gentleman's Choir, Orioles Bike Cage, SNA Youth Crew, Daniel McIntyre/St Matthews Community Association, Feast Cafe & Bistro, Jeanne's Bakery, John's: The Hair Designers, President's Choice, Sorrento's, Subway, The Strong Badger Coffeehouse, and Prairie Stained Glass.

#### Workshops

Stay tuned for upcoming free green workshop series including Reel Mower Sharpening and Maintenance, Backyard Composting, and Container Gardening.

#### **Plant Sale**

You may have noticed vegetable seedlings growing in the window of our office at 615 Ellice. These will be available for free to our community gardeners and for sale to the public at the Ellice Street Festival on June 10th.

#### Space to Garden

If you are keen to grow your own vegetables this year, but missed our deadline for garden applications, we still have plots available at Jacob Penner Park located at the corner of Notre Dame Ave and Victor Street.

Please contact Natalie, our Environment and Open Spaces Coordinator, at greenimage@spenceneighbourhood.org or 204-783-5000 ext 102 for all your SNA Environment and Open Space (EOS) needs.

#### COMMUNITY WALKABOUTS START AGAIN

Community Walkabouts are safety audits in the Spence neighbourhood. We carry out eight audits, one per Area, between May and September. What we do: We walk the back lanes of a specific area and identify the following concerns: graffiti, yard maintenance concerns, bulky waste, arson risks, back lane maintenance, discarded needles, and more. How we do it: We meet at 615 Ellice, staff distribute maps, forms, pens, and tools. Staff than assign tasks to participants and we walk to the identified area and start the audit. Why it matters? We are making our community safer! Why participate? We learn about identifying and reporting safety concerns, connect with SNA's safety coordinator (who can help you with future safety issues), have access to safety resources, meet new people, and create a connections with others who care about the safety of all in Spence. As a thank you for helping making the community safer, Community Walkabout participants receive a \$5 gift card from Strong Badger Coffeehouse upon completion of the audit.

For more information and/or to stay connected, contact Mareike and Kailey at 204-783-5000 ext. 106, safety@spenceneighbourhood.org, or stop by at 615 Ellice Tuesday to Thursday.

### MEDIA AWARENESS WORKSHOP!

Please join us for a Media Awareness Workshop. 6-8PM on Wednesday June 14, 2017 in the Thelma Wynne Room at West End Commons (365 McGee). This is a great workshop for parents and/or caregivers and youth! Participants will learn about internet safety. The workshop may not be appropriate for children under 10. For information or to register, please contact Laura Kathler, Wahkohtowin Strengthening Families Program Mentor, at laura@spenceneighbourhood.org.

#### WONDROUS WORLDS & CURIOUS CREATURES

Wow! The year has zipped by and the school year is almost over! We are very proud of our grade 6 Building Belonging (BB) participants moving into middle school in September! We applaud your hard work and are excited for your new schooling adventures. Congratulations goes out to our Red River Community College Youth Recreation Worker Program Practicum Students (Destinie, Melissa, and Thomas) on your graduation! Your heart-felt work with our participants has been invaluable. We wish you the best of luck in your future endeavours.

Art City's weekly outreach programming will be ending with the school year. We've had a great time making wondrous worlds and curious creatures with Art City and can't wait to work with them again in the fall. Check out our Art City contributions at the annual Art City Parade on June 24! Most recently, we've started an exciting new partnership with Food Matters Manitoba – weekly cooking classes! This partnership will connect us with the diverse food programming Food Matters has to offer across the city.

Building Belonging will take a short break from July 3-7 for planning, training, and summer program registration. Our summer programming will run Monday to Friday from 12-4:30PM starting on July 10. Pickup from home will be between 11:00AM to 12:00PM and walk/drive home will be from 4 to 5:00PM. Thanks to the Winnipeg Foundation's Camp and Summer Program Grant, BB is planning awesome summer outings and community engagement activities where our participants will learn, grow, and make new friends all summer long.

Interested in BB or want more information? Please connect with us! Makaria & Allison, BB Coordinators, 204-783-5000 Ext: 112 or bb@spenceneighbourhood.org

Thank you Art City Outreach staff, volunteers, and guest artists; Food Matters Manitoba; The Winnipeg Foundation Camp and Summer Program Grant; and Destinie Morin.

## FJ4Y IS SEEKING APPLICANTS!

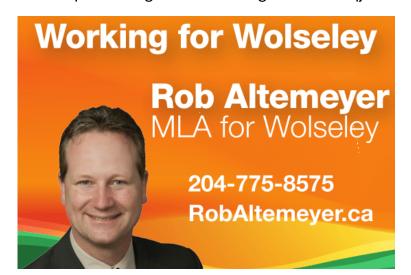
First Jobs 4 Youth (FJ4Y) is a part-time paid summer and fall work experience and employment training program for Spence Neighbourhood youth (16-18 years old) with little to no work experience. FJ4Y provides preemployment support, work experience, and training. Through this program of summer training and placements, FJ4Y helps youth to get a head start on their journey from the high school to the work world. FJ4Y offers paid summer positions and employment training, including (but not limited to) Emergency First Aid Certification, Workplace Hazardous Materials Information System awareness, Rights of the Young Worker, and career exploration through tours of various post-secondary institutions. Parttime FJ4Y work placements begin in the fall. Youth team up with local organizations to explore work they are interested in. FY4J is dedicated to assisting FJ4Y youth apply for the Recreation Technician positions offered by the City of Winnipeg at the end of each programming term. Need a second set of eyes to look at that draft cover letter or resume? Don't have a resume? Want to apply to FJ4Y? FJ4Y can help. Please connect with Aaron, First Jobs 4 Youth Program Coordinator, at 204-783-5000 extension 116,

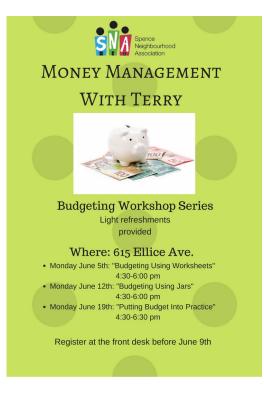
firstjobs@spenceneighbourhood.org, or via West End Commons - Neighbourhood Resource Centre (365 McGee St.) in Room 104.

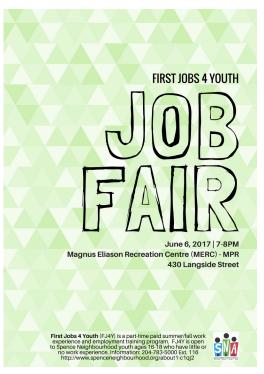
We are excited to meet interested youth at our annual Job Fair on June 6, 2017! 7-8 PM.

Magnus Eliason Recreation Centre (MERC) – 430 Langside St. FJ4Y applications are available on our website:

www.spenceneighbourhood.org/about1-c1qj2









#### **UPCOMING EVENTS!**



JUNE 13 | 5-7 PM 2nd floor, 430 Langside (MERC)



Info and Registration: 204-783-5000 ext. 106









# JUNE 2017

Spence Neighbourhood Association (SNA)
204-783-5000 | www.spenceneighbourhood.org
@SpenceNeighbourhoodAssociation | @SNAcommunity

Saturday SBDM: Spence Neighbourhood Association Board Meeting - 430 Langside TBA: To be determined; information to come at a later date TC: Tenants Committee - 430 Langside WE24: West End 24 Hour Youth Safe Space (13-24 years old) - 430 Langside WSFP: Wahkchtowin Strengthening Families Program - 385 McGee YDI: City of Winnipeg Youth Drop In (13-18 years old) - 430 Langside YP: Youth & Families Committee - 430 Langside YP: Youth & Families Committee - 430 Langside YP: Youth & Families Committee - 430 Langside	JUNE 2 JUNE 3	YP: 10:30AM-2PM  @ Winnipeg Pride Festival FP: 10AM-4PM YDI: 4-9:30PM WE24: 11PM-7AM	9 YP: 6:30-9PM @ Ellice St. Festival FP: 10AM-4PM YDI: 4-9:30PM WE24: 11PM-7AM WE24: 11PM-7AM Ellice Street Festival: 12-4PM SPM	FP: 10AM-4PM YDI: 4-9:30PM WE24: 11PM-7AM WE24: 1 Year Anniversary!	23 FP: 10AM-4PM YDI: 4-9:30PM WE24: 11PM-7AM	30 JULY 1 WE24 IS OPEN EVERYDAY IN JULY AND AUGUST! SNA & MERC WILL BE CLOSED ON JULY 3
Friday  SBDM: Spence Neighbourhoo  TBA: To be de  TBA: To be de de  WSFP: Wahkohtowin SI  YDI: City of Winnipeg Yo  YRF:  June 2017 SNA Calendar		BB: 3:30-6PM YP: 6:30-9PM OP: 4PM GN: 6:30-8PM WE24: 11PM-7AM	BB:No Program YP: 6:30-9PM @ Ellice St. Festival OP: 4PM GN: 6:30-8PM WE24: 11PM-7AM Ellice Street Festival: 8PM	15 BB: 3:30-6PM YP: 6:30-9PM OP: 4PM GN: 6:30-8PM WE24: 11PM-7AM	22 BB: 3:30-6PM YP: 6:30-9PM OP: 4PM GN: 6:30-8PM WE24: 11PM-7AM	BB: No Program YP: 6:30-9PM OP: 4PM GN: 6:30-8PM WE24: 11PM-7AM Last Day of School
Thursday UR COLOR OF	JUNE 1	YP: 6:30-9PM @ Cirque du Soleil Rental Exterior Workshop: 5:30PM @ 615 Ellice Homeowner Exterior Workshop: 6:30PM @ 615 Ellice	BB: 3:30-6PW YP: 6:30-9PM WSFP: 5PM EOSC: 6PM	<b>BB</b> : 3:30-6PM <b>YP</b> : 6:30-9PM <b>WSFP</b> : 5PM	<b>BB</b> : 3:30-6PW <b>YP</b> : 6:30-9PM	29 <b>BB:</b> 3:30-6PM <b>YP:</b> 6:30-9PM
Wednesday  Wednesday  For Action of the Control of	MAY 31	BB: 3:30-6PM YP: 6:30-9PM SBDM: 5PM	<b>вв:</b> 3:30-6РМ <b>ҮР:</b> 6:30-9РМ <b>ССС</b> : 6РМ	14  BB: 3:30-6PM FP: 3:30-6PM YP: 6:30-9PM Y&FC: 7PM West End Mural Tour: 10:30AM @ Sargent & Maryland	21  BB: 3:30-6PM YP: 6:30-9PM KC: 5-7PM  National Aboriginal Day	28 <b>BB</b> : 3:30-6PM <b>YP</b> : 6:30-9PM
23 Ellice	MAY 30	<b>BB</b> : 3:30-6PM <b>YP</b> : 6:30-9PM	6 <b>BB</b> : 3:30-6PM <b>YP</b> : 6:30-9PM <b>HC</b> : 6PM	BB: 3:30-6PM YP: No Program YDI: 6:30-9PM CEDC: 5:30PM HIV & STBBIS Workshop: 5-7PM @ 430 Langside	20 <b>BB:</b> 3:30-6PM <b>YP:</b> 6:30-9PM	27 BB: 3:30-6PM YP: 6:30-9PM
Sunday  BB: Building Belonging (6-12 years old) - 430 Langside  CCC: Community Connecting Committee - 615 Ellice  CCBC: Community Economic Development Committee - 365 McGee  EOSC: Environment and Open Space Committee - 615 Ellice  FP: City of Winnipeg Free Play (6-12 years old) - 430 Langside  GN: YP Girls' Night - RecPlex MPR - 350 Spence Street  HC: Housing Committee - 615 Ellice  MC: Kitchen Circle - 615 Ellice  OP: Our Place Safe Space (55x Workers & Sexually Exploited folks) - 823 Ellice	MAY 29	<b>BB</b> : 3:30-6PM <b>YP</b> : 6:30-9PM <b>Art with Gerry</b> : 5-7 pm @ 615 Ellice	5 <b>BB:</b> 3:30-6PM <b>YP:</b> 6:30-9PM	12 <b>BB:</b> 3:30-6PM <b>YP:</b> 6:30-9PM	19 BB: 3:30-6PM YP: 6:30-9PM TC: 6PM	26 <b>BB:</b> 3:30-6PM <b>YP:</b> 6:30-9PM <b>Art with Gerry:</b> 5-7 pm @ 615 Ellice
Sunday  BB: Building Belonging (6-12 years old) - 430 Langside  CCC: Community Connecting Committee - 615 Ellice  CEDC: Community Economic Development Committee - 365 McGee  EOSC: Environment and Open Space Committee - 615 Ellice  FP: City of Winnipeg Free Play (6-12 years old) - 430 Langside  GN: YP Girls' Night - RecPlex MPR - 350 Spence Street  HC: Housing Committee - 615 Ellice  KC: Kitchen Circle - 615 Ellice  KC: Kitchen Circle - 615 Ellice  OP: Our Place Safe Space (Sex Workers & Sexually Exploited folks)	MAY 28	<b>FP:</b> 10AM-4PM <b>YDI:</b> 4-9:30PM	4 <b>FP:</b> 10AM-4PM <b>YDI:</b> 4-9:30PM	11 <b>FP:</b> 10AM-4PM <b>YDI:</b> 4-9:30PM	18 <b>FP:</b> 10AM-4PM <b>YDI:</b> 4-9:30PM	25  FP: 10AM-4PM YDI: 4-9:30PM