



SPENCE NEIGHBOURHOOD ASSOCIATION NEWSLETTER

JULY 2019



RENTAL SAFETY: MOVING

Summer is here, the warmth is upon us, and growth is all around. The warmer weather brings the ideal time for people to move. Moving is a stressful situation, so let's unpack some useful tips and information to make your next move a success.

As a tenant or landlord it is a good idea to read your rights and responsibilities. The governing body who provides information, education, mediation and more is the Residential Tenancies Branch (RTB):

www.manitoba.ca/rtb 204-945-2476 or at 302-254 Edmonton St.

If you're thinking about moving it's important to get organized. Consider how much you can pay each month. Making a budget is useful for determining your expenses (money you pay out) to see what you can afford. Once you know what you can pay, you can start looking for a place. While looking, make a list of the rental units available including the address, contact person and phone number, when you are going to view them, and any important information about the place. This will help you stay organized.

There are many options for finding available places; you can walk through neighbourhoods looking for rent signs; search websites like Winnipeg Rental Network; find postings on social media including Facebook and Kijiji; and flip through the Renters Guide.

When looking for a place you want to have prepared questions to ask. You can find examples on the RTB website. Some important questions are; How much is rent?, What does the rent include? (cable, utilities, laundry), What kind of heat is there and who pays the heating bill? Would you be renting month to month or for a fixed term?.

Once you've found a place you like, you will need to fill out an application and give a security deposit. Always make sure to get a receipt for any money paid. If you or the owner does not have a receipt - use a piece of paper to make one, and keep all receipts. Once approved you must do a walk through of your new place with the caretaker or landlord before you can get the keys. During this process you and the caretaker/landlord will fill out a condition report, a document that protects the tenant and the landlord. If your landlord/caretaker does not have one you can print one off from the RTB website or contact Rental Safety. Take time to check the condition of the unit, including all taps for hot and cold water or leaks, ensure appliances work, and note any repairs needed on the condition report. Confirm in writing when the repairs will be done. Always make sure you get a copy of your condition report and that it is signed and dated by both tenant and landlord. A condition report is also done when a tenant moves out. When leaving a unit you will walk through and note any damages that happened. Mark any changes to the unit on both copies of the condition report. This will be used to determine the refund of a security deposit.

If you are moving out and have questions about damages to the unit call the RTB or Rental Safety.

The Rental Safety program offers many supports to tenants and landlords. When it comes to moving we have a weekly drop in info session every Wednesday, except for July - starting up again in August, called Move Me from 3pm-4pm at 615 Ellice Ave. Call 204-783-5000 ext 107 for more information on supports. See Page 2 for more rental contacts and resources.

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COMMITTEE MEETINGS THIS MONTH

HOLISTIC HOUSING: JULY 2
YOUTH & FAMILIES: JULY 10
EOS: JULY 11
SNA BOARD: JULY 23

BUILDING BELONGING UPDATE



RENTAL CONTACTS

The summer fun never stops for kids in Building Belonging! Our free Summer Program for ages 6-12 at the Magnus Eliason Recreation Centre, (MERC, 430 Langside St.), runs Monday to Friday, 12pm-4pm, starting July 8 until August 23.

Kids receive a healthy lunch and afternoon snack, with structured activities daily, and pickup from home and drive home within the neighbourhood available. Water plants in our kids garden, try new moves in gymnastics or whip up something delicious in a Food Matters Manitoba cooking class. Explore your community and make new friends with outings to local museums, amusement parks, and water slides.

Get your summer registration form at the MERC front office!

Contact our Building Belonging coordinators Allison or Johnathan at 204-783-5000 or buildingbelonging@spenceneighbourhood.org

YOUTH BOXING



Youth boxing was such a success this spring that we decided to continue into the summer! This drop-in program for youth in Grades 7 - 12 teaches basic boxing skills through drills & exercises. Snacks and all equipment provided. Day of the week and time TBA. Keep an eye on our website and social media pages for updates.

Spence Neighbourhood Association (SNA):
615 Ellice Avenue (Head Office):
Community Connecting, Environment & Open Spaces, Finance, Homeless Outreach, Housing, & Rental Safety.
430 Langside Street (Magnus Eliason Recreation Centre - MERC):
Building Belonging, Children, Newcomer Youth Outreach, West End 24 Hour Safe Space, & Youth Drop-In.
365 McGee Street (West End Commons):
First Jobs 4 Youth, Wahkohtowin Strengthening Families Program, Homework Club, & Youth Crew.

Rental Housing Improvement Program:
housingprograms@gov.mb.ca
Minimum Home Repair program:
311@winnipeg.ca
Manitoba Hydro: www.hydro.mb.ca,
Rent Assist: www.gov.mb.ca/fs/eia/rent_assist.html
Winnipeg Rental Network: winnipegrentnet.ca
Spence Neighbourhood Association:
housing@spenceneighbourhood.org
Residential Tenancies
Branch: www.manitoba.ca/rtb 204-945-2476 or at 302-254 Edmonton St.

You can contact Vanessa at the Rental Safety program to help assist you with resources and applications: 204-783-5000-ext 107 or rentalsafety@spenceneighbourhood.org

SUMMER WE24 HOURS

From June 28th to September 3rd WE24 will be open 7 night a week.

You can contact us through Facebook or 204-333-9681 for any questions, support, or just to say hi!

WE24 will be open:

- Sunday
- Monday
- Tuesday
- Wednesday
- Thursday
- Friday
- Saturday

11:00pm-7:00am
430 Langside St.



365 McGee Street (West End Commons):
First Jobs 4 Youth, Wahkohtowin Strengthening Families Program, Homework Club, & Youth Crew.231 Isabel Street (Central Neighbourhoods):
Gang Action Interagency Network (GAIN)
350 Spence Street (Axworthy Health & RecPlex):
Community Sports Program
Phone: 204-783-5000 | Email: liaison@spenceneighbourhood.org | Website: www.spenceneighbourhood.org

SNA'S JULY '19 PROGRAM/EVENT LISTING

CHILDREN & YOUTH PROGRAMS

Drop In - Building Belonging (BB)

July 2 - 5 | 10AM-4PM | 430 Langside

Structured programming for kids ages 6-12 with lunch and snacks provided. Pick up and drive home available within the Spence neighbourhood. Registration forms available at MERC. Contact: BB Coordinators at 204-783-5000 ext.112.

SNA Building Belonging Summer Program

July 8 - August 23 | Monday-Friday | 12-4:30PM | 430 Langside

Structured programming for kids ages 6-12 with lunch and snacks provided and pick up from home (11am-12pm) and drive home (4:00-5:00pm) available within the Spence neighbourhood. Summer Registration forms available at MERC. Contact: Allison and Johnathan, SNA Building Belonging Coordinators 204-783-5000.

Youth Program

Monday-Friday | 6:30-9:30PM | 430 Langside

Programming & outings for youth grades 7-12. Meal provided and drive home available within the Spence neighbourhood, or bus tickets provided. Registration forms available at MERC. Contact: Newcomer Youth and Outreach Worker 204-783-5000 ext.113 or newcomer@spenceneighbourhood.org

Youth Cooking Classes

Mondays | 7PM-8PM | 430 Langside

SNA and Food Matters have teamed up to bring cooking classes for youth in grades 7 - 12 to the MERC. Contact: Newcomer Youth and Outreach Worker 204-783-5000 ext.113 or newcomer@spenceneighbourhood.org

Youth Program

Monday-Friday | 6:30-9:30PM | 430 Langside

Programming & outings for youth grades 7-12. Meal provided and drive home available within the Spence neighbourhood, or bus tickets provided. Registration forms available at MERC. Contact: Newcomer Youth and Outreach Worker 204-783-5000 ext.113 or newcomer@spenceneighbourhood.org

WE24 Overnight Safe Space

Fridays, Saturdays, Holidays | 11PM-7AM | 430 Langside

An overnight space for youth ages 13-26 to rest and relax and access food, resources, and basic needs in a supportive, kind, and warm environment. Contact: WE24 Manager 204-783-5000 ext.110 or david@spenceneighbourhood.org

Kids Gardening Program

Day TBA | 430 Langside

An opportunity for children age 6-12 to learn about gardens, from bugs to berries! Kids will plant seeds & eat food they've grown at the end of the season. Contact: EOS Coordinator at 204-783-5000 ext.102 or greenimage@spenceneighbourhood.org.

55+ PROGRAMS & EVENTS

55+ Social Club

July 8, 22 | 1-3PM | 625 Portage

Adults 55+, elders, and seniors, join us for a free coffee (or tea) and participate in light conversations and stress-free activities. Support workers welcome. Accessible venue. Gender inclusive washrooms. We do not meet on national and provincial holidays. Contact: Community Connector at 204-783-5000 ext. 106 or safety@spenceneighbourhood.org.

COMMITTEE MEETINGS

Holistic Housing Committee Meeting

July 2 | 5:30PM | 615 Ellice

Contact: Housing Coordinator at 204-783-5000 ext.105 or housing@spenceneighbourhood.org

Youth & Families Committee Meeting

July 10 | 7-8:30PM | 430 Langside

Contact: Youth & Families Director at 204-783-5000 ext. 111 or kristen@spenceneighbourhood.org

Environment and Open Spaces Committee Meeting

July 11 | 6-7PM | 615 Ellice

Contact: EOS Coordinator at 204-783-5000 ext. 102 or greenimage@spenceneighbourhood.org

MORE WAYS TO ENGAGE WITH YOUR COMMUNITY

Rent Smart Basics

July 22 | 4-7PM | 615 Ellice

Do you face barriers to renting? Build knowledge, life skills and confidence to finding rental housing. To register or for more information call 204-783-5000 ext 107

Kitchen Circle

July 22 | 5-7PM | 615 Ellice

Cook and eat a healthy, affordable recipe together at this free all ages program. No experience necessary. Registration required. Contact: 204-783-5000 ext.102 or greenimage@spenceneighbourhood.org.

SNA Board Meeting

July 30 | 5:30PM | 430 Langside

Contact: SNA's Executive Director at 204-783-5000 ext.103 or jamil@spenceneighbourhood.org

Our Place Safe Space

Fridays | 5-11PM

OPSS is a "comes as you are" drop-in safer space for those who identify as sex workers, experiential folks, victims/survivors of sexual exploitation and/or human trafficking (all ages, genders, and Nations). Harm reduction services and fun free dinner provided. Contact: OPSS Outreach at 204-774-7005 ext.104 or safety@dmsmca.ca

Wahkohtowin Strengthening Families Program

Thursdays | 5-8PM | 365 McGee

WSFP is a 14 week, skills based program that decreases conflict & increases positive communication, focusing on the areas of bonding, boundaries & monitoring. Registration is required! Free program, meal, transport and childminding. Families must have at least one youth between the ages of 11-17. Contact: 204-783-5000 ext. 125 or kai@spenceneighbourhood.org





SPENCE NEIGHBOURHOOD ASSOCIATION (SNA)

JULY 2019

| 204-783-5000 | liaison@spenceneighbourhood.org | www.spenceneighbourhood.org |
 | Facebook @spenceneighbourhoodassociation | Twitter @snacommunity | Instagram @snacommunity |

Children & Youth Programming

Building Belonging (BB)

Mondays-Fridays
12:00PM-4:00PM

Drop-In Only:
July 2-5: 10AM-4PM

No Program (SNA Closed)
July 1

Youth Program

Mondays-Fridays
6:30PM-9:30PM

No Program (SNA Closed)
July 1

Youth Cooking Class

Mondays
7PM-8PM

West End 24 Hour Safe Space

Open Every Day
June 28th-Sept 3
11PM-7AM

Event & Program Locations

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 Canada Day MERC Closed	2 Holistic Housing Committee: 5:30PM	3	4	5 Our Place Safe Space: 5-11PM	6
7	8 55+ Social Club 1-3PM Youth Cooking 7PM-8PM	9	10 Youth & Families Committee: 7-8:30PM	11 Wahkohtowin 5-8PM EOS Committee: 6PM	12 Our Place Safe Space: 5-11PM	13
14	15 Cooking Class 7PM-8PM	16	17	18 Wahkohtowin 5-8PM	19 Our Place Safe Space:5-11PM	20
21	22 55+ Social Club 1-3PM Rent Smart Basics 4-7PM Kitchen Circle 5PM Youth Cooking 7PM-8PM	23 SNA Board Meeting 5:30PM	24	25 Wahkohtowin 5-8PM	26 Our Place Safe Space: 5-11PM	27
28	29	30	31	<i>Programming, hours, and locations may be subject to change without much notice. SNA is closed evenings, weekends, Indigenous Peoples Day, May Day, and national and provincial holidays.</i>		

@430 Langside St.

Building Belonging (6-12 years old)
SNA Board Meeting
West End 24 Hour Safe Space for Youth (13-26 years old)
Youth Program (Grade 7-12)
Youth Cooking (Grade 7-12)
Youth & Families Committee

@615 Elice Ave.

EOS Committee
Holistic Housing Committee
Kitchen Circle

@365 McGee St.

Wahkohtowin Strengthening
Families Program

@625 Portage Ave.

55+ Social Club