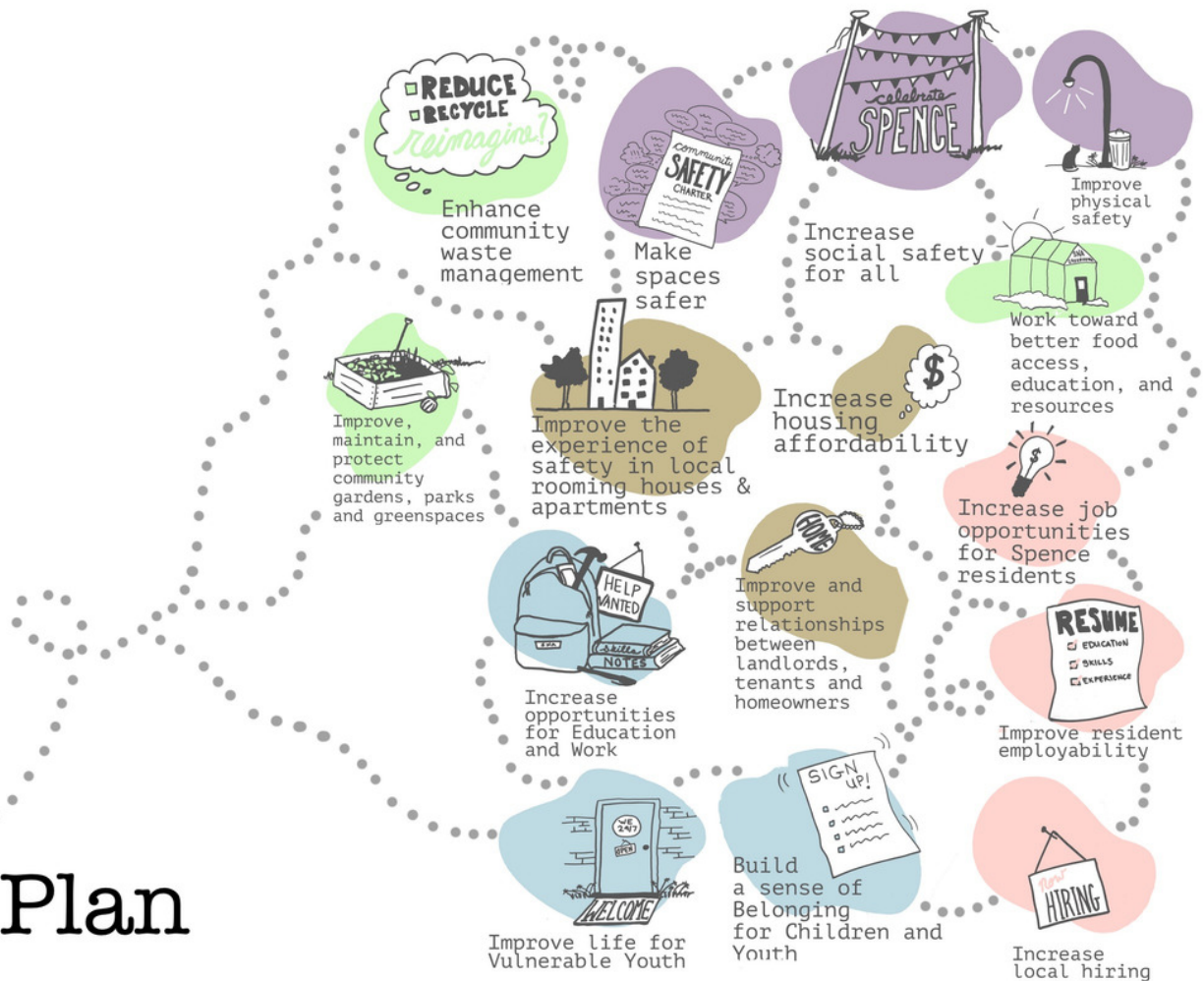




# SPENCE NEIGHBOURHOOD ASSOCIATION NEWSLETTER

JANUARY/FEBRUARY 2017

## SNA's 5 Year Plan



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### COMMITTEE MEETING DATES:

Youth & Families: February 8  
Environment & Open Spaces: February 9  
Tenants Committee: February 21  
The Community Connecting, Community Economic Development & Housing Committees will not be meeting in February

# WE CARE ABOUT YOU

At SNA, we care about our newcomer, immigrant, and refugee community members. We care about our Indigenous community members and our community members of colour. We care about and believe survivors. We care about our senior community members and our community members with disabilities. We care about our community members who are sex workers. We care about our community members who are women and girls and our LGBT2SQ+ community members. We care about our community members whose identities and experiences intersect and are nuanced.

We encourage you to share similar sentiments throughout our community and invite you to attend future community events and initiatives so we can know one another better.

## SNA 5 YEAR PLAN

Every five (5) years, the Spence Neighbourhood Association undergoes a process of re-evaluating our work and the overall vision of community development in the Spence neighbourhood. We do so by consulting community members and stakeholders about their ideas and hopes for a better Spence neighbourhood. After consulting, we embark on compiling a comprehensive plan which informs the next five (5) years of our work.

The illustration on the cover was created by Jillian Ramsay and represents Our Community 5 Year Plan for 2016-2021.

Hard copies of our plan may be found at our Head Office (615 Ellice Avenue) and electronic copies may be found on our website - [www.spenceneighbourhood.org](http://www.spenceneighbourhood.org).

SNA would like to thank you, our community members, and Kate Sjoberg, Jillian Ramsay, and Anna Weier for all their hard work on this project.



### Spence Neighbourhood Association (SNA):

Head Office & Adult Programming: 615 Ellice Avenue

Gang Action Interagency Network (GAIN) Office: John Howard Society - 583 Ellice Avenue

Youth Employment & Wakhotawin Strengthening Families Program Offices: WestEnd Commons - 641 St. Matthew's

Youth Programming & West End 24 Hour Safe Space: Magnus Eliason Recreation Centre (MERC) - 430 Langside Street

Community Sports Program: Axworthy Health & RecPlex - 350 Spence Street

Phone: 204-783-5000 | Email: [liaison@spenceneighbourhood.org](mailto:liaison@spenceneighbourhood.org) | Website: [www.spenceneighbourhood.org](http://www.spenceneighbourhood.org)

Facebook: @SpenceNeighbourhoodAssociation | Twitter: @SNAcommunity | Instagram: @SNAcommunity

# HAPPY NEW YEARS FROM THE WAHKOHTOWIN TEAM!

We are so excited to start a fresh year together in Spence. Our team ended December with a celebration to honour all of the families who graduated from the first session of the Wahkohtowin Strengthening Families Program. The graduates spent fourteen weeks diving into some important topics in group discussions and sharing circles, connecting with other youth and adults and practising skills to live well together. We loved to see and hear all the good things that came from the hard work of each family member these last few months. Way to go, families!

Wahkohtowin Strengthening Families is a fun and culturally safe skill-building program for the whole family. Each session runs for fourteen weeks and engages youth, their caregivers, and siblings in workshops that strengthen family bonds and provide tools for communication, problem solving, stress management and conflict resolution. Some great things about the program include:

- + Each week starting off with a community feast catered by SNA's very own Youth Crew

- + Break out groups catered to the interests of youth and adults

- + Community building circles

- + A cultural event each session

- + Visits from a community Elder

- + A graduation event, each participant receives a certificate for completing the program!

- + Childminding and transportation to program.

We are in the midst of our first session of 2017, which runs from January 19 until April 20. Our next session will begin at the beginning of May. Any youth between the ages of 11 and 17, and the parent(s) or caregiver(s) in their life are encouraged to apply! The program is completely free.

To register: Please visit one of our offices (365 McGee St., 615 Ellice Ave. or 430 Langside St.) and fill out an application form OR fill one out online via our website: [www.spenceneighbourhood.org/wahkohtowin-strengthening-families](http://www.spenceneighbourhood.org/wahkohtowin-strengthening-families). Please call Kristen, our Coordinator, at 204-798-1661 for more information.





# FROM OVER-GROWN AND INTRUSIVE TO WARM AND WELCOMING: TREE PRUNING

Guest Article by Susan Witherly, SNA community member and volunteer

Environment and Open Spaces recently hosted a pruning workshop at Sheba's Paradise community garden. Arborists Chris Barkman (The Barkman) and Tommy Allen from Urban Eatin Landscapes went over all the fundamentals of tree pruning. Chris and Tommy shared advice on when to prune fruit trees, how to make good 'cuts', and why you need to consider the tree's age, function, and location when deciding where and how much to prune.

Pruning keeps fruit trees healthy, and help them produce more fruit. During the growing season things like disease and insects that could cause damage a tree are more abundant so pruning is best done outside the summer months. Each cut made into a tree is like a wound, so too big of cuts, or too many cuts can be detrimental to flow of nutrients and energy within a tree. A good rule of thumb is to avoid pruning branches that are more than one third the size of its connecting branch. Sometimes this may be unavoidable, but good planning will help avoid big cuts. A large branch could be cut in two sections over two seasons to minimize damage. Cutting tools should be cleaned with a disinfectant (e.g. hydrogen peroxide, rubbing alcohol, vinegar) to prevent transfer of any diseases between cuttings. To avoid tearing bark and for saver pruning, the three-cut technique is recommended. First a cut is made from under a branch part way through, then another cut in front of the first cut. This leaves you with a stump near the base to finish with a third cut.

Workshop attendees sipped warm tea and had enjoyed some snacks while Chris went to work on the garden's apple tree. He cleared branches that were over-taking the walkway, and the garden sign. Many of the lower branches were pruned which opened up the base of the tree where flowers, or other plants can be grown. The apple tree was transformed from being over-grown and intrusive to warm and welcoming.

If you have any questions about SNA's Environment and Open Spaces or need to borrow any pruning equipment, please call David at 204-783-5000 ext. 102. Need help with yard work? SNA's Youth Crew can help! Call Leslie at 204-786-5000 ext. 115 for more information.





# COMMUNITY SAFETY CHARTER



## *History of the Charter*

From winter of 2015 to fall of 2016, community members of Spence neighbourhood gathered at several agencies and locations including West Central Women's Resource Centre, West End Commons/ St. Matthews Maryland Community Ministry, Pregnancy and Family Support Services, and the Magnus Eliason Recreation Centre/ Spence Neighbourhood Association to engage in community consultations on safety.

Members of the community shared their experiences with safety, their feedback on safety services, their definitions of what safety and safe communities look like to them, and their dreams for safety and well-being in Spence.

From the information that was gathered, with feedback from community members of the SNA Community Connecting Committee, the values of the Community Safety Charter were formed. The Charter will act as a statement of what the community stands for, a way for community members to individually and collectively commit to ensuring a safe neighbourhood for all, and a tool to inform the goals of the five year Community Connecting plan at Spence Neighbourhood Association.

A group of residents has led the planning process for the Charter in the form of a Community Safety Charter Advisory Committee, with the support of the Community Connecting Committee at SNA. The creation of the Safety Charter was funded by the City of Winnipeg Safety Committee.

All members of the community are encouraged to reflect on the Charter and sign their commitment.

**To sign your commitment, please visit our Head Office (at 615 Ellice Ave.) and sign the hard copy of our Charter. You may also sign it electronically through our website:  
[www.spenceneighbourhood.org/safety-charter](http://www.spenceneighbourhood.org/safety-charter).**

For more information, please contact our Community Connecting Coordinator, Mareike Brunelli at 204-783-5000 Ext. 106 or via [safety@spenceneighbourhood.org](mailto:safety@spenceneighbourhood.org).

**IF YOU LIVE, WORK,  
OR VOLUNTEER IN  
THE SPENCE  
NEIGHBOURHOOD,  
PLEASE CONSIDER  
COMMITTING TO A  
SAFER  
NEIGHBOURHOOD.  
THANK YOU.**

## COMMUNITY SAFETY CHARTER

I/We commit to creating  
and promoting a community that is:

### Connected

All community members have opportunities to be involved in events and activities to get to know other members of the community, and build networks of safety and support.

### Street Safe

All community members are able to move about the neighbourhood without fear or exposure to harassment, violence, or crime.

### Inclusive

All community members are supported and respected in being themselves. All community members can engage in work, recreation, spiritual, and cultural activities without fear or exposure to harassment or harm.

### Maintained

All community members have access to information and support to help maintain properties and keep the neighbourhood as clean and physically safe as possible.

### Proactive

All community members have the opportunity to create and participate in community-led initiatives to respond to concerns and improve the safety of the community.



# OUTDOOR FUN WITH BUILDING BELONGING

## JANUARY

In the past month we finally saw snow, but weren't able to go skating or sledding due to the intense cold that followed. So, in the coming months we're hoping the winds let up so we can visit the Forks, take our kids cross country skiing and go sledding on the best hills. We are looking for donations of mitts and toques to keep everyone warm while we enjoy the outdoors. In December we also had our wildly successful Holiday Party, which saw close to 350 people brave the cold to have a community pancake feast, and make some great crafts, like edible snowmen. We had 250 kids under age 12 registered to get gifts this year! As you can guess, Santa was quite busy! In the new year we will also be saying farewell to our wonderful practicum students Thomas & Melissa, who have been working with us as they journey through the Youth Recreation Activity Worker program at Red River College. We want to take a moment to acknowledge their valuable contributions to our program before they move on to their second practicum. We'll miss you.

We hope you had a wonderful holiday break, like you we've been taking a break from programming, but we will be back in time for the first day of school, January 9. Until we see you again, stay warm.

## FEBRUARY

In the coming month we have some great outdoor activities planned including a special outing to Festival Du Voyageur on Saturday February 18th from 12-4pm. Permission slips will be given out closer to the date, so keep your eye out if you would like your child(ren) to participate. Other outings and in-house programming will include winter crafts, sledding, swimming at the newly re-opened Kinsmen Sherbrook Pool, and skating. We are currently accepting donations of hats, scarfs and mittens to ensure that all our kids have the proper outdoor wear to participate in programming. If you are interested in making a donation please call or email us with the information provided below, we appreciate your generosity!

Winnipeg has been experiencing a bitter cold snap lately and in light of the extreme temperatures please note that outdoor outings and activities will be cancelled if temperatures reach -33 or below. Likewise, we may have to cancel programming without notice if temperatures reach below -40. If you think program might be cancelled please have your child listen closely to school announcements as the school will always be informed if programs are cancelled. You are also welcome to contact us and inquire if programs are cancelled at our new phone number.

## BUILDING BELONGING WOULD LIKE TO THANK:

All the volunteers who came out for our Community Holiday Party, Dairy Farmers of Manitoba, Thomas Fleury, Melissa Crait, University of Winnipeg's Wii Chiiwaakanak Learning Centre, Matt Gillies, Bakken Invest AS, Bjorn Inge Bakken, Pat Bugera Krawchuck, Colleen West, Myles Blahut, Linda Blahut, Karlie Blahut, Jodie Layne, Winnipeg Harvest, Festival Du Voyageur Inc, & Kinsmen Sherbrook Pool

## BUILDING BELONGING INFORMATION:

Magnus Eliason Recreation Centre (MERC) 430 Langside St.

FREE for all kids ages 6-12!

Monday-Fridays 3:30pm - 6:00pm, Snack at 4:00pm

Safe pickup available from Sister Mac and John M King schools, as well as drive/walk home

Makaria Labun & Allison Besel | 204-783-5000 Ext: 112

bb@spenceneighbourhood.org | buildingbelonging@spenceneighbourhood.org



# BUILDING BELONGING





# NEW SNA STAFF!



Hello Spence Neighbourhood Community! My name is Alexandra Yugbovwre and I am the newest West End 24 (WE24) Hour Safe Space Outreach Worker. Originally from Nigeria, I migrated to Canada in 2011 to pursue my university education. As an International Student, I have earned a Bachelor's degree in Health Studies and Family Social Science (University of Manitoba). Prior to working at SNA, I worked as a Residential Support Worker at Changes Independent Living, where I mentored clients and educated them on how to make positive lifestyle choices. Through this work, I was able to help my clients become positive influences in the community. Feel free to connect with me for all your WE24 needs: 204-783-5000 Ext. 110 or [outreach3@spenceneighbourhood.org](mailto:outreach3@spenceneighbourhood.org).



Hello Spence Neighbourhood friends! My name is Meghan Lemoine, I am SNA's new Sport Coordinator. I can't believe we are already halfway through the basketball season! As your Sport Coordinator, I will be available to answer any of your sport program related questions as best as I can. I can't wait to get to know each of you talented athletes and wonderful volunteers! Personally, I am a fitness enthusiast which counterbalances my love for eating french fries. I also love to travel. One of my favourite experiences this far, was bungee jumping over a river just outside Nairobi, Kenya. Feel free to ask me about my travels. If you want to reach me, you can do so by emailing [sport2@spenceneighbourhood.org](mailto:sport2@spenceneighbourhood.org) or calling 204-783-5000 Ext. 114. Stay active!

## NEW FOOD IN THE NEIGHBOURHOOD:

**YU-YOUNG INTERNATIONAL GROCERY STORE**  
595 SARGENT AVE  
WINNIPEG, MB  
204-221-6018  
[WWW.YU-YOUNG.CA](http://WWW.YU-YOUNG.CA)

**YU-YOUNG INTERNATIONAL GROCERY STORE** provides top-notch service and a variety of Asian, African, Caribbean, Middle Eastern, and European products. YU-YOUNG values community and wants to respond to the needs of Spence residents like you. If you can think of any product or service that you want added to YU-YOUNG's store, please let them know.

**THE VILLAGE DINER**  
510 SARGENT  
WINNIPEG, MANITOBA  
204-891-1287  
[WWW.FACEBOOK.COM/THEVILLAGEDINEROVC](http://WWW.FACEBOOK.COM/THEVILLAGEDINEROVC)

The much-loved brunch hot spot, Osborne Village Café closed in the fall of 2015. In October 2016, Chef Leighton Fontaine and manager Mallory Letkeman, opened **THE VILLAGE DINER**, in their new and permanent Spence neighbourhood home. On the menu are beet latkes, omelettes, pickerel fingers, bison stew, Manitoba fish tacos, cabbage rolls, potatoes, vegan breakfast, and so much more.



# STEAMER AVAILABLE TO SPENCE RENTERS

With the cold weather here and more time spent indoors, bed bugs are more likely to be noticed and become a nuisance. This can cause sleepless nights, itchy bumps and sometimes the infestations can cost a renter \$100's of dollars to replace furniture of not treated right away.

If you are a renter in Spence and your landlord has treated your unit and you would like to ensure your furniture is not at risk of hiding bedbugs, Cortney, Spence Neighbourhood Association's Rental Safety Coordinator, can lend you an industrial Vapamore Steamer. You may borrow the steamer for a maximum of 3 days to treat your furniture.

To borrow SNA's steamer, Spence tenants are to connect with Cortney by calling 204-783-5000 Ext. 107, emailing [rentalsafety@spenceneighbourhood.org](mailto:rentalsafety@spenceneighbourhood.org), or visiting our Head Office (615 Ellice Ave.). You will be asked to sign an agreement that explains who is responsible for the cost to replace any items that are lost/missing upon return, or heavily soiled and damaged. You will also be asked to leave a valid Photo ID, rather than leaving a cash deposit. This photo ID will be returned once all equipment is returned. You will also be required to watch a 3 minute video on how to use the machine.

## **Bed Bug Steamer Demonstration Workshop:**

Thursday February 16, 2017 | 3-4PM | 615 Ellice Ave.

## **SNA's Tenants' Committee:**

Due to the Louis Riel Holiday, the Tenants' committee will meet at 615 Ellice Avenue on Tuesday, February 21, 2017 at 6PM. Topic to be announced.

For more information, please connect with SNA's Rental Safety Coordinator: Cortney Sinclair | 204-783-5000 Ext. 107 | [rentalsafety@spenceneighbourhood.org](mailto:rentalsafety@spenceneighbourhood.org)

# HOMELESS OUTREACH

My name is Terry Prociuk and I am the Homeless Outreach Mentor. I am hoping to give a helping hand to anyone in our neighbourhood, experiencing homelessness. I am friendly and very approachable! I would love to meet with you and hopefully help you find a home of your very own. If you are not the one experiencing homeless but knows someone who is, please tell them about me.

I work out of the office on 615 Ellice and my phone number is: 204-783-5000 ext. 108 please feel free to call me or email me: [row@spenceneighbourhood.org](mailto:row@spenceneighbourhood.org) If you need help, please let me know. Hey Spence Neighbourhood!

# OUR ANNUAL REPORT IS AVAILABLE

Hard copies may be found at our Head Office (615 Ellice Avenue) and electronic copies may be found on our website - [www.spenceneighbourhood.org](http://www.spenceneighbourhood.org).

# THE SHERBROOK POOL: POOL PARTY & GRAND RE-OPENING!

The Kinsmen Sherbrook Pool has finally re-opened! The facility has received many upgrades and looks great. So come on down for a swim!

For programming information, including Free and Loonie/Toonie swim times, visit [www.Winnipeg.ca](http://www.Winnipeg.ca) or call 311.

Please join Friends of Sherbrook Pool for a full day of fun at our **Pool Party / Grand Re-Opening!**

Saturday February 18, 2017 | 12noon - 5PM  
Kinsmen Sherbrook Pool | 381 Sherbrook St  
Free food, demos, free swimming and more!

For more info or to volunteer, contact Daniel at  
Phone: 204-774-7005  
Email: [friendsofsherbrookpool@gmail.com](mailto:friendsofsherbrookpool@gmail.com)  
Website: [friendsofsherbrookpool.wordpress.com](http://friendsofsherbrookpool.wordpress.com)

*Friends of Sherbrook Pool* was formed in 1992 as a community advocate for the pool and since the 2012 closure, FOSP has worked alongside the City of Winnipeg, the Province of Manitoba, the Kinsmen Club of Winnipeg and countless community members and volunteers to get the pool re-opened. Friends of Sherbrook Pool also has been providing free and subsidized swim programming to the community since its inception.



BEFORE...



And AFTER!

Photos by Christian Cassidy, 2015 + 2017

## FUN FACT: THE KINSMEN SHERBROOK POOL IS 86-YEAR-OLD!

According to Historic Sites of Manitoba ([www.mhs.mb.ca/docs/sites/sherbrookpool.shtml](http://www.mhs.mb.ca/docs/sites/sherbrookpool.shtml)):

*The Sherbrook Pool was developed as a relief project during the Great Depression that served as a recreational and public swimming facility, known then as a "Public Bath". Built in 1930 and opened in March 1931, this Art Deco style building was designed by Ralph Pratt and Donald Ross. The largest and finest pool in Western Canada at the time, it was Winnipeg's first Olympic-size pool and the site of many competitions. Sherbrook Pool was the first pool in Winnipeg to provide the Red Cross swimming program, in 1946. The building is a municipally-designated historic site.*





# VALENTINE'S CARD WORKSHOP

**DROP BY 615 ELLICE  
AND MAKE VALENTINE'S CARDS  
FOR YOUR LOVED ONES!**

**FREE | SUPPLIES PROVIDED**

**THURSDAY, FEB 9  
11-12:30**

**INFO AND REGISTRATION, CALL MAREIKE  
204-783-5000 EXT. 106**

 Spence Neighbourhood Association

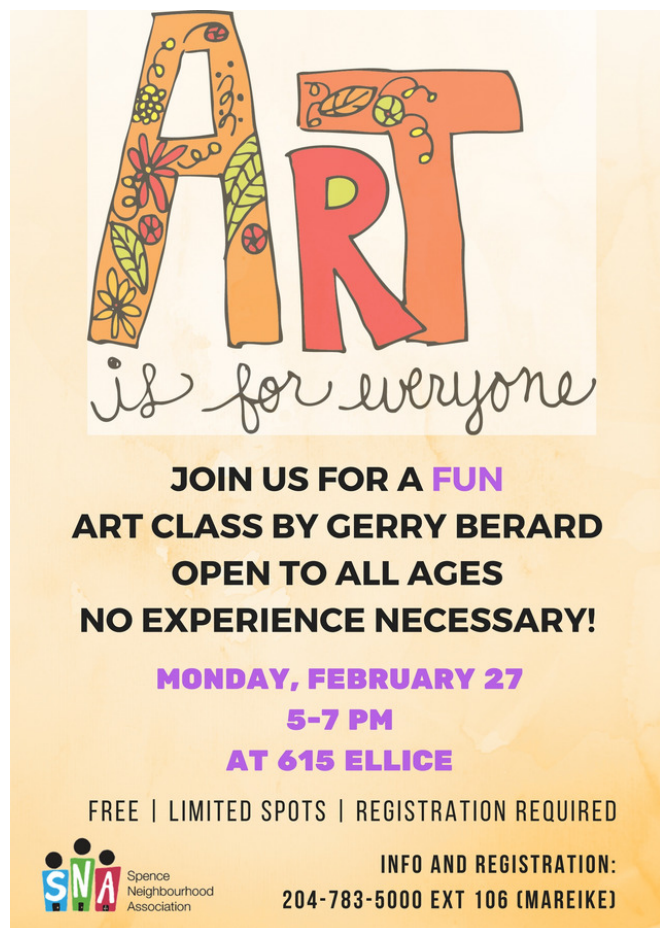
Supplies provided by: 

# SNA PROGRAMS

At SNA, we facilitate a variety of activities, initiatives, and programs with and for our community. Such activities, initiatives, and programming include, but are not limited to:

- + Building Belonging (BB)
- + Community Connecting (CC)
- + Community Economic Development (CED)
- + Community Liaison
- + Community Sports Program
- + Environment and Open Spaces (EOS)
- + First Jobs 4 Youth (FJ4Y)
- + Gang Action Interagency Network (GAIN)
- + Holistic Housing
- + Homeless Outreach
- + Rental Safety
- + Wahkohtowin Strengthening Families Program
- + West End 24 Hours (WE24)
- + Youth Crew Program
- + Youth Employment Program
- + Youth/Newcomer Youth Program

For more information about these activities, initiatives, programs, and more, please connect with our Community Liaison, Rune Breckon by calling 204-783-5000 Ext. 109, or emailing [liaison@spenceneighbourhood.org](mailto:liaison@spenceneighbourhood.org). You may also visit our website at: <http://www.spenceneighbourhood.org/>




# ART is for everyone

**JOIN US FOR A FUN  
ART CLASS BY GERRY BERARD  
OPEN TO ALL AGES  
NO EXPERIENCE NECESSARY!**

**MONDAY, FEBRUARY 27  
5-7 PM  
AT 615 ELLICE**

**FREE | LIMITED SPOTS | REGISTRATION REQUIRED**

 Spence Neighbourhood Association

**INFO AND REGISTRATION:  
204-783-5000 EXT 106 (MAREIKE)**

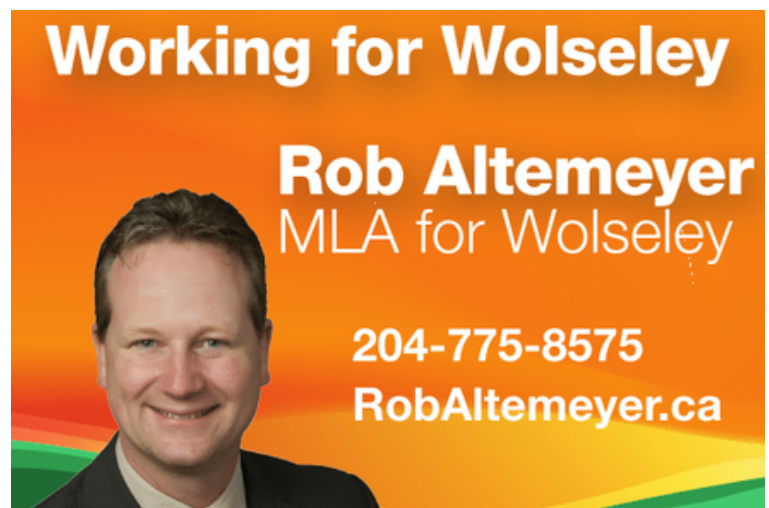


**Robert FALCON OUELLETTE**

Otapapistamâkew / Member of Parliament / Député  
WINNIPEG CENTRE - Heart of Canada

**Constituency Office  
594 Ellice Ave.  
(204) 984-1675**

[Robert.Falcon@parl.gc.ca](mailto:Robert.Falcon@parl.gc.ca) | [@DrRobbieO](https://twitter.com/DrRobbieO) | [f RFalconOuellette](https://facebook.com/RFalconOuellette)



## Working for Wolseley

**Rob Altemeyer**  
MLA for Wolseley

**204-775-8575  
RobAltemeyer.ca**

# SNA'S NEW BOARD OF DIRECTORS



A strong board of directors, firmly rooted in community, is a major component of our success - it has been since our incorporation in 2000. The SNA Board of Directors is responsible for the overall guidance and vision for the Association. It is vital to fill our board with people who want to make an impact on the community they live in. Board Members contribute to change in our neighborhood and learn how a not-for-profit grassroots community organization works. A strong board means a strong agency. Board members are asked to attend one monthly board meeting and one monthly committee meeting. Participation on the board is open to all those who live, work and volunteer in the Spence Neighbourhood over 18.

On January 17, 2016, at our Annual General Meeting (AGM), SNA staff, volunteers, Board of Directors, and community members welcomed our new 2016-2017 Board of Directors. Pictured above are (from left to right): Jamil Mahmood (SNA's Executive Director), Sara Walker (Secretary), Jack Jonasson (Treasurer), Joan Hay (Director at Large), Mark Stewart (Vice President), Annamaria Johnson (President), Miranda Santolini (Area 7 Director), Lynne Somerville (Director at Large), and Michael Belhumer (Area 8 Director).

At the AGM, we also said thank you and farewell to Gerry Berard (President and Director at Large), Harold Dyck (Director at Large), Joe Kornelsen (Treasurer and Area Director), and Dave Newsom (Area Director). Gerry, Harold, Joe, and Dave: your dedication to Spence is greatly appreciated and invaluable. Thank you!

For more information about our Board of Directors or how to join, please connect with Jamil Mahmood, Executive Director, at 204-783-8607 or [jamil@spenceneighbourhood.org](mailto:jamil@spenceneighbourhood.org).



From left to right: Gerry Berard, Jamil Mahmood, Harold Dyck, and Joe Kornelsen.



# AND THE DON MIEDEMA COMMUNITY SERVICE AWARD GOES TO...



**Diane Plante**, pictured left with SNA's Kristen Wiltshire, was nominated and awarded this year's Don Miedema Community Service Award (DMCSA) at SNA's AGM on January 17, 2017. The DMCSA is to be given to someone in the Spence Neighbourhood who does acts of kindness or acts that bring neighbours together to build community connections, encouraging a caring community.

Diane is a Metis woman, from Edson, Alberta. She was born in the 60's and is one of eight children. Diane is a very vibrant individual who enjoys being involved in various SNA programming - whether it is to help a staff member prepare for programming or to assist with hosting our awesome many events. Diane is a great friend to many in the community.

*I am writing in support of Diane Plante for the Don Miedema Community Service Award. Diane, also known to many as Lady Di, is an outstanding and positive person in Spence neighbourhood. She builds community naturally through her interactions with so many residents and she promotes safety and generosity in the community through her actions. Diane puts countless amounts of energy into the community through her work volunteering at Spence Neighbourhood Association, cooking for various programs and events in the community, and being a positive role model, encourager, and joy-bringer wherever she goes.*

*Since March 2016, Diane has been cooking meals for Our Place Safe Space, which is a drop in for anyone involved in the sex trade in the West End. From day one of the program, Diane has jumped at the opportunity to bless the members of the safe space through her cooking and has put a great amount of thought and energy into making the meals not only beautiful for our folks, but specific to the needs that they may have that evening. I have been lucky enough to see her work and hear how passionate she is about blessing sex workers in the West End with her cooking, but was amazed when members of the safe space asked who cooked for them because it seemed like the cook put love into their meals. We have been lucky to have Diane attend special events and the space and see how she flourished in bringing joy and having a blast with the group.*

*Diane is always on the go with a purpose and it is clear that her priorities are to build a good, safe, and supportive community. She truly loves people. She speaks of acting as an auntie to people in the neighbourhood who are looking for support, and she is one to always be inviting people out to events to have them involved in the community. She lets her voice be heard by advocating for community concerns in meetings, and she is generous with her kindness and laughter with every person. I strongly support Diane's nomination for this award and believe that the community would not be the same without her.*

One reason, of many, Diane was awarded:

# VOLUNTEER APPRECIATION



**Charmaine** is a tireless volunteer. She is one of those people you can always count on. She never misses a community walkabout. She is a leader and role model in her volunteering: if there are new community members who join the safety audits, she takes them with her, shows them what we look for, and explains our system of noting down concerns. Charmaine is my eyes in the community when paperwork and meetings keep me in the office. When there are back lane address plates to install, we use a buddy system, and Charmaine is my partner. She taught me how to use the drill, and how cool is that! Thank you for your dedication to safety and our community, Char!

- Mareike Brunelli, Community Connecting Coordinator

From the first moment I met **Ronnie**, I knew he was a super nice guy with absolute dedication as an SNA volunteer and community member. It took me awhile as a newbie to learn the ropes as not only as a Homeless Outreach Mentor but as a supervisor too! Ronnie was super kind and patient as well showed up early to every monthly HOMS volunteer meeting and offered his hand to help my set up. As for Ronnie's dedication as a volunteer: Ronnie prepares income taxes for our SNA participants and Spence neighbourhood community members. What makes this great, is with Ronnie's quick and accurate and trustworthy work he does for us, we are able to provide this tax service to this community for free of charge. To understand how hard Ronnie works: he has prepared and submitted 45 people's taxes in year 2016! This also includes many of them being 3 years' worth of taxes for some of these people. Ronnie has also played a huge role in helping some of these people access the Disability Tax credit. Thank you so much Ronnie for all you do!

- Terry Prociuk, Homeless Outreach Mentor

THANK YOU!

Charmaine and Ronnie were publicly recognized for their volunteerism at our AGM on January 17, 2017. Each were awarded with a token of our appreciation. In our next newsletter (April 2017), we will feature additional volunteers awarded at our AGM.



# SNA HAS A NEW PHONE SYSTEM.

When you call 204-783-5000, a recorded message will greet you with a menu of options. You may:

1. Enter a staff member's 3 digit extension. You will automatically be connected to that person. Extension numbers are available via [www.spenceneighbourhood.org/contact](http://www.spenceneighbourhood.org/contact)
2. Follow the menu prompts and make your selection. You will be automatically connected to your chosen staff member.
3. If you are unsure who to connect with, not to worry, enter 0 and the Community Liaison will assist you during their regular business hours (9AM-3:30PM Monday to Friday)

Please disregard previous individual phone numbers. Thank you for growing with us.



**SNA'S MAIN PHONE NUMBER  
IS NOW 204-783-5000.**



## Our West Central Times **CALL FOR SUBMISSIONS**



Our West Central Times (OWCT) provides space for West Central (Daniel McIntyre, St. Matthews, and Spence) neighbourhood residents to share their voices and experiences with their community.



OWCT is seeking news articles, short stories, poems, artwork, and photography for our next quarterly issue (Issue 21: March-May 2017) from you - our West Central community! We welcome newspaper submissions from individuals of all nations, ages, and genders. No experience necessary! If needed, we can help you with your submissions. Next deadline: February 8, 2017. Please contact Daniel at DMSMCA (204-774-7005; [outreach@dmsmca.ca](mailto:outreach@dmsmca.ca)) or Rune at SNA (204-783-5000 ext 109; [liaison@spenceneighbourhood.org](mailto:liaison@spenceneighbourhood.org)) for more information and/or to submit content.

OWCT Editorial Committee wishes to thank all individuals who submit content. Please know that we reserve the right to edit or refuse submissions.

# FEBRUARY 2017

**Spence Neighbourhood Association (SNA)**  
 204-783-5000 | [www.spenceneighbourhood.org](http://www.spenceneighbourhood.org)  
 @SpenceNeighbourhoodAssociation | @SNACommunity



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
BB: Building Belonging (6-12 years old) - 430 Langside CCC: Community Connecting Committee - 615 Ellice CEDC: Community Economic Development Committee - 615 Ellice EOSC: Environment and Open Space Committee - 615 Ellice FP: City of Winnipeg Free Play (6-12 years old) - 430 Langside GN: YP Girls' Night - RecPlex MPR - 350 Spence Street HC: Housing Committee - 615 Ellice KC: Kitchen Circle - 615 Ellice OP: Our Place Safe Space (Sex Workers & Sexually Exploited folks) - 823 Ellice						
<b>FP: 10AM-4PM</b> <b>YDI: 4-9:30PM</b>	<b>BB: 3:30-6PM</b> <b>YP: 6:30-9PM</b>	<b>BB: No Program</b> <b>YP: No Program</b> <b>SK8: 4-6:30PM</b>	<b>BB: No Program</b> <b>YP: No Program</b> <b>Y&amp;FC: 7PM</b>	<b>BB: 3:30-6PM</b> <b>YP: 6:30-9PM</b> <b>WSFP: 5PM</b> <b>EOSC: 6PM</b> <b>Valentine's Card Workshop: 11AM-12:30PM @ 615 Ellice</b>	<b>BB: 3:30-6PM</b> <b>YP: 6:30-9PM</b> <b>OP: 4PM</b> <b>GN: 6:30-8PM</b> <b>WE24: 11PM-7AM</b>	<b>FP: 10AM-4PM</b> <b>YDI: 4-9:30PM</b> <b>WE24: 11PM-7AM</b>
<b>FP: 10AM-4PM</b> <b>YDI: 4-9:30PM</b>	<b>BB: 3:30-6PM</b> <b>YP: 6:30-9PM</b>	<b>BB: No Program</b> <b>YP: No Program</b> <b>SK8: 4-6:30PM</b>	<b>BB: No Program</b> <b>YP: No Program</b> <b>Y&amp;FC: 7PM</b>	<b>BB: 3:30-6PM</b> <b>YP: 6:30-9PM</b> <b>WSFP: 5PM</b> <b>EOSC: 6PM</b> <b>Valentine's Card Workshop: 11AM-12:30PM @ 615 Ellice</b>	<b>BB: 3:30-6PM</b> <b>YP: 6:30-9PM</b> <b>OP: 4PM</b> <b>GN: 6:30-8PM</b> <b>WE24: 11PM-7AM</b>	<b>FP: 10AM-4PM</b> <b>YDI: 4-9:30PM</b> <b>WE24: 11PM-7AM</b>
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\* Programming may be subject to change without notice \*