



SPENCE NEIGHBOURHOOD ASSOCIATION NEWSLETTER

JANUARY 2020

WEST END 24 HOUR PROGRAM

West End 24 Hour Safe Space celebrated its third birthday in 2019!

WE24 is an overnight safe space for youth ages 13-26 to access resources, find positive connections and mentorship, get a good, warm sleep, eat a meal and feel safe in their community.

On June 16, 2016, WE24 opened as a result of the community demanding a safe space for youth and it has grown so much since then.

WE24 offers safe rides in the overnight hours from 11pm-2am and works with our community partner organizations to find folks over the WE24 age range a warm, safe place to go.

This will be WE24's third winter being open every single night until April 3rd due to extreme temperatures and the need for warm shelter in the cold, winter nights.

Multiple fundraising efforts were organized and WE24 is so grateful for the surrounding communities and organizations who came through by donating to keep WE24 open every night through Winter 2020.

Annual General Meeting: January 21, 2020
See Page 2 for details!

WE24 started running meal donations through the website Meal Train in the summer of 2019 and it was such a success that the Meal Train is still going! Folks can sign up to make dinner for WE24 and with being open every night, any help with providing food is essential! The link to the Meal Train can be found on WE24's Facebook (www.facebook.com/sna.twentyfourhours) or Instagram ([westend24hour](https://www.instagram.com/westend24hour)).

WE24 also accepts warm clothing donations, mitts, socks, hygiene supplies, boots and any other winter essentials! Donations can be dropped off at 430 Langside from 10am-8pm. Please label them "WE24." WE24 staff can be contacted through Facebook or 204-333-9681.

HOMELESSNESS OUTREACH MENTOR



Get help with :

- Searching for Housing
- EIA Support
- Getting ID
- Getting Income Supports
- Completing Housing Applications
- Community Supports
- Health and Social Services

Are you currently experiencing homelessness or couch surfing?

615 Ellice
Cell: 204-999-4485
row@spenceneighbourhood.org

IN THIS ISSUE

VOLUNTEER FEATURE-PAGE 2
HYDRO HELP - PAGE 2
WE24 UPDATE - PAGE 2

SNOW REMOVAL - PAGE 2
SNA PROGRAM/EVENT LISTING-PAGE 3
SNA JANUARY CALENDAR - PAGE 4

COMMITTEE MEETINGS THIS MONTH

HOLISTIC HOUSING: NO MEETING
COMMUNITY CONNECTING: JAN. 2
CED COMMITTEE: JAN. 7

YOUTH & FAMILIES: NO MEETING
EOS COMMITTEE: JAN. 9

VOLUNTEER FEATURE

KIM


We appreciate all the time and effort all of our volunteers put in to the Spence neighbourhood, especially to keep it clean and safe for community members.

One of our most dedicated volunteers and last year's Environment and Open Spaces volunteer of the year is Kim. Kim has been shovelling the sidewalk around the 615 Ellice office in the winter for several years. She has also volunteered for many years during the summer to maintain International Garden by mowing the lawn, raking leaves, and general clean-up.

For many years Kim picked up needles in the community with the Community Connecting program. Kim is not only a dedicated program participant but also dedicates her own time to help the community. We have nice clean and safe sidewalks thanks to Kim!!

Street Connections

YOUTH NALOXONE TRAINING



Receive training, information, and a take home Naloxone kit for overdose prevention

For ages 13-25
Snacks and bus tokens provided

To register contact:
Chance@spenceneighbourhood.org
Call/Text (204) 451-2455

January 18, 2020
1pm-3pm
231 Isabel Street

CENTRAL NEIGHBOURHOODS
Central - West Alexander - Central Park

Trouble with Snow Removal?

Youth Crew

can help seniors in the Spence Neighbourhood



Contact 204-783-5000 ext 116 for more details

WE24 DONATIONS

We are asking the community to support our youth by providing donations of underwear, mittens, hats, and winter boots. We are also looking for soap, shampoo, conditioner, and other hygiene products. These items are essential and every donation is so appreciated!

Donations can be dropped off at 430 Langside Monday-Friday from 10:00am - 7:00pm or contact us at 204-333-9681.

Thank you!

WE24 is open 7 nights a week for winter break.

WE24 is open on Monday-Sunday and school holidays from 11:00pm - 7:00am



AGM Annual General Meeting

January 21, 2020
6 - 8 PM

Magnus Eliason Recreation Centre
430 Langside Street

2019 Highlights
Board of Directors
Election
Free Food
Childcare
Accessible Venue



Spence Neighbourhood Association (SNA):

615 Ellice Avenue (Head Office):

Community Connecting, Environment & Open Spaces, Finance, Homeless Outreach, Housing, & Rental Safety.

430 Langside Street (Magnus Eliason Recreation Centre - MERC):

Building Belonging, Children, Newcomer Youth Outreach, West End 24 Hour Safe Space, & Youth Drop-In.

365 McGee Street (West End Commons):

First Jobs 4 Youth, Wahkohtowin Strengthening Families Program, Homework Club, & Youth Crew.

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First Jobs 4 Youth, Wahkohtowin Strengthening Families Program, & Youth Crew.

231 Isabel Street (Central Neighbourhoods):

Gang Action Interagency Network (GAIN)

350 Spence Street (Axworthy Health & RecPlex):

Community Sports Program

Phone: 204-783-5000 | Email: liaison@spenceneighbourhood.org |

Website: www.spenceneighbourhood.org

SNA'S JANUARY PROGRAM/EVENT LISTING

CHILDREN & YOUTH PROGRAMS

Building Belonging

Monday-Friday | 4 - 6 PM | 430 Langside Street
Jan 1 | No Program
Jan 2 & 3 | No Program | Drop-In Only | 12 - 6 PM
Jan 21 | No program | Drop-in Only | 3:30-6 PM
Jan 31 | No program | Drop-in Only | 3:30-6 PM
Structured programming for kids ages 6-12 with lunch and snacks provided.
Pick up from home & drive home available within the Spence neighbourhood. Registration forms available at MERC.
Contact: Allison Besel or Johnathan Kopchuk 204-783-5000

Youth Program

Monday - Friday | 6:30 - 9:30 PM | 430 Langside Street
Jan 1 | No Program
Programming & outings for youth grades 7 - 12. Meal provided and drive home available within the Spence neighbourhood, or bus tickets provided.
Registration forms available at MERC.
Contact: 204-783-5000 ext.113 or newcomer@spenceneighbourhood.org

Art City Outreach

Mondays | 4 - 6 PM | 430 Langside Street
Express yourself at art workshops for ages 6-12 ft. facilitators & guest artists.
Contact: Allison Besel or Johnathan Kopchuk Building Belonging
Coordinators 204-783-5000

Sticks and Stones Nature Play

Jan 7, 14, 21 & 28 | 9:30 AM - 10:30 AM | Snow | 446 Langside Street
Drop-in Tuesday mornings for free, fun, family-friendly outdoor play for children aged 0 - 6 and their caregivers. Snack Provided.
Contact: outdoorplay@communities4families.ca

Kids Cooking Classes

Thursdays | 4 - 6 PM | 430 Langside Street
Cooking classes for kids ages 6-12 with Food Matters Manitoba.
Contact: Allison Besel or Johnathan Kopchuk 204-783-5000

Girls Night

No Program for January | 350 Spence Street in the MPR
Girls night is a safe space for female-identifying youth in grades 7 to 12 to share a meal, learn new skills, build self-esteem and make new friends.
Contact: newcomer@spenceneighbourhood.org

Social Circus Intensive

Jan 8, 15, 22 & 29 | 3:30 - 6:30 PM | 195 Collegiate St
Youth between 16 and 35 come get paid to learn juggling, acrobatics, partner acrobatics, contortion, clowning. New this intensive we will be adding aerials such as trapeze, silk, and hoop!
Contact socialcircus@spenceneighbourhood.org

WE24 Overnight Safe Space

Monday - Sunday | 11 PM - 7 AM | 430 Langside Street
An overnight space for youth ages 13-26 to rest and relax, access food, resources, and basic needs in a supportive, kind, and warm environment.
Open every day there is not school the next day.
Contact: 204-783-5000 ext.110 or david@spenceneighbourhood.org

MORE WAYS TO ENGAGE WITH YOUR COMMUNITY

Kitchen Circle

Jan 27 | 5 - 7 PM | 615 Ellice Avenue
Cook and eat a healthy, affordable recipe together at this free all ages program. No experience is necessary. Registration required.
Contact: 204-783-5000 ext.102 or greenimage@spenceneighbourhood.org

Wahkohtowin Strengthening Families Program

Open House January 9: 5 - 7 PM

Thursdays | 5-8PM | 365 McGee Street
WSFP is a 14 week, skills based program that decreases conflict & increases positive communication, focusing on the areas of bonding, boundaries & monitoring. Free program, meal, transport and childminding. Families must have at least one youth between the ages of 11-17. Registration required.
Contact: 204-783-5000 ext. 125 or seth@spenceneighbourhood.org

Our Place Safe Space

Fridays | 5 -11 PM
A "comes as you are" drop-in safer space for folks of all ages, genders & nations who identify as sex workers, experiential, victims/survivors of sexual exploitation and/or human trafficking. Harm reduction services and fun free dinner provided. Contact: 204-774-7005 ext.104 or safety@dmsmca.ca

55+ PROGRAMS & EVENTS

55+ Social Club

Jan 13 & 27 | Every 2nd and 4th Monday | 1 - 3 PM | 625 Portage Avenue
55+ Community members, join us for a cup of coffee or tea. Expect fun activities, great people, and great conversation. Support workers welcome. Accessible venue. Gender-inclusive washrooms. We do not meet on national and provincial holidays. See you at the Goodwill!
Contact: 204-783-5000 ext. 106 or sappfyre@spenceneighbourhood.org.

Spence Neighbourhood Association Annual General Meeting

January 21, 2020

6 - 8 PM

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430 Langside Street

2019 Highlights
Board of Directors
Election
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Spence Neighbourhood Association offices are closed on national and provincial holidays.

**615 Ellice Ave will be closed the afternoons of Dec 23 to Jan 3
Mail can be picked up Jan 3rd**

COMMITTEE MEETINGS

Holistic Housing Committee

No Meeting | 615 Ellice
Contact: Housing Coordinator at
204-783-5000 ext.105
housing@spenceneighbourhood.org

Community Connecting Committee

Jan 2 | 5:30 - 7PM | 615 Ellice
Contact: Community Connector at
204-783-5000 ext.106 or
safety@spenceneighbourhood.org

CED Committee

No Meeting | 5:30 - 7:30PM | 365 McGee
Contact: Youth Employment Hub
Coordinator at 204-783-5000 ext.115 or
firstjobs@spenceneighbourhood.org

Youth & Families Committee

No Meeting | 7 - 8:30PM | 430 Langside
Contact: Youth Programs Manager at
204-783-5000 ext. 111 or
vwiedeman@spenceneighbourhood.org

Environment and Open Spaces Committee

Jan 9 | 6 - 7PM | 615 Ellice
Contact: EOS Coordinator at
204-783-5000 ext. 102 or
greenimage@spenceneighbourhood.org

Spence
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Association

