

SPENCE NEIGHBOURHOOD ASSOCIATION NEWSLETTER

JANUARY 2018













TOP (left to right): Wahkohtowin staff and participants on a scavenger hunt; EOS fermentation workshop

MIDDLE (left to right): Diane and Terry after prepping dinner for the HOM, TC, RS, EOS, and CC, volunteer holiday party; Drag Queen Pharoah Moans and DJ Supershonek mix music at OPSS' Calendar Fundraiser.

BOTTOM (left to right): EOS Committee celebrates the end of the 2017 gardening season; Wahkohtowin staff with Santa at SNA's Holiday Party.

HELP US DESIGN NEW PARKS IN SPENCE!

Did you know that neighbourhoods with vibrant parks have healthier citizens? Spending time outdoors in natural settings improves our social, mental and physical well-being.

At SNA, we are working with residents to create new parks and green spaces to make our community healthier.

This winter, we are imagining how the idle parcels of land along Cumberland Avenue could be transformed into a network of inclusive, interactive and interconnected small parks.

Do you have ideas of what you would like to see in community parks? Collaborative community art? Maybe some fruit trees? Or accessible park benches?

Come to our Cumberland Corridor Park Design Open House on January 27th at Magnus Eliason Recreation Centre (MERC -430 Langside Street) from 1-3PM for some good food and fun brainstorming!

For more information about this project and other activities in our neighbourhood parks and community gardens, contact Natalie, SNA's Environment and Open Spaces Coordinator at greenimage@spenceneighbourhood.org or 204-783-5000 ext 102.



WHAT WOULD YOU LIKE TO SEE IN **YOUR** COMMUNITY PARK?

Spence Neighbourhood Association invites you to explore and imagine a variety of design possibilities for the park spaces along the Cumberland Corridor (from Maryland Street to Balmoral Street)

JANUARY 27, 2018 1 - 3 PM MAGNUS ELIASON RECREATION CENTRE

(430 Langside Street, Multi Purpose Room, 2nd Floor)

Light snacks and refreshments will be provided.

Free childcare available.

RSVP to Natalie James (Environment and Open Spaces Coordinator, Spence Neighbourhood Association):

greenimage@spenceneighbourhood.org (204) 783-5000 ext. 102









Spence Neighbourhood Association (SNA):

615 Ellice Avenue: Head Office, Community Connecting, Environment & Open Spaces, Finance, Homeless Outreach, Housing, & Rental Safety.

430 Langside Street (Magnus Eliason Recreation Centre - MERC): Building Belonging, Children & Youth Sport, Newcomer Youth Outreach, West End 24 Hour Safe Space, & Youth Drop-In.

365 McGee Street (West End Commons): First Jobs 4 Youth, Wahkohtowin Strengthening Families Program, & Youth Crew.

583 Ellice Avenue (John Howard Society): Gang Action Interagency Network (GAIN)

350 Spence Street (Axworthy Health & RecPlex): Community Sports Program

Phone: 204-783-5000 | **Email:** liaison@spenceneighbourhood.org |

Website: www.spenceneighbourhood.org

Facebook: @SpenceNeighbourhoodAssociation | Twitter & Instagram: @SNAcommunity

WE ARE SEEKING BOARD OF DIRECTORS

A strong Board of Directors, firmly rooted in community, is a major component of Spence Neighbourhood Association's success since it was incorporated in 2000. SNA's Board of

Directors is responsible for the overall guidance and vision for the Association. Please consider joining our Board as an Area Director or a Director at Large. Participation on the board is open to anyone who lives, works or volunteers in the Spence neighbourhood and who is over 18 years old.

Board members are asked to attend a once a month board meeting as well as sit on one of the committees which also meet once a month. It is vital to fill our board with people who want to make an impact on the community they live in. A strong board means a strong agency.

Interested folks may apply by downloading our Board Information Package by visiting www.spenceneighbourhood.org/board-of-directors. Hard copies are also available at our 615 Ellice Ave. location. Please complete and submit the Signature Form to our Executive Director. We are hoping to fill the positions at our Annual General Meeting (AGM) on January 16, 2018.

If you have any questions, comments, and/or if you would like more information about joining our Board of Directors, please do not hesitate to contact: Jamil Mahmood, Executive Director at 204-783-5000 Ext. 103 or via email at jamil@spenceneighbourhood.org

OUR PLACE SAFE SPACE PRESENTS:

CALENDAR FUNRAISER

SPICE UP YOUR LIFE WITH A CUSTOM MADE CALENDAR!

Each calendar will cost \$15 (cash only please).
These stunning calendars are custom made by participants of Our Place Safe Space and feature paintings, photography, and poetry.



All proceeds go directly to Our Place Safe Space!

FOR MORE INFORMATION OR TO GET YOURS CONTACT LAUREL @ 774-7005 EXT 104 / SAFETY@DMSMCA.CA
OR KAILEY @ 783-5000 EXT 106 / SAFETY@SPENCENEIGHBOURHOOD.ORG



Our Place Safe Space (OPSS) is an informal drop-in for folks who currently or formerly engaged in sex work, and those who have a history of sexual abuse or exploitation. It is a "come as you are" space where folks can get a meal, harm deduction supplies, and some great company. OPSS is all ages, genders, and Nations.

PREVENTING EVICTION

In January, Residential Tenancies Branch (RTB) staff will be attending our Tenants Committee and sharing things for tenants can do to prevent eviction. We will learn about:

- Paying rent on time and what to do if you don't think you will be able to do this
- · Following your landlord's house rules
- Keeping your unit clean and free of damage
- Understanding the rules you have agreed to when you moved in

Eviction happens for many different reasons. The RTB hopes to help people avoid eviction by educating landlords and tenants on the rights, responsibilities and obligations of each and by mediating disputes wherever possible. Please join us for our Tenants Committee meeting on Wednesday, January 17th. 6PM at 615 Ellice Avenue. Bring your questions for RTB; they want to hear from you. For more information about this event, please contact: Cortney, SNA Rental Safety Coordinator, at 204-783-5000 Ext. 107 or rentalsafety@spenceneighbourhood.org.



RENTSMART CERTIFICATE COURSE

Through the RentSmart Certificate Course, you will learn:

- · How to plan for housing,
- Identify what landlords look for in choosing a tenant,
- Improve your chances for getting the housing you need, and
- Learn how to improve your rental references and how to improve your credit rating.

At the completion of the course you will receive a RentSmart Certificate which lets landlords know you are serious about being a responsible tenant.







DATES:

January 5 & 8, January 15, & 22

January 29

February 5 All Dates: 5pm -

7pm LOCATION:

615 Ellice Ave.

Call

Cortney

204.783.5000

Extension 107

to Register

Limited Spots Available

> Free for Participants

COMMUNITY CONNECTING: EXCITING NEW PROJECTS IN THE WORKS

Community Connecting is gearing up for some exciting new projects in 2018 - which include seniors programming and safety initiatives for the Spence neighbourhood!

We currently want to form a Seniors Committee to help steer the direction of upcoming seniors programming. If this is something you would like to be involved in, please let us know!

On January 22, 2018, we are hosting a community consultation about safety in our community and neighbourhood. This consultation will specifically address:

- 1. How to enact the principles of the safety charter
- 2. How to develop a toolkit to guide safety practices and what that toolkit should contain
- 3. How we can work to achieve these principles collectively
- 4. How we can distribute these toolkits in a way that is practical and effective
- 5. What would the community like to learn more about in terms of the Safety Charter principles?

The safety consultation will take place in the Magnus Eliason Recreation Centre (MERC - 430 Langside Street) Multi-Purpose Room and begins at 630PM. The Multi-Purpose Room is on the second floor and accessible by a flight of stairs or elevator. All community members are welcome to attend and share their ideas, concerns, and questions. Registration is encouraged but not mandatory. Refreshments and snacks will be provided.

Art With Gerry will continue to take place on the 4th Thursday of every month at 5 PM at 615 Ellice Avenue.

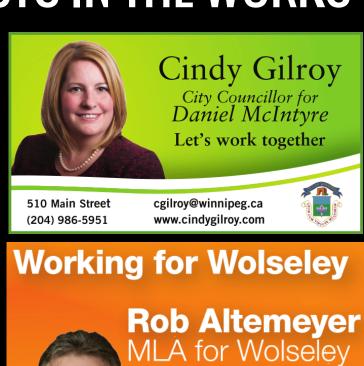
Please note that our Kitchen Circle is temporarily on hold due to funding.

If you have any questions, want more information, or to register for the above OR about bulky waste, poor lane conditions, poor lighting, or discarded needles in the Spence neighbourhood, please feel free to contact Kailey, SNA Community Connecting Coordinator, at 204-783-5000 Ext. 106 or safety@spenceneighbourhood.org.

Thanks for participating in Community Connecting and making our community a great place to live, work, volunteering, and playing!

EXPRESS YOURSELF: MANITOBA NEW POVERTY REDUCTION STRATEGY

For more information, contact 204-945-3469, or visit www.gov.mb.ca/allaboard



204-775-8575

RobAltemeyer.ca



Otapapistamâkew / Member of Parliament / Député WINNIPEG CENTRE - Heart of Canada

Constituency Office

594 Ellice Ave. (204) 984-1675

Robert.Falcon@parl.gc.ca | ♥ @DrRobbieO | f RFalconOuellette



A new poverty reduction strategy is in development to address the critical realities of Manitobans living in poverty. The MB Government is working co-operatively with citizens and stakeholders to hear their views. Meaningful consultation is essential to producing an effective poverty reduction strategy that captures the diverse experiences and needs of Manitobans experiencing poverty. Poverty is complex and multidimensional. What do you think is needed to reduce poverty?

Please provide your feedback in writing to povertyreduction@gov.mb.ca or by mail to: Poverty Reduction Strategy | Manitoba Families | Poverty Reduction Strategy Team | 400 - 352 Donald Street | Winnipeg, MB, R3B 2H8. Submissions deadline: January 31, 2018.



January 16, 2018 6-8PM Magnus Eliason Recreation Centre 430 Langside Street



2017 Highlights Board of Directors Election Free Food Childcare Accessible Venue

204-783-5000 Ext. 109 | liaison@spenceneighbourhood.org | www.spenceneighbourhood.org



Every year, Spence Neighbourhood Association (SNA) holds an Annual General Meeting (AGM). At our AGMs, we share our previous year's highlights, release our annual report, elect our Board of Directors, and present our Don Miedema Community Service Award to someone in our neighbourhood who performed an act of kindness. We also offer free food, childcare, and an accessible venue. All are welcome to attend our AGM.

In our Annual Report, we describe and account for our activities, initiatives, programs, and financial performance from the previous year. Our Annual Report is shared with our community, stakeholders, and those interested in our organization.

IT MAY BE GETTING COLD OUTSIDE BUT THE YOUTH PROGRAMMING IS HOT

The Youth Program has been offering weekly outings every Monday for the months of December and January. All youth are invited to attend program but it is based on first come first serve. Some of the outings include: Skyzone, Lasertopia, Snowshoeing, trips to cultural activities and much more.

At SNA, we strive to provide barrier free programs to all members of our community. Through talking with the youth, we found that we had provided them with opportunities that they may not always have. We are excited to create more opportunities and memories that will forever remain positive in the minds of the vouth we serve.

WHAT DO INTERVIEWS, CH-CH-CHANGES, THANK YOUS, AN ICE-RINK, A DONATION REQUEST, & TAP DANCING HAVE IN COMMON? BB!

River City 360 interviewed Allison, SNA's Building Belonging Activity Coordinator, in late November as part of Winnipeg Foundation's Vital Signs Project. Hear Allison's interview online via: http://www.wpgfdn.org/WorkingTogether/StoryDetail.aspx? story=rc360-season-3-episode-47

Please welcome Hilary Allum, our new Program Co-coordinator! Hilary jumped right into programming late November and has been an enjoyable addition to the team. Alongside Hilary, BB is excited to welcome two new Junior Staff, Kyra and Savannah. We graciously thank Canada Post Community Foundation for providing us with funding to hire Kyra and Savannah. Over the next four months, these Junior Staffers will work once a week in BB, participating in training, receiving support from SNA's Youth Employment Hub, and developing skills in planning and leading activities with our participants.

We, at Building Belonging (BB), would like to extend a big thank all the volunteers and donors who made our SNA Community Holiday Party (December 9, 2017) possible! Your love and support for our neighbourhood shone brightly – as did your hard work. Thank you to all who celebrated the holidays with us!

In December, Investor's Group and University of Winnipeg's Wii Chiiwaakanak Centre invited BB participants to share a meal and celebrate the season with them at their holiday dinners.

The skating rink is now open in front of the Magnus Eliason Recreation Centre (MERC - 430 Langside Street)! Community members are welcome to skate on the rink. Limited quantities of children's skates are available to borrow for free. To borrow skates, please connect with City of Winnipeg MERC Staff or SNA's Community Liaison MERC's open hours.

BB is seeking donations of new or gently used winter hats, gloves, and neck warmers so our participants (children ages 6-12 years old) can stay warm during outdoor activities. If you have donations, please contact us to arrange a drop-off. THANK YOU!

Tapportunity, a free tap dancing program for neighbourhood youth to make dance lessons more accessible and inclusive, will start up again in January on Fridays from 4-4:45PM at the West End Cultural Centre. Dance instructor: Janel Bortoluzzi. Donated tap shoes (in a variety of sizes) are available for any interested tap dancers. Check out Janel on Global News Morning via https://globalnews.cá/video/3905179/winnipeg-dance-instructor-holds-free-tap-dance-lessons-for-youth

BB would like to share special thanks to Investor's Group, Tracy Mackenzie, Linda Blahut, Karlie Blahut, Jodie Layne, West End Cultural Centre, Janel Bortoluzzi, The Canada Post Community Foundation, Youth With a Mission, Cam Phillips, Laura Heming-Phillips, Orlando Dobbins, Lindsay Boucher, and Dairy Farmers of Manitoba.

NEWCOMER YOUTH / YOUTH DROP-IN PROGRAM INFORMATION:
FREE for all Spence Neighbourhood youth 12-18 years old! Registration required; accepted anytime.

Contact: Sean 204-783-5000 Ext: 113 newcomer@spenceneighbourhood.org

BUILDING BELONGING INFORMATION:

FREE for all Spence Neighbourhood children 6-12 years

Registration required; accepted anytime.
Contact: Allison & Hilary
204-783-5000 Ext: 112
buildingbelonging@spenceneighbourhood.org

WAHKOHTOWIN IS A CREE WORD AND IS PRONOUNCED WAH-KOH-TOH-WIN. IT MEANS KINSHIP, OR THE STATE OF BEING CONNECTED.

In November, we finished our 4th Wahkohtowin Strengthening Families Program session. We had three families successfully graduate the program! To celebrate, we participated in a fun Forks scavenger hunt and shared a meal together at the Old Spaghetti Factory.

Although our 5th session started on December 14th, we are still seeking families to join us for this session until mid-January. Our program runs every Thursday from 5-8PM for 14 weeks (ending on March 29, 2018). We are excited to have you join us!

The program focuses on imparting new skills and developing existing skills in the areas of bonding, boundaries and monitoring, and provides valuable communication and coping skills.

Interested families must have at least one focus youth to take part in our research component of the program between the ages of 11-17 and must be able to commit to weekly program nights and family visits.

The program is free and offers transportation, child minding and a hearty meal. Please contact the Site Coordinator if you are interested in registering for the program!

If you are seeking resources and skills for your family, but are not yet able to commit to the above, please inquire about outreach options for your family.

For more information, please contact: Amber, Wahkohtowin SFP SNA Site Coordinator, at 204 894-4288 or amber@spenceneighbourhood.org. www.spenceneighbourhood.org/wahkohtowin





UNSTOPPABLE: SNA YOUTH BASKETBALL

December was an extremely busy for all our basketball teams as they were competing in the community club league. Here are our current standings and updates:

Three developing athletes from MERC, playing for the 8-10 Corydon Comets Girls team, have been doing extremely well - developing their skills and competing for their current team. They have quickly adjusted and have made strong friendships with their new teammates. Although score is not kept, our players on this team have quickly become regular scorers! We are excited for these three athletes to continue their skill development and friendship building.

Our 12B team have shown steady improvement that their current 2-5 does not show. The team has been competitive for the majority of their games, which is amazing since the majority of the players are 11 and have been aged advanced to allow our 12 year olds to play as well! We are extremely proud our how each and every athlete on this team has stepped up to this challenge!

Only one word can describe the 13-14G MERC Team: Unstoppable. Sporting an intimidating 6-0-1 undefeated record these players are quickly becoming known as a team many teams do not want to face as they have outscored their opponents a mind boggling average of 26 points per game!

Another team to take notice of is our 14B team. These young males have a 2-5 record but average only 6 points in their losses overall. Their skill development has improved immensely with a few new additions and they are on their way to becoming one of the more athletic teams in their division!

December was an extremely positive month for the youth as they have had surprise visitors/fans from the neighbourhood to watch their games -SNA volunteers, relatives, and teachers. These fans filled the athletes and their supporters with pride.

If you wish to know when these amazing youth play, please do not hesitate to contact Mel Magpantay at sport@spenceneighbourhood.org!

JANUARY 2018

Spence Neighbourhood Association (SNA)

4-783-5000 www.spencen	@SpenceNeighbourhoodAssociation @SNAcommunity
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@opencervergripournoo	FRIDAY	January 5	BB: No programming YP: No programming GN: No programming OP: No programming RentSmart Certificate Course:	5-7PM @ 615 Ellice Ave. 615 Ellice office closed during the day; open for RentSmart WE24: 11PM-7AM	12 BB: 3:30-5:30PM YP: 6:30-9PM GN: TBA OP: 4-7PM WE24: 11PM-7AM	19 BB: 3:30-5:30PM YP: 6:30-9PM GN: TBA OP: 4-7PM WE24: 11PM-7AM	26 BB: 3:30-5:30PM YP: 6:30-9PM GN: TBA OP: 4-7PM WE24: 11PM-7AM	2 BB: 3:30-5:30PM YP: 6:30-9PM GN: TBA OP: 4-7PM WE24: 11PM-7AM	OP: Our Place Safe Space (for sex workers & sexually exploited folks) – 823 Ellice
	THURSDAY	January 4	BB: No programming YP: No programming WSFP: No programming CCC: 6PM	615 Ellice office closed during the day: open for CCC WE24: 11PM-7AM	11 BB: 3:30-5:30PM YP: 6-8PM WSFP: 5-8PM	18 BB: 3:30-5:30PM YP: 6-8PM WSFP: 5-8PM	25 BB: 3:30-5:30PM YP: 6-8PM WSFP: 5-8PM AWG: 5PM	February 1 BB: 3:30-5:30PM YP: 6-8PM WSFP: 5-8PM	OP: Our Place Safe
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	MONDAY	January 1	SNA CLOSED WE24: 11PM-7AM		8 BB: 3:30-5:30PM YP: 630-9PM RentSmart Certificate Course: 5-7PM @ 615 Ellice Ave.	15 BB: 3:30-5:30PM YP: 630-9PM RentSmart Certificate Course: 5-7PM @ 615 Ellice Ave.	22 BB: 3:30-5:30PM YP: 6:30-9PM SNA Community Safety Consultation: 630PM @ 430 Langside RentSmart Certificate Course: 5-7PM @ 615 Ellice Ave.	29 BB: 3:30-5:30PM YP: 6:30-9PM RentSmart Certificate Course: 5-7PM @ 615 Ellice Ave.	ice Ave
	SUNDAY	31	WE24: 11PM-7AM			14	21	28	AWG: Art with Gerry - 615 Ellice Ave

BB: Building Belonging (6-12 years old) - 430 Langside

CCC: Community Connecting Committee – 615 Ellice Ave CEDC: Community Economic Development Committee – 365 McGee

CW: Community Walkabout – 615 Ellice ESOC: Environment & Open Space Committee – 615 Ellice GN: Girls Night – Location TBA

HC: Housing Committee – 615 Ellice HW: Homework Club – 365 McGee





TBA: To be announced at a later date SBM: SNA Board Meeting – 430 Langside

TC: Tenants Committee - 430 Langside

WE24: WestEnd 24 Hour Safe Space for Youth (13-24years old) – 430 Langside WSFP: Wahkohtowin Strengthening Families Program – 365 McGee

YP: Youth Program (Grade 7-12) - 430 Langside Y&FC: Youth & Families' Committee – 430 Langside

January 2018 SNA Galendar created on 21112117. Programming and hours may be subject to change without notice

