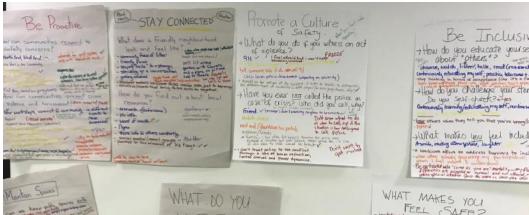


SPENCE NEIGHBOURHOOD ASSOCIATION NEWSLETTER

FEBRUARY/MARCH 2018









once upon a time there was a badger named batlthesar . he was difference than all the other badge ours. he see diff rent bossum a the loved books. balthanar spent his whole summer reading books and forgot to find foodtostor for winter the ho TO H RIP OUT THE PAPESS AND RAT THEM. The paper tastedlike carboard so he added some goose berry ism to it.m.the jam was not sweetenough a so he added peanutbutter to it. But that still did not make the books taste any better, and he was becoming sad that he had not stored food.so onthtead day baltherar decied to search for food . he searched every where but hadno 39 luck and 8 decided to sloop on it... uring his sleep he had a dreamof a of a foresat full ofbacom. Unfortuneably bacon gave him hive.he suddenly woke up and was covered in jam. then he woke up a second time , realizing both the tan and the bacon were signs that he was beginning to starve.

for not planning for winter, but fed him after. He amjoyed his food and was happybto be home. Later that day he wondered why he ever left home in the first place. Then he remembered that his most never let him read books. THE END.



TOP (left to right): ArtCity Soapstone Carving Workshop with Building Belonging participant. Your thoughts and ideas reflected on chart paper regarding

Community Connecting's Community Safety Toolkit consultation.

CENTRE (left to right): Pushpins line public spaces along Cumberland Ave. up for consultation. Food Matters Cooking Class with Building Belonging participants. BOTTOM (left to right): One story SNA staff wrote during an all-staff fun day (Amazing Race style). Wahkohtowin staff in front of their AGM booth.

SPORTS - PAGE 6

AGM & ANNUAL REPORT

On January 16, 2018, we celebrated our 2017 highlights, shared our Annual Report, honoured community members for their outstanding participation and community leadership, and elected our Board of Directors at our Annual General Meeting.

We bid farewell to Jack Jonasson, Annamaria Johnson, and Sara Walker. Jack, Annamaria, and Sara were three enthusiastic volunteer Board Members who poured their heart and soul into SNA. We are forever grateful for your guidance, grace, and gusto.

SNA is pleased to introduce and welcome you to our new Board of Directors:

Miranda Santolini: President, Area 7 Director Joan Hay: Vice President, Director at Large Lynne Somerville: Treasurer, Director at Large Ayla Banks: Secretary, Director at Large Michael Belhumer: Area 8 Director Missa Chippeway: Area 4 Director Ray Eskritt: Area 5 Director Sharon Olson: Area 2 Director Stephanie Unger: Area 6 Director

We are excited about our new Board's energy, intelligence, and heart work. SNA's Board of Directors is responsible for the overall guidance and vision of the Association.

Debbie Tweedie, Brian Gosselin, Joanne Nimik, Janel Bortoluzzi, and Tolu Ilelaboye were honoured for their volunteerism and leadership. Thank you Debbie, Brian, Joanne, Janel, and Tolu for your love and support to SNA, our communities, neighbourhood, participants, staff, fellow volunteers, donors, funders, and visitors.



For more information about our Annual General Meeting, becoming a volunteer or Board member, participating in our programs, and/or wanting a copy of our Annual Report, please contact Teruni Walaliyadde, ŚNA's Community Liaison, at 204-783-5000 ext. 109 or via email: liaison@spenceneighbourhood.org

Spence Neighbourhood Association (SNA):

615 Ellice Avenue: Head Office, Community Connecting, Environment & Open Spaces, Finance, Homeless Outreach, Housing, & Rental Safety.

430 Langside Street (Magnus Eliason Recreation Centre - MERC): Building Belonging, Children & Youth Sport, Newcomer Youth Outreach, West End 24 Hour Safe Space, & Youth Drop-In.

365 McGee Street (West End Commons): First Jobs 4 Youth, Wahkohtowin Strengthening Families Program, & Youth Crew.

583 Ellice Avenue (John Howard Society): Gang Action Interagency Network (GAIN)

350 Spence Street (Axworthy Health & RecPlex): Community Sports Program

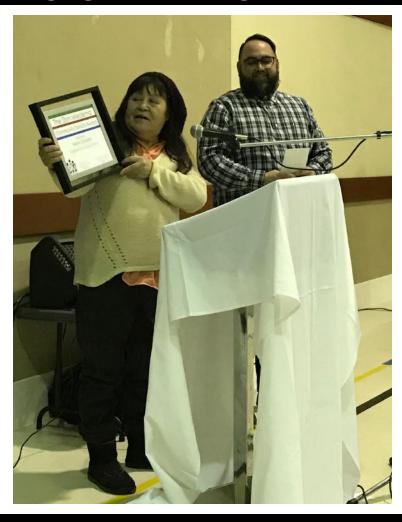
Phone: 204-783-5000 | Email: liaison@spenceneighbourhood.org |

Website: www.spenceneighbourhood.org

Facebook: @SpenceNeighbourhoodAssociation | Twitter & Instagram: @SNAcommunity

THE 2017 DON MIEDEMA COMMUNITY SERVICE AWARD: MAVIS SANDERS

The 2017 Don Miedema Community Service Award was presented to Mavis Sanders. Mavis Sanders pours her heart and soul into the Sheba's Paradise community garden at 483 Young Street. For years she has been painstakingly caring for the community berry bushes, weeding the flower beds, removing garbage and mowing the grass, all in addition to tending her own luscious vegetable garden. Visitors remark that the garden at 483 Young is one of the nicest and well-kept yards in the neighbourhood, thanks to Mavis's hard work and sense of pride with which she approaches her volunteering. Mavis has been a longtime member of the Environment and Open Spaces Committee and has contributed her time and service to many SNA events and initiatives, including the Chief Grizzly Bear's Council. During the transition between Environment and Open Spaces Coordinators this spring, Mavis took the lead planting, watering and transplanting seedlings for the community gardens. She would come 3 times per week to look after the plants so that other members of the community would have tomatoes, peppers and cucumbers for their garden plots. She made sure there was a wide variety of vegetables from okra to zucchini, to accommodate the diversity of tastes among the over 65 gardeners who benefited from her hard work and kindness.



REVAMPED & READY TO GO: WAHK

Over the past several months Wahkohtowin Strengthening Families Program staff have been working hard on updating the way we deliver our program materials, so they are better and more relevant than ever. Each mentor has been tasked to bring their own unique abilities and experiences to the table and the result has been a refreshing new take on the skills we teach to families. In light of all the updates we've made, we're especially excited for our next intake to start. Our goal is to keep improving as a team so we can be the best possible support for our new, and graduated families.

Our current session will end on March 30th, with our next session starting on April 12 and running until July 12. If you're interested in being apart of our program please contact our Site Coordinator, Amber to inquire about registering. You can also find more details about our program and what we teach families on our website page.

For more information, please contact: Amber Ongenae, Wahkohtowin SFP SNA Site Coordinator C: 204 894-4288 E: amber@spenceneighbourhood.org W: www.spenceneighbourhood.org/wahkohtowin

SHORT-TERM COLD WEATHER STRATEGY FOR WINNIPEG: WE24 OPEN EVERY NIGHT FEBRUARY 1 TO MARCH 31, 2018

A coalition of 30+ organizations has developed a short-term community crisis response plan to provide safer overnight spaces to Winnipeg's vulnerable and marginalized peoples during the cold weather. Very few resources are available after 9PM for those underserved, disrespected, and mistreated in the shelter system (such as women, women of colour, Indigenous, Aboriginal, First Nation, Inuit, and Métis women and youth, youth, individuals who identify as Two-Spirit, trans, and non-binary, as well as individuals who are asexual, bisexual, lesbian, gay, queer+).

Unfortunately, this response plan was created after Windy Sinclair, a 29-year-old mother of four, was found frozen outside in West Broadway this past December. While she was not homeless, her situation was complicated, and it spurred organizations (working with individuals and families who are under-housed and/or homeless) to find ways to prevent future deaths.

Jamil Mahmood, SNA's Executive Director, notes that "[w]e need to be there for our most vulnerable. There are cracks in our systems that exist. Homelessness doesn't stop at the end of winter. The reality is that [a comprehensive and anti-oppressive Winnipeg Homelessness Strategy] it's needed year round, 365 days a year."

According to West Central Women's Resource Centre's website, the coalition is working to:

- Expand/open new warming centres in areas people are rough sleeping
- Target demographics not served well by traditional shelter system (youth, women and the LGBT2SQ community)
- Increase van patrols throughout the city to move people to places of warmth
 Increase public knowledge of the resources available

As an immediate step, the coalition has secured funding for:

- SNA's WE24 Safe Space for Youth (located at 403 Langside St.) which will be open every night from 11PM-7AM, February 1-March 31, 2018.
- Rainbow Resource Centre and West Central Women's Resource Centre are working together to open a temporary overnight site, servicing women and the LGBT2SQ folks, and staffed in partnership with West Central Women's Resource Centre, North End Women's Resource Centre, North Point Douglas Women's Resource Centre, and Mount Carmel Clinic, to ensure that the staff on site is well trained and capable of navigating any potential situations that may arise.

Please know that this is a short-term solution to a more complex problem. A longer-term Extreme Weather Strategy is needed for the City of Winnipeg and that work is being by End Homelessness Winnipeg (https://endhomelessnesswinnipeg.ca).

We encourage those who can, to please attend our A West End 24 Hour Safe Space for Youth Fundraiser: A Night of Dancing, Games, and Prizes on Sunday, February 4, 2018, at The Goodwill Social Club (7-11PM). \$24. Information & tickets: https://www.eventbrite.ca/e/west-end-24-hour-safe-space-for-youth-fundraiser-a-night-of-dancing-games-and-prizes-tickets-42317330274

Please consider donating if you are unable to attend. We encourage cash, cheque, and money order donations to be dropped off at or mailed to our 615 Ellice Ave location on Tuesday, Wednesday, and Thursdays from 10AM to 12:30PM or from 1:30PM to 4PM. Online donations may be made through our Canada Helps page - www.canadahelps.org/en/charities/spenceneighbourhood-association-inc/.

WE24 FUNDRAISER: DANCING, GAM AND PRIZ

We are hiring 3 overnight West End 24-Hour Safe Space for Youth Outreach Workers as part of the City of Winnipeg Cold Weather Strategy. These are full-time term positions that end March 31, 2018 (with the possibility for continuation but funding is not guaranteed).

The Outreach Worker will work overnight from 11PM to 7AM and will be responsible for programming and positive relationship building with high-risk youth at the Magnus Eliason Recreation Centre (430 Langside Ave.). WE24 uses a wraparound mentorship based approach to connecting at-risk youth to their culture and community. Outreach workers will also provide van-outreach to those in need in the community. For more job details and application process, please visit www.spenceneighbourhood.org/employment.

This posting will remain open until all positions are filled. We kindly encourage folks to apply as soon as possible with their applications.

STAFF CHANGES

Hello, Spence community, My name is **Sean** Sousa, I am the new West End 24 hour safe space coordinator. Although I am a new staff to SNA, I have been around in different capacities. I first started off with volunteering with SNA's GoFUNDME page, which lead to the start of the WE24. I then moved into a volunteer role and supported the WE24 during the summer hours. I am privileged to be working with such a community lead initiative, I have always had a passion for this program and value its importance to the West End.I look forward to working with such an amazing community. Connect with Sean via 204 783 5000 ext 113 or sean@spenceneighbourhood.org.

Hi folks, my name is **Hilary** and I am the new Building Belonging Co-Coordinator. I am really excited to be a part of the team at SNA. I look forward to working with and learning from youth in our community, and building connections with community members and families in the area. Please feel free to get in touch! I can be reached at bb@spenceneighbourhood.org

Hello from **Kristen**, SNA's Youth and Families Director! Many of you know me from events and community happenings, but if we have not yet had the opportunity to meet, hi! I have been lucky enough to participate in SNA programs from Community Connecting and Our Place Safe Space, to Wahkohtowin Strengthening Families Program and West End 24 Hour Safe Space (WE24) over the past three years. Spending time in these programs with the incredible youth, adults, and families of the West End has been both deeply meaningful and an absolute blast. Wow, this is an amazing community. This fall, I stepped into the role of Youth and Families Director. This is a new position for SNA that supports youth and families programs including WE24, Wahkohtowin, Newcomer Youth Drop-In, Sport, and Building Belonging. I am so excited to continue supporting the great initiatives and work of staff and volunteers, spending time in the community, and developing programs to be the best that they can be. If you are interested in learning more about what is happening for youth and families, give your input, or get involved please join us for the Youth and Families Committee that happens the second Wednesday of every month, the next meeting happening on February 14 at 7 PM. To contact me, come by the MERC or email kristen@spenceneighbourhood.org.

Greetings from the SNA's Youth Program Manager, **Laura**! Hello Spence Neighbourhood. After spending time in the SNA Sport Program at the U of W RecPlex, as a Mentor in the Wahkohtowin Strengthening Families Program and the West End 24-Hour Safe Space, I am thrilled to continue my journey as part of the SNA family in the role of Youth Program Manager. My main role is to provide support for staff and participants operating at the Magnus Eliason Recreation Centre (MERC) at 430 Langside, specifically the Building Belonging Program (6-12 years), Newcomer/ Youth Drop-in (12-18) and the SNA's Sport Program (7-18). I'm so excited to be back at the MERC and look forward to meeting everyone throughout the coming months in programs and at the various community events.

Pictured below (from left to right): Sean, Hilary, Kristen, and Laura.









YOUTH ATHLETES BEGIN 2018 STRONG!

The second half of the WMBA Community Club season has started and our Youth teams have started 2018 with a bang! Here are the current standings and updates:

The 2 developing athletes from MERC playing for the 8-10G Corydon Comets team enjoyed their holiday break but were extremely eager to get back on the court! Both of these young ladies are consistent scorers for their team and have made many new friends as well as putting on a great show for family members who also come to cheer them on!

Our 12B MERC team are showing strong improvement as they continue on with their season, opening 2018 with a 1-1 record. The team has been extremely competitive with their 1st loss this season coming down to 2 points!

The 13-14G MERC team have opened 2018 with their relentless defence as they look to build on their undefeated season. Despite a tough win their first game back these young women have shown that they have the resilience needed to continue winning despite playing in some challenging situations! It is amazing to watch these young ladies and overhear parents from the other team marvel at how good they all are!

Our 14B MERC team have opened up 2018 with a 1-1 record and have shown flashes of play that is very promising for the future! The team has always been upbeat in both either win and loss this season and are seeking more wins now that they have become comfortable with each other.

Our athletes can never have enough supporters and fans cheering them on - we welcome all! If you wish to know when these amazing youth play please do not hesitate to contact Mel Magpantay at sport@spenceneighbourhood.org!

DRINK ON SCHEDULE, NOT JUST WHEN THIRSTY

If you have attended a MERC game you will see 2 things when our teams enter the door, a noisy mob of eager youth giggling and laughing heading towards the court with their coaches and our amazing volunteer drivers bringing up the rear with a container of water bottles. We ensure that our young athletes always have a steady supply of water if the facility does not have a readily available water fountain close by.

One of the most important functions of water is to cool the body. As an athlete exercises, their muscles generate heat, raising their body temperature. When the body gets hot, it sweats. The evaporating sweat cools the body. If the athlete does not replace the water lost through sweating by drinking more fluids, the body's water balance will be upset and the body may overheat.

Signs of dehydration include thirstiness, irritability, headaches, tiredness and feeling weak. Here is just how much water is needed for a young athlete to perform at their best:

Ages 6 to 12:

Before Sports: Drinking fluids prior to exercise appear to reduce or delay the detrimental effects of dehydration. 1 to 2 hours before sports: 4 to 8 ounces of cold water. 10 to 15 minutes before sports: 4 to 8 ounces of cold water. During Sports: Every 20 minutes: 5 to 9 ounces of water or a sports drink, depending on weight (5 for a child weighing 88 pounds, 9 ounces for a child weighing 132 pounds).

After Sports: Post-exercise hydration should aim to correct any fluid lost during the practice. Within two hours: at least 24 ounces of water or a sports drink for every pound of weight loss.

Ages 13 to 18:

Before Sports: Drinking fluids prior to exercise appear to reduce or delay the detrimental effects of dehydration. 1 to 2 hours before sports: 8 to 16 ounces of cold water. 10 to 15 minutes before sports: 8 to 12 ounces of cold water. During Sports: Every 20 minutes: Between 5 and 10 ounces of water or sports drink, depending on weight. After Sports: Post-exercise hydration should aim to correct any fluid lost during the practice. Within two hours: at least 24 ounces of water or a sports drink for every pound of weight loss.

Although sports drinks have become extremely popular over the years it is important to note that water is the best (and cheapest!) way to hydrate a developing athlete!

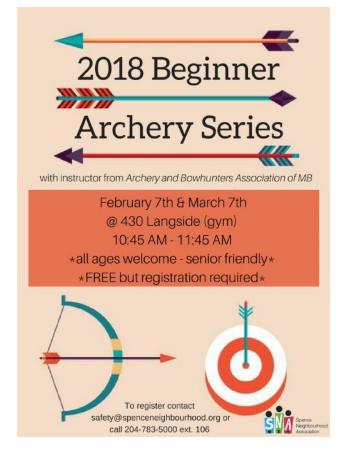
YOUR IDEAS FOR A SAFE COMMUNITY -SAFETY CHARTER TOOLKIT CONSULTATIONS

Since the creation of our Community Safety Charter (2016), we have reviewed the Principles we developed through a series of consultations – all led by a dedicated steering committee. We are now examining these principles and asking ourselves What can we do to make this vision reality?

One generated idea is to create a Spence neighbourhood toolkit to guide community members on safety practices. Ideally, the toolkit will layout a series of practical examples on how to be proactive and inclusive, stay connected, maintain spaces, and promote a culture of safety in our community.

On January 22, we hosted a community and neighbourhood safety consultation. Participants shared many insightful and thoughtful ideas. We heard what makes you feel safer, what you want to learn more about, how you may check your privilege and what makes you feel included.

We are always open to hearing from you. What have we overlooked and are missing? What else can we do? Please know, we are just beginning this process and we will seek more of your advice in the near future. We encourage you to stay tuned and help us develop community-led safety strategies for Spence! To be involved, contact the Community Connector at 204-783-5000 ext 106, or safety@spenceneighbourhood.org.



Please note: Rune Breckon (pronouns: they, them, their), SNA's Communications Coordinator, will temporarily be supporting the Community Connector during the months of February and March. February's Community Connecting Committee Meeting and Art with Gerry are cancelled but will resume in March.

COMMUNITY SAFETY CHARTER

Spence Neighbourhood Association

I / We commit to creating and promoting a community that is:

CONNECTED

All community members have opportunities to be involved in events and activities to get to know other members of the community, and build networks of safety and support.

STREET SAFE

All community members are able to move about the neighbourhood without fear or exposure to harassment, violence, or crime.

INCLUSIVE

All community members are supported and respected in being themselves. All community members can engage in work, recreation, spiritual, and cultural activities without fear or exposure to harassment or harm.

MAINTAINED

All community members have access to information and support to help maintain properties and keep the neighbourhood as clean and physically safe as possible.

PROACTIVE

All community members have the opportunity to create and participate in community-led initiatives to respond to concerns and improve the safety of the community.

TENANTS' COMMITTEE UPDATES!

The Tenants' Committee will be changing its monthly meeting date, location, and time.

Our new location is 615 Ellice Ave. and is no longer at 430 Langside St. Meetings will take place at 5:30PM on the 3rd Tuesday of every month. At our meetings, we generally have a representative from the Manitoba Residential Tenancy Branch (RTB) share information about their programs and services as well as educate us on specific topics. Having RTB at our meetings helps tenants understand their rights and responsibilities, can expect from their landlords, and how RTB processes work.

At our February 20th meeting, RTB staff will discuss the repair process at the branch, what your landlord's responsibilities are, and what we need from you, the tenant, as your request for repairs is investigated. We will talk about the steps involved and how the branch can help. TIP: As you notice a repair is needed, tell your landlord. It is usually best to do this in writing. If the landlord does not do the repairs, connect with RTB for help. Never hold back your rent when a repair is needed and the landlord has not completed it. This can put you at risk for eviction. Please visit www.manitoba.ca/rtb for more information about repairs.

At our March 20th meeting, RTB staff will discuss mediation services. Specifically, a RTB representative will share how mediation can help tenants and landlords resolve issues and the importance of only agreeing to do things that you can actually stick to when coming up with a mediated agreement. Some of the types of issues RTB mediates are setting up a payment plan to repay rent that it owed, changing a move-out date from the date given on a Notice of Termination, and stopping certain types of behaviour (ex. having loud parties) in order to maintain a tenancy and avoid eviction. If you are having a disagreement with your landlord and you cannot reach an agreement, connect with RTB and they try and help you reach an agreement.





TENANTS' COMMITTEE

* NEW* 3RD TUESDAY OF THE MONTH* **REPAIRS-FEBRUARY 20. 2018-5:30 PM** MEDIATION-MARCH 20, 2018-5:30 PM 615 ELLICE AVENUE WITH RESIDENTIAL TENANCY BRANCH

> FOR MORE INFORMATION CALL (204) 783-5000 Extension 107

LET LANDLORDS KNOW YOU ARE SERIOUS ABOUT BEING CERTIFICATE COURSE

RentSmart certificate course covers tenant right and responsibilities, landlord responsibilities and expectation, financial literacy, effective communication, and fire and other health and safety issues. At the completion of the course, you will receive a RentSmart Certificate which lets landlords know you are serious about being a responsible tenant. The RentSmart certificate can be recognized in lieu of references and credit check. This course is helpful to those new to Canada, youth ageing out of care, women leaving an abusive relationship, youth who are ready to move out, and individuals who have never rented on their own.

RentSmart Certificate Course February 22, 27, March 1, 5, 13, and 15 | 3-5PM 615 Ellice Ave. Bus tickets and snacks provided Limited spots available Information/registration: Cortney Sinclair, Rental Safety Coordinator rentalsafety@spenceneighbourhood.org 204-783-5000 ext 107



RENTSMART CERTIFICATE COURSE

Through the RentSmart Certificate Course, you will learn:

- How to plan for housing.
- Identify what landlords look for in choosing a tenant,
- Improve your chances for getting the housing you need, Learn how to improve your rental references and how to
- improve your credit rating.

At the completion of the course you will receive a RentSmart Certificate which lets landlords know you are serious about being a responsible tenant.







DATES:

February 22, 27 March 1, 5, 13,

> 15 LOCATION:

Winnipeg

Call

204 783-5000

Extension 107

to Register

Free for **Participants**

Bus tickets and snacks provided

A Response to Changing Drug Trends

A presentation by Street Connections followed by

free Naloxone training

TUESDAY FEBRUARY 6

2-4 PM

FREIGHTHOUSE DOOR 1, MPR

Light refreshments provided

FREE TO ALL, please register at 204-802-2063

SEXUALITY AND DISABILITY

MANITOBA

PANEL DISCUSSION

TUESDAY, FEBRUARY 13 6 P.M. – 8 P.M.

BULMAN STUDENT CENTRE
UNIVERSITY OF WINNIPEG
*LOCATED IN BASEMENT BELOW

FREE AND OPEN TO ALL

Funding provided by the Margare Laurence Endowment Fund UW Institute for Women's and Gender Studies JUST IN TIME FOR VALENTINE'S DAY!

An evening of discussion about sexuality, intimacy, and dating for those with disabilities and chronic illnesses.

Venue is wheelchair accessible and

ASL will be provided

Coffee and tea will be available.

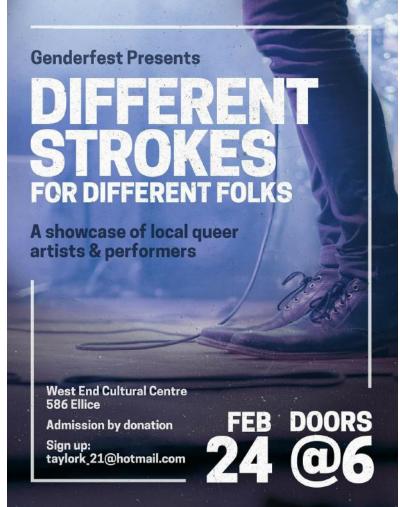
Childcare and bus tickets are available upon request.

Hosted by Chance Dupuis (Kinesiology along with Dr. Michelle Owen (Disability Studies Coordinator)

Ouestions?

Contact Chance at

REPRISING COMEDY NIGHT



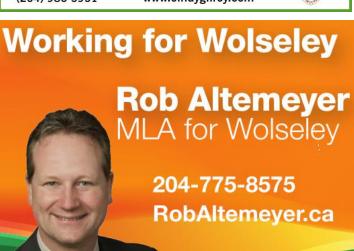
SPRINGING AHEAD: BUILDING BELONGING!

It was great to see all the community members, volunteers, funders and partners who came out to SNA's AGM in January. You are instrumental in the work we do for kids in our community! We were pleased to honour Janel Bortoluzzi, who coordinates Tapportunity tap dance instruction at the West End Cultural Centre, with a small gift in appreciation for her work. Check out our calendar online for upcoming art workshops!

Local youth Chevenne, Liz, Raymond and Daniel will be working with SNA Youth Programs up to four days a week starting in February, as part of a new school year pilot version of SNA's successful First Jobs 4 Youth summer program. We can't wait to see the impact of their energy and ideas on our program. In February, family volunteers are welcome on our special weekend outing to Festival du Voyageur to see the snow sculptures, ride down the giant slide and learn about Manitoba's past at Fort Gibraltar. Call us to reserve a spot. Join us for Spring Break with BB from March 26-29, 12-5PM! Registration forms (with all the details) will be available in March at the MERC Front office. Kids ages 6-12 can enjoy lunch and then head out for outings with the awesome volunteers from SOAR Heartland Fort Garry Mennonite Brethren youth group. Pickup from home from 11am-12pm and drop-off from 4-5PM is available. On Thurs. March 29, we invite everyone to our Family BBQ from 2:30-4:30PM to wrap up the week with hotdogs, face painting, crafts and games with our new friends.

Special thanks to Festival du Voyageur Inc., SOAR Heartland, Cross Country Ski Association of Manitoba, Windsor Park Nordic Centre, Fort Garry Mennonite Brethren, Patryk Zaloba, Jenny Jang, Mennonite Brethren Collegiate Institute, & Stefan Lieblein







YOUTH ABUZZ

MERC has been abuzz with activity over the past month, with new faces and fun activities. We wrapped up 2017 with a turkey dinner cooked from the heart by Youth staff and served to a gym full of excited youth ready for a break from school; after a short break, staff were back at it planning a range of activities including Skating at the Forks, a trip to the Human Rights Museum, virtual reality experiences at "The Portal" and SkyZone! Things to be excited about: Lasertopia, Youth Advisory, a return to The Portal AND SkyZone. Also, Chicken Night is back! Check out the "Spence Merc" Facebook for the February Calendar. Any questions, contact Yahya at newcomer@spenceneighbourhood.org

NEWCOMER YOUTH / YOUTH DROP-IN PROGRAM

INFORMATION: FREE for all Spence Neighbourhood youth 12-18 years old! Registration required; accepted anytime. Contact: Yahya 204-783-5000 Ext: 113

newcomer@spenceneighbourhood.org

BUILDING BELONGING INFORMATION:

FREE for all Spence Neighbourhood children 6-12 years

Registration required; accepted anytime. Contact: Allison & Hilary 204-783-5000 Ext: 112 buildingbelonging@spenceneighbourhood.org

BLACK HISTORY MONTH IN WPG: 37TH ANNUAL CELEBRATION



BLACK HISTORY MONTH ...

At the Crossroads of Freedom and Equality

Sunday, January 28, 2018
OFFICIAL OPENING CEREMONY &
DR. MARTIN LUTHER KING JR. MEMORIAL SERVICE

FREE EVENT

Time: 6:00pm Refreshments Provided Venue: New Anointing Christian Fellowship, 1425 Manitoba Ave Contact: Pastor Brian Archer: 204.269.1411

Saturday, February 3, 2018

BHM HEART, SPIRIT & SOUL CONCERT
Tickets: \$10 Advance, \$15 Door, \$5 Youth

Time: 6:30pm (Doors: 5:30pm) *Refreshments for Purchase* Venue: Wide World of Faith Church, 465 Alexander Ave. Contact: Rhonda Thompson-Wilson: 204.509.7726

Friday, February 9, 2018

CELEBRATION OF MUSIC - SONGS OF FREEDOM

Live Music Showcase with Local Performers
Tickets: \$10
Time: 8:00pm

Venue: X-Cues' Lounge, 551 Sargent Ave. Contact: Rhonda 204,509,7726 or 204,798,7352

Saturday, February 10, 2018
TLWC VALENTINE'S DAY DINNER

Tickets: \$35.00 Time: 6:00pm Venue: Truth & Life Worship Centre, 51 Richfield Ave Contact: Pastor Calvert Layne 204.792.2252

Saturday, February 10, 2018
SOUS LE BAOBAB YOUTH DAY

Time: 8:30 am -12:00am Contact: Rene: 204 231-2145 Venue: Club Traverse, 267 Traverse (am and eve) & Ecole Precieux-Sang (afternoon), 209 Kenny Street info@souslebaobab.com

Youth Forum, Basketball and Soccer Tournament, Dinner and more

Sunday, February 11, 2018

BHM ANNUAL LUNCHEON

Tickets: \$12 adults, \$8 youth

Venue: Jamaican Cultural Centre, 1098 Winnipeg Ave

**Celebrating Female Entrepreneurs & Viola Desmond **

Friday, February 16, 2018 BHM MOVIE NIGHT

FREE EVENT *Refreshments for Purchase*
~Tin for the bin and silver donation~

Movie Feature: Hidden Figures Time: 7:00pm Venue: Truth & Life Worship Centre, 51 Richfield Ave Saturday, February 17, 2018
YOUTH SYMPOSIUM RESEARCH CHALLENGE

FREE EVENT

Lunch Provided Time:10:00am-2:00pm

Topic: "Important yet lesser known Blacks in History...2.0"

Venue: Truth & Life Worship Centre, 51 Richfield Ave.

Monday, February 19, 2018
HISTORY LESSON & YOUTH FORUM
FREE EVENT

Time: 10:30am Lunch Provided Venue: Jamaican Cultural Centre, 1098 Winnipeg Ave Contact: Mavis McLaren 204.257.9665

Tuesday, February 20, 2018
CULTURAL AWARENESS WORKSHOP

Registration Fee: \$60.00 (*students and seniors \$30) complimentary passes available for seniors and students upon request Registration: 8:30am Workshops 9-4:30pm Location: Viscount Gort Hotel, 1670 Portage Ave Contact: 204.775.4378 or email COBW@mymts.net

Wednesday, February 21, 2018
YOUTH BASKETBALL CLINIC
FREE EVENT

Time: 7:00pm – 9:00pm *Refreshments Provided* Venue: Ecole Varennes 22 Varennes Ave. Contact: Lori Todd 204.798.7908

Saturday, February 24, 2018 ACAM JOB FAIR

Time: 10:00am-4:00pm Venue: Elmwood High School, 505 Chalmers Avenue

Saturday, February 24, 2018

BHM COMMUNITY AWARDS BANQUET

Tickets: \$45, \$35 (student ID) \$15 (child)

Reception 6:00pm Dinner Service 7:00pm Venue: The Norwood Hotel, 112 Marion Street Contact: Nadia Thompson 204.798.7352

Saturday, April 28, 2018
THE FARQUHARSON FOUNDATION AWARDS
AND FUNDRAISING BANQUET

Tickets: \$50 (\$30 Tax Receipt Given) Time: 6:00pm Venue: New Anointing Christian Fellowship, 1425 Manitoba Ave. Contact: Pastor Brian Archer: 204 269 1411 Black History Month 2018 - 37th Annual Celebration:

Events run January 28 to February 24, 2018. For a complete listing of Black History Month Winnipeg's 2018 event details, please refer to the event poster (left) or visit http://bhmwinnipeg.blogspot.c a or @bhmwinnipeg on Facebook or Instagram.

QTPOC DROP THE MIC & DANCE PARTY

QTPOC Drop the Mic #8 - Celebrating Black, Queer &Trans artists, writers, & performers during Black History Month. Featuring: Kama La Mackerel! February 2, 2018. 6-9:30PM at The Good Will Social Club (625 Portage Ave). \$10 (/no one turned away). For more information, please visit @qpocwinnipeg on Facebook and/or Instagram.



For more information: call Mavis 204.257.9665 or Nadia 204.798.7352 or email bhmwinnipeg@gmail.com

THE AFRO PRAIRIE FILM FESTIVAL

Black Space Winnipeg in partnership with Winnipeg Film Group's Cinematheque is proud to present the **Afro Prairie Film Festival** in celebration of Black History Month, February 23-25 2018. The Afro Prairie Film Festival is the first Black-centric film festival in prairies and western-Canada. This 3-day festival will celebrate Black cinema across North America and promote the work of established and emerging Black filmmakers from right here in Canada. Participants can look forward to a weekend filled with education, workshops and a chance to explore Black narratives in filmmaking. For more information, please visit www.blackspacewpg.ca/afro-prairie-film-festival or @BlackSpaceWpg on Twitter/Facebook/Instagram.

A LOCAL COFFEE SHOP THAT CATERS TO LITTLES & THEIR BIGS

At Schout Coffe + Tea, you may enjoy locally roasted coffee beans from Black Pearl, teas created by Brewt, baked items and sandwiches from La Bella Baguette & Oh, Doughnuts, salads from Beet Happening, Prism Kombucha, and a lovely assortment of local and independent goods to purchase. Children may enjoy Scout's campground-inspired kid's play area with a mountain range chalkboard, plush fireplace, play-RV, books, puzzles, and wooden block toys.

"We wanted to create a space where you feel comfortable and where your child feels comfortable, with food you feel good about eating and a place where you can bring friends or meet new ones," shares WestEnd resident and Scout co-owner, Katrina Tessier. She continues: "We wanted to create a coffee shop that was not only for our community but one that supports the community. Stopping by Scout not only supports our family but all of these families and their small businesses."

Located at 859 Portage Ave. (in Winnipeg, MB), Scout welcomes people of all ages, with or without children, to their accessible and Wifi equipt space.

Hours: Mon - Fri 8AM - 5PM | Sat & Sun 9AM - 4PM | 204.914.3800 info@scoutwinnipeg.com | @scout.winnipeg on Facebook & Instagram



SCOUT

@freshrootsfarmmb
@brewt_infuser
@belle_baguette
@ohdoughnuts
@blackpearlwinnipeg
@beethappening
@prismkombucha
@mamabeargranola
@bothwellcheese

REMINISCE: OLD-SCHOOL RNB DINNER & DANCE FUNDRAISER

Dust off your old dance moves, pin your pants, load up on hairspray, book your babysitters in advance, and get ready to spend the night dancing to all your favourite old-school and RnB music. There will be slow dancing at the end. Attire is semi-formal BUT we encourage you to dress in your finest 80s, 90s Old School Hip Hop and R&B "vintage" (like a fine wine) clothing. Prizes will be given to the best costumes.

February 17, 2018 | 6PM-1AM

DJs: Groove Theory's DLO, D-Luxx and Ryan Reyes along with another DJ TBA.

Pampanga Restaurant & Banquet Hall (349 Henry Ave.) 30+ Event

\$50 (5 course Manila Nights Fusion dinner & entry to the after dinner dance party)

50/50 & raffle prize proceeds go to SNA

Information and tickets available via www.eventbrite.ca

CEMUNISCE OLD SCHOOL R&B DINNER & DANCE FUNDRAISER SAT FEB 17



PAMPANGA RESTAURANT & BANQUET HALL 349 HENRY AVE

ts

AGES

30

AND

OVE

Manila

DINNER 6:30PM DANCE 9PM - 1AM (5 COURSES) (FULL DJ ROSTER TBA)

TICKETS \$50

(PORTION OF PROCEEDS DONATED TO SPENCE NEIGHBOURHOOD ASSOC.)



FEBRUARY 2018

Spence Neighbourhood Association (SNA) 204-783-5000 | www.spenceneighbourhood.org @SpenceNeighbourhoodAssociation | @SNAcommunity

≥		9	10	۲ ٦٤	24	е	٥
@spenceneignbournoodAssociation @snAcommunity	SATURDAY	WE24: 11PM-7AM	WE24: 11PM-7AM	BB Festival du Voyageur Outing: 10AM-3:30PM REMINISCE: Old-School RnB Dinner & Dance – SNA Fundraiser 6PM @ 349 Henry Ave. WE24: 11PM-7AM	WE24: 11PM-7AM	WE24: 11PM-7AM	OP: Our Place Safe Space (for sex workers & sexually exploited folks) - 823 Ellice
@spencelveignbournoo	FRIDAY	2 BB: No program YP: 6:30-9PM GN: TBA OP: 4-7PM WE24: 11PM-7AM	9 BB: 3:30-5:30PM YP: 6:30-9PM GN: TBA OP: 4-7PM WE24: 11PM-7AM	16 BB: 3:30-5:30PM YP: 6:30-9PM GN: TBA OP: 4-7PM WE24: 11PM-7AM	BB: No program YP: No program GN: TBA OP: 4-7PM WE24: 11PM-7AM	2 BB: 3:30-5:30PM YP: 6:30-9PM GN: TBA OP: 4-7PM WE24: 11PM-7AM	ce Safe Space (for sex workers &
	THURSDAY	February 1 BB: 3:30-5:30PM YP: 6-8PM WSFP: 5-8PM CCC: Not meeting this month Urban Community Gardens: 7PM @ 615 Ellice. WE24: 11PM-7AM	8 BB: 3:30-5:30PM YP: 6-8PM WSFP: 5-8PM EOSC: 6PM WE24: 11PM-7AM	15 BB: 3:30-5:30PM YP: 6-8PM WSFP: 5-8PM WE24: 11PM-7AM	22 BB: 3:30-5:30PM YP: 6-8PM WSFP: 5-8PM RentSmart Certificate Course: 3-5PM @ 615 Ellice Ave. AWG: Not meeting this month WE24: 11PM-7AM	March 1 BB: 3:30-5:30PM YP: 6-8PM WSFP: 5-8PM RentSmart Certificate Course: 3-5PM @ 615 Ellice Ave. WE24: 11PM-7AM	OP: Our Plac
	WEDNESDAY	31 BB: 3:30-5:30PM YP: 6:30-9PM HW: 4:30-6:30PM WE24: 11PM-7AM	BB: No program YP: 6:30-9PM HW: 4:30-6:30PM Beginner Archery: 10:45AM (@) 430 Langside WE24: 11PM-7AM	14 BB: 3:30-5:30PM YP: 6:30-9PM HW: 4:30-6:30PM Y&FC: 7PM WE24: 11PM-7AM	21 BB: 3:30-5:30PM YP: 6:30-9PM HW: 4:30-6:30PM WE24: 11PM-7AM	28 BB: 3:30-5:30PM YP: 6:30-9PM HW: 4:30-6:30PM WE24: 11PM-7AM	
	TUESDAY	30 BB: 3:30-5:30PM YP: 6:30-9PM WE24: 11PM-7AM	6 BB: 3:30-5:30PM YP: 6:30-9PM HC: 6PM WE24; 11PM-7AM	13 BB: 3:30-5:30PM YP: 6:30-9PM CEDC: 5:30PM WE24: 11PM-7AM	20 BB: 3:30-5:30PM YP: 630-9PM TC: 5:30PM @ 615 Ellice WE24: 11PM-7AM	27 BB: 3:30-5:30PM YP: 6:30-9PM RentSmart Certificate Course: 3-5PM @ 615 Ellice Ave. WE24: 11PM-7AM	
07 1 11	MONDAY	29 BB: 3:30-5:30PM YP: 6:30-9PM WE24: 11PM-7AM	5 BB: 3:30-5:30PM YP: 630-9PM WE24: 11PM-7AM	12 BB: 3:30-5:30PM YP: 630-9PM WE24: 11PM-7AM	SNA CLOSED WE24: 11PM-7AM	26 BB: 3:30-5:30PM YP: 6:30-9PM WE24: 11PM-7AM	9)
	SUNDAY	28 WE24: 11PM-7AM	WE24 Fundraiser 7PM @ 625 Portage WE24: 11PM-7AM	11 WE24: 11PM-7AM	18 WE24: 11PM-7AM	25 WE24: 11PM-7AM	AWG: Art with Gerry - 615 Ellice Ave

BB: Building Belonging (6-12 years old) – 430 Langside CCC: Community Connecting Committee – 615 Ellice Ave CEDC: Community Economic Development Committee – 365 McGee

CW: Community Walkabout – 615 Ellice

EOSC: Environment & Open Space Committee – 615 Ellice GN: Girls Night – Location TBA HC: Housing Committee – 615 Ellice HW: Homework Club - 365 McGee





SBM: SNA Board Meeting – 430 Langside
TBA: To be announced at a later date

TC: Tenants Committee - 615 Ellice Ave

WSFP: Wahkohtowin Strengthening Families Program – 365 McGee Y&FC: Youth & Families' Committee – 430 Langside YP: Youth Program (Grade 7-12) – 430 Langside WE24: WestEnd 24 Hour Safe Space for Youth (13-24years old) - 430 Langside

February 2018 SNA Calendar created on 31/01/18. Programming and hours may be subject to change without notice

MARCH 2018

SIINDAY	MONDAY	THESDAY	WEDNESDAY	THIIRSDAY	FRIDAY	SATURDAY
February 25 WE24: 11PM-7AM	26 BB: 3:30-5:30PM YP: 6:30-9PM WE24: 11PM-7AM	27 BB: 3:30-5:30PM YP: 6:30-9PM RentSmart Certificate Course: 3-5PM @ 615 Ellice Ave. WE24: 11PM-7AM	28 BB: 3:30-5:30PM YP: 6:30-9PM HW: 4:30-6:30PM WE24: 11PM-7AM	March 1 BB: 3:30-5:30PM YP: 6-8PM WSFP: 5-8PM CCC: 6PM CCC: 6PM 3-5PM @ 615 Ellice Ave. WE24: 11PM-7AM	2 BB: 3:30-5:30PM YP: 6:30-9PM GN: TBA OP: 4-7PM WE24: 11PM-7AM	3 WE24: 11PM-7AM
WE24: 11PM-7AM	BB: 3:30-5:30PM YP: 6:30-9PM RentSmart Certificate Course: 3-5PM @ 615 Ellice Ave. WE24: 11PM-7AM	6 BB: 3:30-5:30PM YP: 6:30-9PM HC: 6PM WE24: 11PM-7AM	7 BB: 3:30-5:30PM YP: 6:30-9PM HW: 4:30-6:30PM Beginner Archery: 10:45AM-11:45AM @ 430 Langside WE24: 11PM-7AM	8 BB: 3:30-5:30PM YP: 6-8PM WSFP: 5-8PM EOSC: 6PM WE24: 11PM-7AM	9 BB: 3:30-5:30PM YP: 6:30-9PM GN: TBA OP: 4-7PM WE24: 11PM-7AM	10 WE24: 11PM-7AM
11 WE24: 11PM-7AM	12 BB: 3:30-5:30PM YP: 630-9PM WE24: 11PM-7AM	13 BB: 3:30-5:30PM YP: 6:30-9PM CEDC: 5:30PM RentSmart Certificate Course: 3-5PM @ 615 Ellice Ave. WE24: 11PM-7AM	14 BB: 3:30-5:30PM YP: 6:30-9PM HW: 4:30-6:30PM Y&EC: 7PM WE24: 11PM-7AM	15 BB: 3:30-5:30PM YP: 6-8PM WSPP: 5-8PM WSPP: 5-8PM 3-5PM @ 615 Ellice Ave. WE24: 11PM-7AM	16 BB: No Program YP: 6:30-9PM GN: TBA OP: 4-7PM WE24: 11PM-7AM	17 WE24: 11PM-7AM
18 WE24: 11PM-7AM	19 BB: 3:30-5:30PM YP: 630-9PM WE24: 11PM-7AM	20 BB: 3:30-5:30PM YP: 630-9PM TC: 5:30PM @ 615 Ellice WE24: 11PM-7AM	21 BB: 3:30-5:30PM YP: 6:30-9PM HW: 4:30-6:30PM WE24: 11PM-7AM	22 BB: 3:30-5:30PM YP: 6-8PM WSFP: 5-8PM AWG: 5-7PM WE24: 11PM-7AM	23 BB: No program YP: No program GN: TBA OP: 4.7PM WE24: 11PM-7AM	24 WE24: 11PM-7AM
25 WE24: 11PM-7AM	26 BB: 12-4:40PM YP: 6:30-9PM WE24: 11PM-7AM Winnipeg School Division: Spring Break Starts	BB: 12-4:40PM YP: 6:30-9PM YP: 6:30-9PM RentSmart Certificate Course: 3-5PM @ 615 Ellice Ave. Winnipeg School Division: Spring Break	28 BB: 12-4:40PM YP: 6:30-9PM HW: 4:30-6:30PM WE24: 11PM-7AM Winipeg School Division: Spring Break	29 BB: 12-4:40PM YP: 6-8PM WSFP: 5-8PM WE24: 11PM-7AM Winnipeg School Division: Spring Break	SNA CLOSED OP: TBA WE24: 11PM-7AM Winnipeg School Division: Spring Break ends	31 WE24: 11PM-7AM
AWG: Art with Gerry – 615 Ellice Ave BB: Building Belonging (6-12 years old) – 430 Langside CCC: Community Connecting Committee – 615 Ellice Ave CEDC: Community Economic Development Committee – 36 CW: Community Walkabout – 615 Ellice COSC: Environment & Open Space Committee – 615 Ellice GN: Girls Night – Location TBA HC: Housing Committee – 615 Ellice HW: Homework Club – 365 McGee	AWG: Art with Gerry – 615 Ellice Ave BB: Building Belonging (6-12 years old) – 430 Langside CCC: Community Connecting Committee – 615 Ellice Ave CEDC: Community Economic Development Committee – 365 McGee CW: Community Walkabout – 615 Ellice COSC: Environment & Open Space Committee – 615 Ellice GN: Girls Night – Location TBA HC: Housing Committee – 615 Ellice HW: Homework Club – 365 McGee	N S S S S S S S S S S S S S S S S S S S	The state of the s	OP: Our Place Safe	B Space (for sex work 24 Hour Safe Space P: Wahkohtowin Stre Y&FC: Yo YP: YC	SBM: SNA Board Meeting – 430 Langside SBM: SNA Board Meeting – 430 Langside TBA: To be announced at a later date TC: Tenants Committee – 615 Ellice Ave afe Space for Youth (13-24years old) – 430 Langside ttowin Strengthening Families Program – 365 McGee Y&FC: Youth & Families' Committee – 430 Langside YP: Youth Program (Grade 7-12) – 430 Langside

March 2018 SNA Calendar created on 31/01/18. Programming and hours may be subject to change without notice



Cumberland Corridor Survey 2018

Along Cumberland Avenue, between Maryland and Balmoral, you will notice small patches of grass at the end of every block. Spence Neighbourhood Association thinks these patches should become fun and engaging parks! Please share your thoughts, ideas, and opinions with us so that we can develop the best green spaces for our neighbourhood. Completed surveys, submitted by the deadline, will be entered into a prize draw. Please return completed surveys to our office at 615 Ellice by 4PM February 12, 2018.

1.	How often do your walk or bike down Cumberland Avenue? ☐ Every day ☐ About once a week ☐ About once or twice a month ☐ Less than once a month
2.	If there were small parks along Cumberland Ave, would you go there ☐ More often ☐ Less often ☐ The same amount as I do now
3.	What would you like to see in a small park? Please Rank your top 5 choices from your first choice (1) to your last choice (5) Vegetable Garden Fruit Trees & Berry Bushes Butterfly Garden Neighbourhood Maps Benches Public Art (sculptures, murals, mosaics, etc.) Open Grassy Space Play Structure for Kids Add your own: Add your own: Add your own:
4.	Choose 3 words that best describe what you want new parks on Cumberland to be: Green Walkable Beautiful Colourful Playful Accessible Recreation Safe Inviting Add your own:

5.	What do you think about the amount of parks and green space in Spence? ☐ I think there needs to be more ☐ I think there needs to be less ☐ I think there is the right amount
Comr	nents
6.	Please share any more ideas you have for a series of new small parks along Cumberland Avenue:
	Vant to be entered for a prize draw? Please return this completed form to the SNA at 615 Ellice by February 12th.
Name	:
	e number:
Addre	ss:

THANK YOU!

We will be collecting completed surveys until 4PM on February 12, 2018. Your thoughts, ideas, and opinions greatly matter to us.

For more information or assistance, please contact Natalie James, Spence Neighbourhood Association Environment and Open Spaces Coordinator, at 204-783-5000 ext. 102 and/or greenimage@spenceneighbourhood.org.