

YOUTH LEARN LEADERSHIP SKILLS

Youth Leadership Circle at Spence Neighbourhood Association

This summer, 8 youth from the community are participating as Youth Leaders in a Youth Leadership Circle program. Developed by Rotary Clubs of Winnipeg and Youth Agencies Alliance in 1996, Youth Leadership Circles are run in partnership with different community organizations across Winnipeg. Spence Neighbourhood Association (SNA), through its Youth Leadership Circle program, is one such partner.



SNA staff Irlanda Gomez and Will Sesay work with the Youth Leaders on goal setting.

For six weeks, with a focus on leadership development, the Youth Leadership Circle at SNA engages the Youth Leaders through fun and meaningful activities to:

- 1) Enhance each youths' skills so that they obtain marketable employment skills;
- 2) Demonstrate that youth can contribute in a positive way to the community;
- 3) Build youths' sense of belonging and pride towards their neighborhood; and
- 4) Develop positive individual and team leadership skills among youth.

Activities and events the Youth Leaders participated in this summer include: a community clean-up day, hosting an art show, participating in a goal setting workshop, and attending a workshop on nutrition. The program started on July 3 and runs to August 9. Youth Leaders are given a small stipend after completing 60 hours of participation and volunteer work and are then supervised during a shopping trip, prior to the beginning of school, where they can purchase items such as school supplies, clothing, music, or sports equipment.

For more information about the Youth Leadership Circle at SNA, contact Will Sesay at 204-783-5000 ext. 114 or rotary@spenceneighbourhood.org

CONGRATS TO OUR WAHKOHTOWIN GRADS!



Wahkohtowin Strengthening Families is a 14 week skill development program for youth aged 11-17 and their families to reduce conflict in the home by workshops focusing on the areas of bonding, boundaries, and monitoring.

A message from the Site-Coordinator: Boozhoo relatives!

On July 12, 2018 the absolutely amazing and totally incredible families we have been lucky enough to journey alongside for the past 14 weeks, GRADUATED!!!

We are so lucky to do the work that we are able to in Wahkohtowin! It is something so special to be trusted to work so closely with you and those you care about most. We are richer in life as we were forefront to the profound love, dedication, and continued resiliency each of you exhibited throughout session. Hoorah to Session 6! We are sending you nothing but positive vibes and love to you.

Session 7 starts August 30, 2018 - Contact SNA Wahkohtowin Site Coordinator for more information at amber@spenceneighbourhood.org or 204-510-3780

SNA VOLUNTEER SPOTLIGHT: RONNIE D. TRIAS - INCOME TAX PREPARER SINCE MARCH 2012

I am committed to prepare all kinds of individual tax returns for free to community members and others outside the West End Area because I know a lot of people cannot afford to pay the commercial tax preparation companies or the professional income tax preparers, especially if they have not done their tax returns for a number of years. I have more Indigenous friends than Filipino friends now that I do a lot of tax returns for Indigenous peoples of Manitoba and they praise me to heavens when they get their tax refunds or GST refunds. This tax prep service introduces other SNA services to all kinds of people needing SNA assistance. I will continue to do this service as long as I am able to prepare tax returns using the free tax preparation software on multiple computers at the UofW library, even as I am eligible to get old age pension in 2020 December and beyond.

I am proud to have been able to prepare ten to twelve years of income tax returns for a few people in the neighbourhood and get them refunds and GSTs they missed for not filing for that long. I am also proud to enable caregivers to get refunds for the Primary Caregiver Tax Credit (PCTC) they are entitled to for looking after their relative or roommates who happen to have a disability or sickness. I am also proud to enable low-income individuals who worked less than full-time get working income tax benefits or credits and generate a higher refund.

I would advise a volunteer-to-be to hone up their skill and free valuable time to serve at SNA for a few hours each week and be committed for at least a year.

Spence Neighbourhood Association (SNA):

615 Ellice Avenue (Head Office): Community Connecting, Environment & Open Spaces, Finance, Homeless Outreach, Housing, & Rental Safety.

430 Langside Street (Magnus Eliason Recreation Centre - MERC): Building Belonging, Children & Youth Sport, Newcomer Youth Outreach, West End 24 Hour Safe Space, & Youth Drop-In.

365 McGee Street (West End Commons): First Jobs 4 Youth, Wahkohtowin Strengthening Families Program, Homework Club, & Youth Crew.

231 Isabel Street (Central Neighbourhoods): Gang Action Interagency Network (GAIN)

350 Spence Street (Axworthy Health & RecPlex): Community Sports Program

Phone: 204-783-5000 | **Email:** liaison@spenceneighbourhood.org |

Website: www.spenceneighbourhood.org

Facebook: @SpenceNeighbourhoodAssociation | **Twitter & Instagram:** @SNACommunity

SNA'S AUG. '18 PROGRAM/EVENT LISTING

Children and Youth Programs

Building Belonging Summer Program:

Aug. 1-24 | Monday-Friday | 12-4:30PM | 430 Langside.
Structured programming for kids ages 6-12 with lunch and snacks provided and pick up from home (11am-12pm) and drive home (4pm-5pm) available within the Spence neighbourhood. Summer Registration forms available at MERC. Contact: SNA Building Belonging Coordinators at 204-783-5000.

Summer Youth Program:

Aug. 1-31 | Monday-Friday | 6:30-9:30PM | 430 Langside.
Programming and outings for youth grades 7-12 with a meal provided and drive home available within the Spence neighbourhood, or bus tickets provided. Registration forms available at MERC. Contact: Newcomer Youth and Outreach Worker 204-783-5000 ext. 113 or newcomer@spenceneighbourhood.org

Kids Garden:

Mondays | 2-4PM | 430 Langside.
Kids ages 6-12 learn about food and nature while planting and taking care of a garden together. Contact: Environment and Open Spaces Coordinator at 204-783-5000 ext. 102 or greenimage@spenceneighbourhood.org

Futsal (Soccer) Program for Spence youth 8-14 years:

Aug. 2-23 | 5-6:30PM | 350 Spence (UofW RecPlex).
Boys play on Aug. 7, 14, 21 | Girls play on Aug. 2, 9, 16, 23.
Equipment, coaching, uniforms (while supplies last), and limited transportation are provided. Free but registration is required. Contact: Sport Coordinator at 204-988-7635 or sport@spenceneighbourhood.org.

55+ Programs & Events

55+ Social Club:

Aug. 27 | 1-3PM | 625 Portage.
Spence and West-End adults 55+, elders, and seniors, please join us for a free light lunch and coffee/tea every. We offer conversation, learning, and fun activities in a relaxed and safer environment. Contact: Community Connector at 204-783-5000 ext. 106 or safety@spenceneighbourhood.org.

55+ Cooking Class:

Aug. 15 | 2:30-5:30PM | 365 McGee.
Adults 55+ are invited to learn healthy, affordable recipes and share their kitchen wisdom. Classes facilitated by Mary Jane's Cooking School. Registration required for this free program. It fills up fast! Contact: Community Garden Animator 204-783-5000 Ext. 102 or email lara@spenceneighbourhood.org

Committee Meetings

Community Connecting Committee Meeting:

Aug. 2 | 5:30-7PM | 615 Ellice.
Contact: Community Connector at 204-783-5000 ext. 106 or safety@spenceneighbourhood.org.

Holistic Housing Committee Meeting:

Aug. 7 | 6PM | 615 Ellice.
Discuss issues or concerns about housing and homelessness in your neighbourhood, connect with your neighbours, and help shape the future of housing in Spence! Contact: Housing Coordinator at 204-783-5000 ext. 105 or housing@spenceneighbourhood.org

CED Committee Meeting:

Aug. 14 | 5:30PM | 365 McGee.
Contact: Youth Employment Hub Coordinator at 204-783-5000 ext. 115 or firstjobs@spenceneighbourhood.org.

Committee Meetings con't

Environment & Open Spaces Committee Meeting:

Aug. 16 | 6PM | *Location TBD*.
Contact: Environment and Open Spaces Coordinator at 204-783-5000 ext. 102 or greenimage@spenceneighbourhood.org.

Workshops

Indigenous Gardening Practices Workshop:

Aug. 7 | 10AM | 545 Broadway.
Learn about traditional indigenous gardening practices with elder Audrey Logan. Free transportation available from 615 Ellice. Contact: Community Garden Animator at 204-783-5000 ext 102 or email lara@spenceneighbourhood.org

Garden and Art Tour:

Aug. 11 | 10AM | *Location TBD*.
Tour the neighbourhood community gardens and take part in family-friendly fun activities in each park and garden! Contact: Environment and Open Spaces Coordinator at 204-783-5000 ext. 102 or greenimage@spenceneighbourhood.org.

More Ways to Engage with Your Community

Community Walkabout:

Aug. 7 & 21 | Meet at 5PM (depart at 5:15PM) | 615 Ellice.
As a team, we walk/stroll a designated area's back lanes to identify safety concerns. All are welcome to participate. Registration is encouraged. Contact: Community Connector at 204-783-5000 ext. 106 or safety@spenceneighbourhood.org.

Kitchen Circle:

Aug. 27 | 5-7PM | 615 Ellice.
Cook and eat a healthy, affordable recipe together. It fills up fast! All ages welcome. No experience necessary. Registration required for this free program. Contact: Environment and Open Spaces Coordinator at 204-783-5000 ext. 102 or greenimage@spenceneighbourhood.org.

Art with Gerry:

Date TBD | 5-7PM | 615 Ellice.
Led by local artist Gerry Berard, AWG aims to create an accessible and inclusive space for community members to engage in free, recreational and skill-building art and craft activities. AWG is open to Spence community members of all ages and skill/experience levels. Registration required. Contact: Community Connector at 204-783-5000 ext. 106 or safety@spenceneighbourhood.org.

Wahkohtowin Strengthening Families Program:

Fall Session Begins Aug 30 | 5-8PM | 365 McGee.
WSFP is a free strength-based skill-building program that works with youth ages 11-17, along with their families or support circles to increase communication, decrease conflict, connect with culture, and increase bonding. Childminding, dinner, and transportation are provided. Registration is open for Fall Session. Contact: SNA's WSFP Site Coordinator at 204-894-4288 or amber@spenceneighbourhood.org

Our Place Safe Space:

Fridays | 4-10PM | 823 Ellice.
OPSS is a "comes as you are" safer space for those who identify as sex workers, experiential folks, victims/survivors of sexual exploitation and victims/survivors of human trafficking (all ages, genders, and Nations), operating as a drop-in. Harm reduction services and fun, free dinner provided. Contact: OPSS Outreach at 204-774-7005 ext. 106 or bobbie@spenceneighbourhood.org.



SPENCE NEIGHBOURHOOD ASSOCIATION (SNA) AUGUST 2018

| 204-783-5000 | lialison@spenceneighbourhood.org | www.spenceneighbourhood.org |
| Facebook [@spenceneighbourhoodassociation](#) | Twitter [@snacommunity](#) | Instagram [@snacommunity](#) |

Children & Youth

Programming

WE24

Sundays-Saturdays
11PM-7AM

Building Belonging

Mondays-Fridays

August 10, 13, 17, 27-31

Drop-In Only
10AM-4PM

August 1 - 24
12PM-4:30PM

Kids Garden

Mondays
2PM-4PM

Sports - Futsal

August 2-23

Tuesdays (boys)
Thursdays (girls)
5PM-6:30PM

Youth Program

Mondays-Fridays

August 1-31

6:30PM-9:30PM

Event &

Program

Locations

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
5	<i>Programming, hours, and locations may be subject to change without much notice. SNA is closed evenings, weekends, May Day, and national and provincial holidays.</i>		1	2 Community Connecting Comm.: 5:30-7PM	3 Our Place Safe Space: 4-10PM	4
	6 SNA CLOSED MERC open for WE24	7 Indigenous Gardening Workshop 10AM Community Walkabout: 5PM Holistic Housing Committee: 6PM	8	9	10 Our Place Safe Space: 4-10PM	11 Garden & Art Tour 10AM
12	13	14 CED Committee: 5:30PM	15 55+ Cooking Class: 2:30-5:30PM	16 Environment & Open Spaces Committee: 6PM	17 Our Place Safe Space: 4-10PM	18
19	20	21 Community Walkabout: 5PM	22	23	24 Our Place Safe Space: 4-10PM	25
26	27 55+ Social Club: 1-3PM Kitchen Circle: 5-7PM	28	29	30 Wahkohtowin Fall Session Starts: 5-8PM	31 Our Place Safe Space: 4-10PM	

@430 Langside

Building Belonging (6-12 years old)
Kids Garden (6-12 years old)
West End 24 Hour Safe Space for Youth
Youth Program (Grade 7-12)

@823 Ellice

Our Place Safe Space

@615 Ellice

Community Connecting Committee
Community Walkabout
Holistic Housing Committee
Kitchen Circle

@625 Portage

55+ Social Club

@545 Broadway

Indigenous Gardening Practices Workshop

@365 McGee

55+ Cooking Class
CED Committee
Wahkohtowin Strengthening Families Program

@350 Spence

Futsal (soccer) Program (8-14 years old)

@Date or Location To Be Determined:

Art with Gerry
Environment and Open Spaces Committee
Garden & Art Tour

