



Spence Neighbourhood Association  
Notre Dame • Balmoral • Portage • Agnes

# SPENCE NEIGHBOURHOOD ASSOCIATION NEWSLETTER

APRIL 2017



Building Belonging (BB) Participants in March 2017. BB is a free after school program for Spence kids aged 6-12. For more information, please connect with Makaria Labun or Allison Besel at 204-783-5000 Ext: 112

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## COMMITTEE MEETING DATES:

Community Connecting: April 5  
Community Economic Development: April 11  
Youth & Families: April 12  
Environment & Open Spaces: April 13  
Tenants: April 18  
Housing Committee will not be meeting in April

# SNA PROGRAMS

The Spence Neighbourhood Association works with the people of Spence to revitalize and renew their community in the areas of Holistic Housing, Community Connecting, Community Economic Development, Environment and Open Spaces, and Youth & Families. We facilitate a variety of activities, initiatives, and programs with and for our community. Such activities, initiatives, and programming include, but are not limited to:

- + Building Belonging (BB)
- + Community Connecting (CC)
- + Community Economic Development (CED)
- + Community Liaison
- + Community Sports Program
- + Environment and Open Spaces (EOS)
- + First Jobs 4 Youth (FJ4Y)
- + Gang Action Interagency Network (GAIN)
- + Holistic Housing
- + Homeless Outreach
- + Rental Safety
- + Wahkohtowin Strengthening Families Program
- + West End 24 Hours (WE24)
- + Youth Crew Program
- + Youth Employment Program
- + Youth/Newcomer Youth Program

For more information about these activities, initiatives, programs, and more, please connect with our Community Liaison, Rune Breckon: 204-783-5000 Ext.109 or [liaison@spenceneighbourhood.org](mailto:liaison@spenceneighbourhood.org).

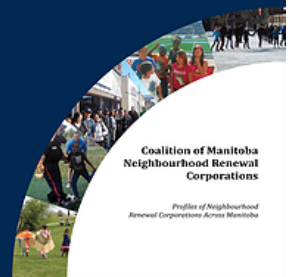
You may also visit our website at: [www.spenceneighbourhood.org](http://www.spenceneighbourhood.org)

# COMMUNITY INCENTIVES & HOUSING IMPROVEMENT OPPORTUNITIES ON HOLD

SNA's Community Incentives (formally called Small Grants) and Home Improvement Opportunity Programs are currently on hold. When the Manitoba Provincial Government releases its budget, we will receive more direction from our program funders on how and when to best proceed. If you want a status update regarding these programs, please contact Rune and they will connect with you when we know more.

Neighbourhood Renewal Corporations of Manitoba (NRCs) have evolved for almost 20 years to respond to the unique needs of each neighbourhood. NRCs build healthy communities, safer environments, and connects neighbours. Learn more about the impact of Manitoba NRCs in *The Collective Impact of Neighbourhood Renewal Corporations of Manitoba* - available on our website [#InvestinCommunity](#).

## The Collective Impact of Neighbourhood Renewal Corporations of Manitoba



### Spence Neighbourhood Association (SNA):

**615 Ellice Ave:** Head Office, Community Connecting, Environment & Open Spaces, Finance, Homeless Outreach, Housing, and Rental Safety.

**430 Langside St** (Magnus Eliason Recreation Centre - MERC): Building Belonging, Children and Youth Sport, Newcomer Youth Outreach, West End 24 Hour Safe Space, and Youth Drop-In.

**365 McGee St** (West End Commons): First Jobs 4 Youth, Wahkohtowin Strengthening Families, and Youth Crew.

**583 Ellice Ave** (John Howard Society): Gang Action Interagency Network (GAIN)

**350 Spence St** (Axworthy Health & RecPlex): Community Sports Program

Phone: 204-783-5000 | Email: [liaison@spenceneighbourhood.org](mailto:liaison@spenceneighbourhood.org) | Website: [www.spenceneighbourhood.org](http://www.spenceneighbourhood.org)

Facebook: @SpenceNeighbourhoodAssociation | Twitter: @SNAcommunity | Instagram: @SNAcommunity



# NOTHIN' BUT NET

The WMBA basketball season ended in mid-March, and our four MERC teams had the chance to participate in playoffs. Our 12 year old girls' team had an ongoing win streak in the double digits going into playoffs and hoped to defend their championship title, but instead finished in 4th place overall. Our two 13 year old boys' teams were neck and neck in league standings showing the crowds that they have bright futures in the game. 13B1 team finished in 7th place while 13B1 finished just ahead of them in 6th place. The 11 year old boys proved to have lots of heart each week as they came out to play and have fun! Our next WMBA season will begin next fall, registration will start in late August and September!

## Players of the Month

The SNA sport staff and volunteers want to celebrate a few of our talented MERC athletes and congratulate them on being leaders among their co-players and being named players of the month by their coaches! From the 11B squad Deelan Joya, Lamama Muhawba from our 12G, Kimmane Malcolm from our 13B1 team and Isaac Wiyomugisha from 13B2. These players have shown improvement throughout the season, maintained great attitudes, and continuously shown respect towards their coaches and teammates.

## Capoeira Angola

Opportunity to participate in Capoeira Angola workshops here at MERC (free of charge)! Capoeira Angola is a Brazilian martial art that combines elements of dance, acrobatics and music. It is known for its quick and complex maneuvers, predominantly using power, speed, and a wide variety of kicks, spins and techniques.

Music is integral to capoeira as it sets the tempo and style of game that is to be played. These workshops begin the first week of April! All are welcome, we encourage parents to participate with their children!

## Futsal!

The Futsal (soccer) the season will begin the 2nd week of May. Youth ages 8-14 are welcome to sign up! Equipment, uniforms, transportation and coaching will be provided FREE OF CHARGE! Registration forms will be available at MERC and at the RecPlex.

For more information about our Sports Program, please connect with Meghan at 204-783-5000 ext. 114 or [sport2@Spenceneighbourhood.org](mailto:sport2@Spenceneighbourhood.org) Find us on Facebook (@SnaSport)!



WESTEND 24 HOUR SAFE SPACE FOR YOUTH

OPEN APRIL 1, 7, 8, 13, 14, 15, 20, 21, 22, 28, & 29 2017

[HTTPS://WWW.FACEBOOK.COM/WESTEND247](https://www.facebook.com/westend247)  
[HTTPS://TWITTER.COM/WESTEND247](https://twitter.com/westend247)





## Cindy Gilroy

*City Councillor for  
Daniel McIntyre*

**Let's work together**

510 Main Street  
(204) 986-5951

[cgilroy@winnipeg.ca](mailto:cgilroy@winnipeg.ca)  
[www.cindygilroy.com](http://www.cindygilroy.com)



# LET THE GOOD TIMES ROLL

March was an action packed month for the Youth Program! Youth and Youth Programmers (Rachel and Katie) challenged themselves with eating marshmallows covered in BBQ sauce, canned clam, a shot of pickle juice, a few ounces of butter chicken sauce, chocolate covered white cheddar popcorn, and hot sauce covered apple slices in their Night of Fear Factor. Needless to say, the challenge was hilarious and a good test of mind over matter.

On another night, Rachel and youth participants made a delicious pie for all to enjoy! Rachel taught the youth how to make pie crust from scratch - something many have never done before. Youth took great pride in their creation while Rachel and Katie's hearts swelled with happiness and were reminded why they strive to be a constant in their participants' lives.

Youth and youth programmers regularly enjoy a mini 5 on 5 basketball tournament Monday nights, roller skate (at Wheelies) on Tuesday nights, and delve into what it means to be a girl/woman in Winnipeg 2017. Towards the end of the month, youth participated in a scavenger hunt exploring the different services and supports the Winnipeg Police Services (WPS) offered at the community WPS fair.

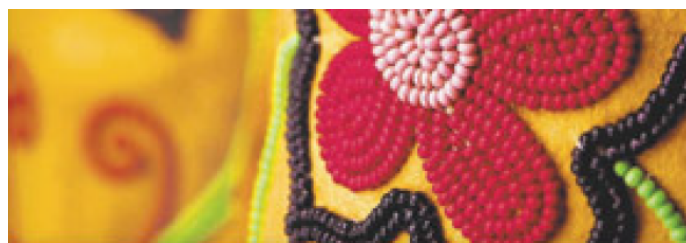
If you're a youth in Spence and are interested in taking part of our youth program, please connect with us: 204-783-5000 Ext. 113, [newcomer@spenceneighbourhood.org](mailto:newcomer@spenceneighbourhood.org), @spence.merc on Facebook and @Spence430 on Twitter.

## Working for Wolseley

**Rob Altemeyer**  
MLA for Wolseley

204-775-8575

[RobAltemeyer.ca](http://RobAltemeyer.ca)



## Beading Workshop

A WAHKOHTOWIN STRENGTHENING FAMILIES PROGRAM EVENT

FACILITATED BY DELAPHINE BITTERN

WEDNESDAY, APRIL 12, 2017

6:00-8:00 PM

365 MCGEE STREET (WEST END COMMONS)  
THELMA WYNNE ROOM

ALL SUPPLIES PROVIDED. NO EXPERIENCE REQUIRED  
ALL AGES WELCOME!



CALL 204-783-5000 EXTENSION 118 FOR MORE INFO

## WAHKOHTOWIN REGISTRATION OPEN!

Wahkohtowin Strengthening Families Program is a 14 week skills development program for families with youth aged 11-17 years old to attend together. Each week, families attend a 3 hour workshop, complete with a meal (all dietary restrictions including halal are observed), childminding for children under 10, and transportation. Cultural events, interpretation services, and in-home mentorship are also offered during this family program.

The next Wahkohtowin Strengthening Families Program session starts May 4, 2017 (5-8PM at 365 McGee). For more information or to register, please contact Kristen at 204-783-5000 Ext. 118. or [kristen@spenceneighbourhood.org](mailto:kristen@spenceneighbourhood.org).





## NON-EIA RENT ASSIST PROGRAM

APRIL 19TH, 2017 5:30 PM  
430 LANGSIDE ST. (MERC)

For more information contact (204) 783-5000 extension 107



**JOIN US FOR A FUN**  
**ART ACTIVITY WITH GERRY BERARD**  
**OPEN TO ALL AGES**  
**NO EXPERIENCE NECESSARY!**

**MONDAY, APRIL 24**  
**5-7 PM**  
**AT 615 ELLICE**

**FREE | LIMITED SPOTS | REGISTRATION REQUIRED**

**INFO AND REGISTRATION:**  
**204-783-5000 EXT 106 (MAREIKE)**



**PLEASE NOTE: PRIORITY IS GIVEN TO**  
**MEMBERS OF THE SPENCE NEIGHBOURHOOD**

# YOUTH GET A HEAD START ON THEIR JOURNEY

First Jobs 4 Youth (FJ4Y) is a year-round program with an intake of 20 youth each June. We provide employment support, work experience, and training for youth in the Spence Neighbourhood. Through this program of summer training and placements, we help youth to get a head start on their journey from the high school to the work world. We offer paid summer positions and training, including Emergency First Aid Certification, Workplace Hazardous Materials Information System awareness, Rights of the Young Worker, and career exploration through tours of various post-secondary institutions.

In the Fall, part-time placements with local organizations allow youth to explore an area of work they are interested in. The last part of our program each year is to assist those youth who have taken our program to apply for the Recreation Technician positions offered by the City of Winnipeg each Spring.

Need a second set of eyes to look at that draft cover letter or resume? Don't have a resume? We can help, send us an email or call to set up an appointment.

For more information or assistance, please contact Aaron at 204-783-5000 ext.116, [aaron@spenceneighbourhood.org](mailto:aaron@spenceneighbourhood.org), or drop by our office at the West End Commons (104-365 McGee St.).

We are excited for your FJ4Y application this May. Check the SNA website the first week of May for this year's application form.

TW:  
April is  
Sexual  
Assault  
Awareness  
Month

**Help is available**  
**if you have been**  
**sexually assaulted.**  
**1-888-292-7565**  
[manitoba.ca/youarenotalone](http://manitoba.ca/youarenotalone)

# A STUDENT'S PERSPECTIVE

Hello, my name is Eun-jae Kim. I am from Gwangju, South Korea, and attend the University of Chungnam in Daejeon. During this time here, I was a University of Winnipeg student, studying English for 2 months. Before working at SNA, I had to learn about Canadian Workplace Value at UW. In Canada, 'soft skills' are considered more important than in Korea, where knowledge is the main skill.

I started working in the SNA on January 30th. My first day, I was really nervous, so I just smiled! :)

My role was to work at the front desk, so I had to answer the phone. It was very important but also complicated. I learnt about sending a fax and email, and editing documents. Finally, I acquired call answering skills. As much as 3 staffs helped me. One staff wrote scripts, another staff called to me and I transferred call to the third staff, so you guys could call me without worry!

At the front desk, I also had to talk to people in person, but it was difficult. Sometimes I didn't have an answer for them and I had to ask staff to help me. Sometimes people couldn't understand my accent.

Overall, I was so lucky to work with a lot of good people. To work at SNA, all staff had to have good attitudes because the important factor was the community here. They also taught me about the work at the different SNA offices and in the neighbourhood. The purpose of the organization is to improve relationship among neighbours. It is a notable idea in modern society. When my friends heard that, they envied me, compared to their workplaces.

I'll miss the university, SNA and Winnipeg and thank you for your generosity to an unskilled volunteer.

Good bye - 안녕히 계세요.



Eun-jae Kim outside of our 615 Ellice Ave. location.

## SAVE THE DATE: ELlice STREET FESTIVAL 2017!

**ELlice STREET FESTIVAL 2017** will be held on Friday June 9 & Saturday June 10. Please stay tuned for details.

All West End artisans, organizations, businesses, and service providers are welcome to table at the Merchant Village. For more information or to register, please contact Jessee at the West End Cultural Centre (204-783-6918 or [community@wecc.ca](mailto:community@wecc.ca)).



Robert  
**FALCON  
OUELLETTE**

Otapapistamâkew / Member of Parliament / Député  
WINNIPEG CENTRE - Heart of Canada

Constituency Office  
**594 Ellice Ave.  
(204) 984-1675**

[Robert.Falcon@parl.gc.ca](mailto:Robert.Falcon@parl.gc.ca) | [@DrRobbieO](https://twitter.com/DrRobbieO) | [f RFalconOuellette](https://facebook.com/RFalconOuellette)



**WCCP  
2017 AGM**


The Board of Directors and Staff of the West Central Community Program invite you to join us for our  
**Annual General Meeting**

Monday May 1, 2017  
5:15PM  
Greenway School  
390 Burnell Street  
Gymnasium

Light refreshments  
will be served

Please RSVP by  
Monday April 24  
204-772-9315  
[jtranwccp@shaw.ca](mailto:jtranwccp@shaw.ca)

**We look forward to seeing you there!**







# WEST END SPRING CLEAN UP






2017 WEST END EARTH DAY SPRING CLEAN UP

**APRIL 22 1-4 PM** RAIN DATE MAY 6

MEET AT  
**MERC 430 LANGSIDE OR DMSMCA 823 ELLICE**

**CLEAN SAFE COMMUNITY  
 FOOD FRIENDS FUN**

MORE INFO AT [DMSMCA.CA](http://DMSMCA.CA) & [SPENCENEIGHBOURHOOD.ORG](http://SPENCENEIGHBOURHOOD.ORG)

HOSTED BY:    WITH THANKS TO SUPPORTERS:  



SNA KITCHEN CIRCLE PRESENTS

## TACO IN A BAG

**APRIL 19, 5-7 PM**

**615 ELLICE**

PLEASE REGISTER AT 783-5000, EXT 106

OR AT THE 615 ELLICE OFFICE



Priority is given to residents of the Spence neighbourhood

## THE UNIVERSITY OF WINNIPEG PLASTIC BAG RECYCLING PROGRAM

Supported by GESA and Multi-Material Stewardship Manitoba (MMSM)

The new bins on campus!



- WHAT** Clean Plastic Shopping Bag Recycling Bins.
- WHERE** Riddell Cafeteria, Centennial Bulestria, Richardson College for the Environment Atrium, Buhler Centre, Duckworth and AnX.
- WHY** Plastic bags can be reused and recycled into dozens of useful new products.
- HOW** Partnering with MMSM and Winnipeg Harvest allows for the bags collected at U of W to have another use and stay out of landfills by donating them to food banks to help those in need. Bags can be reused by Winnipeg Harvest to package emergency food kits.
- WHO** Anyone in the community or on campus can recycle their clean plastic bags at the University of Winnipeg bins!

**GET INVOLVED** **CONTACT**  
 Rebecca Pedneault  
[rebecca.pedneault@gmail.com](mailto:rebecca.pedneault@gmail.com)



## GARDEN WITH SPENCE NEIGHBOURHOOD ASSOCIATION!

Returning Gardener Applications  
 are due April 14, 2017.

New Gardener Applications  
 are due April 28, 2017.

For more information or to apply, please contact our Environment and Open Spaces Coordinator at:  
 204-783-5000 Ext 102  
[greenimage@spenceneighbourhood.org](mailto:greenimage@spenceneighbourhood.org)  
[www.spenceneighbourhood.org/environment-and-open-spaces](http://www.spenceneighbourhood.org/environment-and-open-spaces)



# APRIL 2017

Spence Neighbourhood Association (SNA)  
204-783-5000 | www.spenceneighbourhood.org  
@SpenceNeighbourhoodAssociation | @SNAcommunity

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>BB: Building Belonging (6-12 years old) - 430 Langside            CCC: Community Connecting Committee - 615 Ellice            CEDC: Community Economic Development Committee - 365 McGee            EOSC: Environment and Open Space Committee - 615 Ellice            FP: City of Winnipeg Free Play (6-12 years old) - 430 Langside            GN: YP Girls' Night - Reaplex MPR - 350 Spence Street            HC: Housing Committee - 615 Ellice            KC: Kitchen Circle - 615 Ellice            OP: Our Place Safe Space (Sex Workers &amp; Sexually Exploited folks) - 823 Ellice</p>						
			 			
2	3	4	5	6	7	8
FP: 10AM-4PM YDI: 4-9:30PM	BB: 3:30-6PM YP: 6:30-9PM	BB: 3:30-6PM YP: 6:30-9PM SK8: 4-6:30PM St.	BB: 3:30-6PM YP: 6:30-9PM - No Drive Home CCC: 6PM	BB: 3:30-6PM YP: 6:30-9PM - No Drive Home WSFP: 5PM	BB: 3:30-6PM YP: 6:30-9PM OP: 4PM GN: 6:30-8PM WE24: 11PM-7AM	FP: 10AM-4PM YDI: 4-9:30PM WE24: 11PM-7AM
9	10	11	12	13	14	15
FP: 10AM-4PM YDI: 4-9:30PM	BB: 3:30-6PM YP: 6:30-9PM	BB: 3:30-6PM YP: 6:30-9PM SK8: 4-6:30PM CEDC: 5:30PM @ 365 McGee	BB: 3:30-6PM YP: 6:30-9PM - No Drive Home Y&FC: 7PM WSFP Beading Workshop: 6-8PM @ 365 McGee	BB: 3:30-6PM YP: 6:30-9PM WSFP: 5PM EOSC: 6PM WE24: 11PM-7AM	SNA & MERC CLOSED WE24: 11PM-7AM	FP: 10AM-4PM YDI: 4-9:30PM WE24: 11PM-7AM
16	17	18	19	20	21	22
FP: 10AM-4PM YDI: 4-9:30PM	SNA & MERC CLOSED	BB: 3:30-6PM YP: No Program YDI: 6:30-9PM SK8: 4-6:30PM TC: 6PM	BB: 3:30-6PM YP: 6:30-9PM - No Drive Home KC: 5-7PM Non-EIA Rent Assist Program Information Session 5:30PM @ 430 Langside	BB: 3:30-6PM YP: 6:30-9PM WSFP: 5PM WE24: 11PM-7AM	BB: No Program FP: 3:30-6PM YP: 6:30-9PM OP: 4PM GN: 6:30-8PM WE24: 11PM-7AM	FP: 10AM-4PM YDI: 4-9:30PM WE24: 11PM-7AM West End Spring Clean Up 1-4PM @ 430 Langside
23	24	25	26	27	28	29
FP: 10AM-4PM YDI: 4-9:30PM	BB: 3:30-6PM YP: 6:30-9PM	BB: 3:30-6PM YP: 6:30-9PM SK8: 4-6:30PM	BB: 3:30-6PM YP: 6:30-9PM - No Drive Home	BB: 3:30-6PM YP: 6:30-9PM	BB: 3:30-6PM YP: 6:30-9PM OP: 4PM GN: 6:30-8PM WE24: 11PM-7AM	FP: 10AM-4PM YDI: 4-9:30PM WE24: 11PM-7AM
26	May 1	May 2	May 3	May 4	May 5	May 6
FP: 10AM-4PM YDI: 4-9:30PM	SNA CLOSED FP: 3:30-6PM YDI: 6:30-9PM	BB: 3:30-6PM YP: 6:30-9PM SK8: 4-6:30PM	BB: 3:30-6PM YP: 6:30-9PM - No Drive Home CCC: 6PM	BB: 3:30-6PM YP: 6:30-9PM	BB: 3:30-6PM YP: 6:30-9PM OP: 4PM GN: 6:30-8PM WE24: 11PM-7AM	FP: 10AM-4PM YDI: 4-9:30PM WE24: 11PM-7AM